WELCOME TO THE UNIVERSITY OF WISCONSIN-LA CROSSE!

WE LOOK FORWARD TO YOU JOINING OUR NEW FRESHMAN CLASS.

This Resource Guide will provide you with important, often essential, information about our campus and community. We encourage you to read this guide throughout the summer and use it as a reference during your first year at UWL.

La Crosse is recognized as one of the best places to live with its arts, restaurants, shopping, and outdoor recreation. With a population of 52,000, there is plenty to see beyond the campus. Your experience at UWL is full of exciting possibilities and your first year on campus is the perfect opportunity to take advantage of what we have to offer. Take time to try new things, meet new people, and explore the area.

We are honored that you chose UWL to further your education and help guide your path to future success. The staff and faculty on our campus are here to support and assist you during your time here.

Once again, welcome to the UW-La Crosse family. We’re glad you’re here!
<table>
<thead>
<tr>
<th>Department</th>
<th>Phone Number</th>
<th>Address</th>
<th>Email Address</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ACADEMIC ADVISING CENTER</strong></td>
<td>608.785.6950</td>
<td>1209 Centennial Hall</td>
<td><a href="mailto:advising@uwlax.edu">advising@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>ACCESS CENTER</strong></td>
<td>608.785.6900</td>
<td>165 Murphy Library</td>
<td><a href="mailto:ACCESScenter@uwlax.edu">ACCESScenter@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>ADMISSIONS OFFICE</strong></td>
<td>608.785.8939</td>
<td>2320 Student Union</td>
<td><a href="mailto:admissions@uwlax.edu">admissions@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>CAMPUS OPERATOR</strong></td>
<td>608.785.8000</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>CAREER SERVICES</strong></td>
<td>608.785.8514</td>
<td>1209 Centennial Hall</td>
<td><a href="mailto:career@uwlax.edu">career@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>CASHIER’S OFFICE</strong></td>
<td>608.785.8719</td>
<td>121 Graff Main Hall</td>
<td><a href="mailto:cashiers@uwlax.edu">cashiers@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>COUNSELING AND TESTING CENTER</strong></td>
<td>608.785.8073</td>
<td>2106 Centennial Hall</td>
<td><a href="http://www.uwlax.edu/counseling-testing">www.uwlax.edu/counseling-testing</a></td>
</tr>
<tr>
<td><strong>DINING SERVICES</strong></td>
<td>608.785.8891</td>
<td>1131 Student Union</td>
<td></td>
</tr>
<tr>
<td><strong>FINANCIAL AID OFFICE</strong></td>
<td>608.785.8604</td>
<td>215 Graff Main Hall</td>
<td><a href="mailto:finaid@uwlax.edu">finaid@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>FOUNDATION OFFICE</strong></td>
<td>608.785.8489</td>
<td>Cleary Center</td>
<td><a href="mailto:foundation@uwlax.edu">foundation@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>ID CARD OFFICE</strong></td>
<td>608.785.8891</td>
<td>1131 Student Union</td>
<td><a href="mailto:uwlcardoffice@uwlax.edu">uwlcardoffice@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>IT MAKES CENTS!</strong></td>
<td>608.785.8852</td>
<td>0130 Student Union</td>
<td><a href="mailto:itmakescents@uwlax.edu">itmakescents@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>INFORMATION TECHNOLOGY SERVICES</strong></td>
<td>608.785.8774</td>
<td>103 Wing Technology Center</td>
<td><a href="mailto:itsupport@uwlax.edu">itsupport@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>MULTICULTURAL STUDENT SERVICES</strong></td>
<td>608.785.8225</td>
<td>1101 Centennial Hall</td>
<td><a href="mailto:omss@uwlax.edu">omss@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>NEW STUDENT AND FAMILY PROGRAMS</strong></td>
<td>608.785.8055</td>
<td>149 Graff Main Hall</td>
<td><a href="mailto:parents@uwlax.edu">parents@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>RECORDS AND REGISTRATION</strong></td>
<td>608.785.8576</td>
<td>117 Graff Main Hall</td>
<td><a href="mailto:records@uwlax.edu">records@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>RECREATIONAL SPORTS</strong></td>
<td>608.785.5225</td>
<td>130 Recreational Eagle Center</td>
<td><a href="mailto:recsports@uwlax.edu">recsports@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>RESIDENCE LIFE</strong></td>
<td>608.785.8075</td>
<td>1000 Eagle Hall</td>
<td><a href="mailto:housing@uwlax.edu">housing@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>SCHOLARSHIP RESOURCE CENTER</strong></td>
<td>608.785.8852</td>
<td>0130 Student Union</td>
<td><a href="mailto:uwlscholarships@uwlax.edu">uwlscholarships@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>STUDENT HEALTH CENTER</strong></td>
<td>608.785.8558</td>
<td>Health Science Center</td>
<td><a href="mailto:shcnetworking@uwlax.edu">shcnetworking@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>STUDENT LIFE OFFICE</strong></td>
<td>149 Graff Main Hall</td>
<td>608.785.8062</td>
<td><a href="mailto:studentlife@uwlax.edu">studentlife@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>STUDENT SUPPORT SERVICES</strong></td>
<td>608.785.8535</td>
<td>2131 Centennial Hall</td>
<td><a href="mailto:sss@uwlax.edu">sss@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>STUDENT UNION INFORMATION CENTER &amp; TICKET OFFICE</strong></td>
<td>608.785.8877</td>
<td>email: <a href="mailto:ucfolio@uwlax.edu">ucfolio@uwlax.edu</a></td>
<td></td>
</tr>
<tr>
<td><strong>TEXTBOOK RENTAL</strong></td>
<td>608.785.8853</td>
<td>Lower Level, Student Union</td>
<td></td>
</tr>
<tr>
<td><strong>UNIVERSITY BOOKSTORE</strong></td>
<td>608.785.8855</td>
<td>Main Level, Student Union</td>
<td></td>
</tr>
<tr>
<td><strong>UNIVERSITY CENTERS</strong></td>
<td>608.785.8888</td>
<td>3200 Student Union</td>
<td><a href="mailto:univcenters@uwlax.edu">univcenters@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>UNIVERSITY POLICE</strong></td>
<td>Non-Emergency  608.789.9000</td>
<td>Emergency 608.789.9999</td>
<td></td>
</tr>
<tr>
<td><strong>UWL ALUMNI ASSOCIATION</strong></td>
<td>608.785.8489</td>
<td>Cleary Alumni &amp; Friends Center</td>
<td><a href="mailto:alumni@uwlax.edu">alumni@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>VETERANS EDUCATIONAL BENEFITS</strong></td>
<td>608.785.8631</td>
<td>116 Graff Main Hall</td>
<td><a href="mailto:uwlveted@uwlax.edu">uwlveted@uwlax.edu</a></td>
</tr>
<tr>
<td><strong>WHITNEY CENTER MENU HOTLINE</strong></td>
<td>608.785.8899</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
IMPORTANT DATES

FALL 2020 SEMESTER
New Student Orientation ........................................... Friday, September 4 – Monday, September 7
Residence Halls: New Freshman Move-in .................. Tuesday, September 1 – Saturday, September 5 (date will be assigned to student)
Labor Day Holiday .................................................. Monday, September 7
Classes Begin .......................................................... Tuesday, September 8
First Tuition Payment Due ..................................... Monday, September 21
Family Weekend ....................................................... Friday, October 2 – Sunday, October 4 *
Last Day to Withdraw from Classes with a 'W' ........... Monday, November 2
Winter Intersession Registration Begins.................. Thursday, November 12
Spring Registration Begins ..................................... Monday, November 16 (date will be assigned to student)
Last Day to Withdraw from the University ............... Friday, November 20
Thanksgiving Recess Begins ..................................... Wednesday, November 25 (5:30 p.m.)
(Class Resume Remain Open)
Classes Resume ..................................................... Monday, November 30
Last Day of Classes .................................................. Wednesday, December 16
Final Exams .............................................................. Thursday, December 17 – Tuesday, December 22
Residence Halls Close .............................................. Wednesday, December 23 (10 a.m.)

JANUARY 2021 WINTER INTERSESSION............... Monday, January 4 – Friday, January 22
For the students taking Winter Intersession classes: All Residence Halls remain open.

SPRING 2021 SEMESTER
Residence Halls Open ............................................. Saturday, January 23 (10 a.m.)
Classes Begin .......................................................... Monday, January 25
First Tuition Payment Due ..................................... Friday, February 5
Spring Break ........................................................... Friday, March 12 (5:30 p.m.) – Sunday, March 21
(Class Resume Remain Open)
Classes Resume ..................................................... Monday, March 22
Last Day to Withdraw from Classes with a 'W' ........... Friday, March 26
Summer Registration Begins ................................... Monday, April 5
Fall Registration Begins ......................................... Monday, April 12
Last Day to Withdraw from the University ............... Friday, April 16
Last Day of Classes .................................................. Friday, May 7
Final Exams .............................................................. Monday, May 10– Friday, May 14
Residence Halls Close .............................................. Saturday, May 15 (12 p.m.)

SUMMER 2021 SESSIONS
Reuter Hall available for summer residents .......... Sunday, May 16
Summer Session I: .................................................. Tuesday, May 24 – Friday, June 18
Summer Session II: .................................................. Monday, June 21 – Friday, July 16
Summer Session III: ............................................... Monday, July 19 – Friday, August 13
Summer Housing Ends ............................................. Friday, August 20

*Dates subject to change.

FOR FURTHER INFORMATION
Billing & Payment Deadlines:
See ‘Cashier’s Office’ on pages 24-26.

Academic Dates & Deadlines:
www.uwlax.edu/records/dates-and-deadlines
A SPECIAL NOTE TO PARENTS AND FAMILIES

The first semester of college can be a stressful time. Many students have never lived away from home before and are now faced with new responsibilities and expectations. The Academic Advising Center (AAC) is here to help. Please encourage your student to make use of the AAC.

We want students to start making progress toward a degree. At the same time, we want students to feel free to do some investigating of different curriculum options. Students should strive to balance a planned, purposeful educational effort with the exploring that produces a well-rounded lifelong learner.

Please help us in this effort by affirming for your student that there is always some level of uncertainty about the college experience. Many students are unsure about what academic path to take, and what their life’s pursuit ought to be. That’s okay! The undergraduate experience at UW-La Crosse helps students make good choices. The exploration that occurs along the way is an important developmental step for your student to take.

We hope you will join with the AAC to encourage your student to:

- Make an effort to ‘connect’ with at least one faculty member. Faculty really do want to build relationships with their students.
- Visit the Academic Advising Center early in the first semester to learn about the wide range of services and support available.
- Learn about, and make use of, all the campus resources that UWL provides to make students’ academic and social experiences the best they can be.

ACADEMIC ADVISING plays an important role in helping students achieve their educational goals. It is a process that encompasses student development along with the delivery of accurate, up-to-date information regarding career options, educational programs, courses of instruction, resources, and policies and procedures to most effectively aid the student in pursuing their educational goals.

It is important for students to consult their advisors regarding program development, major and career choices and concerns, course sequencing and course selection. Students are encouraged to make a connection with their advisor early in their college career. Students should schedule a minimum of one meeting with their advisor each semester.

Advisors are assigned to each undergraduate student based on chosen major.

Students who have not declared a major are assigned to a faculty advisor in one of the colleges or to an advisor in the Academic Advising Center.

DEANS’ OFFICES

Staff members are available in each college Dean’s Academic Services Office to interpret and carry out university policy for the college. Students should contact their college Academic Services Office regarding graduation requirements, change of majors/minors, inter-college transfers, admission to programs, academic action appeals, petitions for exceptions to curriculum requirements and policies, and transfer credit evaluations. Staff members are also available to answer questions and give advice on a variety of other topics related to your student’s journey through the curriculum.
TUTORING SERVICES

Students who are seeking additional assistance in a specific academic area may contact the academic department to find out about tutoring services. Some departments have student tutors who work in a lab setting. Students can stop by for assistance during designated lab hours. Other departments require that students contact the faculty members for assistance.

Many UWL students utilize the Murphy Learning Center, a free tutoring service on campus. Tutors are available in subjects such as Accounting, Biology/Microbiology, Chemistry, Economics, Geography, History, Mathematics, Philosophy, Physics/Earth Science, Psychology, and the Writing Center. Visit www.uwlax.edu/murphy-learning-center/ for more information.

THE ACADEMIC ADVISING CENTER

608.785.6950 | 1209 Centennial Hall
advising@uw lax.edu
www.uwlax.edu/aaccs

The Academic Advising Center is an integral part of the advising partnership between UWL students, staff, and faculty. We help students with questions and concerns, including:

- Selection of major and minor
- Connecting major/minor fields of study to life and career goals
- Registration questions and related policies/processes
- Explanation of courses, catalog requirements, and the General Education Program
- Information about graduate school opportunities

PRE-HEALTH STUDENT RESOURCE CENTER

608.785.6950 | 1209 Centennial Hall
prehealth@uw lax.edu
www.uwlax.edu/pre-health

Whether you are planning on a career as a physician, physical therapist, physician assistant, occupational therapist, or any of the numerous health-related career possibilities, we are here to support you.

The Pre-Health Student Resource Center provides:

- Comprehensive health professions information for students, faculty, and staff
- One-on-one and group academic and career advising with a focus on pre-health paths
- Workshops and events for career exploration, grad school preparation, and application tips
- Opportunities to explore, shadow, and network via our community partnerships
- Instruction of Introduction to Health Professions, HP 106 (for credit)
ACADEMIC ADVISING

COLLEGE OF BUSINESS ADMINISTRATION (CBA)
Nicole Vidden
608.785.8090 | Wittich Hall
nvidden@uw腋.edu
www.uwlax.edu/cba

• Accountancy
• Economics
• Finance (Risk, Insurance and Financial Planning)
• Information Systems
• International Business
• Management
• Marketing
• Undecided in College of Business Administration

SCHOOL OF EDUCATION (SOE)
Ashley Cree | Mai Chao Duddeck
608.785.8127 | 145 Graff Main Hall
acree@uw腋.edu | mduddeck@uw腋.edu
www.uwlax.edu/soe

• Early Childhood-Middle Childhood Education (ages birth - 11)
• Middle Childhood-Early Adolescence Education (ages 6 - 12/13)
• Early Childhood-Adolescence Education (ages birth - 21)
  Majors include French, Spanish, Art, Music (Choral, General, Instrumental), Exercise & Sport Science-Physical Education Teaching
• Early Adolescence-Adolescence Education (ages 10 - 21)
  Majors include Biology, Chemistry, Computer Science, Mathematics, Physics, Broad Field Social Studies, English, Geography, History, Political Science, Sociology
• Undecided in School of Education

COLLEGE OF ARTS, SOCIAL SCIENCES, AND HUMANITIES (CASSH)
including the School of Visual and Performing Arts (VPA)
Sandy Keller | Peter Stovall
608.785.5454 | Wimberly Hall
skeller@uw腋.edu | pstovall@uw腋.edu
www.uwlax.edu/cassh

• Archaeological Studies (Cultural Anthropology)
• Art
• Communication Studies (Interpersonal Communication, Media Studies, Organizational and Professional Communication, Public Communication and Advocacy)
• Economics
• English (Literary & Cultural Studies, Medical Professions, Writing & Rhetoric)
• French (Business)
• German Studies (Business)
• History (Regional, Topical, and World)
• Music (Choral, General, Instrumental, Jazz Performance, Performance, Piano Pedagogy, Theory)
• Philosophy
• Political Science
• Pre-Law Track (pre-professional track; students will still need to select a major)
• Psychology
• Public Administration
• Sociology
• Spanish
• Theatre Arts (Arts Administration, Design/Technical, General, Musical, Performance, Stage Management)
• Women’s Studies
• Undecided in the College of Arts, Social Sciences, and Humanities (including the School of Visual and Performing Arts)
ACADEMIC ADVISING

COLLEGE OF SCIENCE AND HEALTH (CSH)

Carla Burkhardt | Guy Herling
608.785.8218 | 105 Graff Main Hall
cburkhardt@uwлax.edu | gherling@uwлax.edu
www.uwlax.edu/csh

- Biochemistry ASB
- Biology (Aquatic Science, Biomedical Science, Molecular Genetics & Cell Biology, Environmental Science, Plant & Fungal)
- Chemistry (ACS Certification, Business, Environmental Science)
- Clinical Laboratory Science
- Computer Engineering
- Computer Science (Computer Engineering Technology, Embedded Systems)
- Exercise & Sport Science - Exercise Science (Fitness track, Pre-Professional track)
- Exercise & Sport Science - Sport Management
- Geography (Geographic Information Science, Environmental Science)
- Mathematics (Applied Math)
- Microbiology (Biomedical, Business, Environmental Science)
- Nuclear Medicine Technology
- Physics (Applied, Astronomy, Biomedical, Business, Computational, Optics)
- Public Health and Community Health Education
- Radiologic Science (Radiation Therapy)
- Recreation Management (Community, Generalist, Outdoor, Tourism & Event Management)
- Statistics (Actuarial Science)
- Therapeutic Recreation
- Undecided in College of Science and Health

PRE-PROFESSIONAL TRACKS

UWL students are provided the opportunity to complete requirements in a variety of pre-professional fields on the campus prior to applying to other colleges and universities for admission to their professional programs.

NOTE: Pre-professional tracks are not a major, but are declared alongside a major.

College of Science and Health
608.785.8218 | 105 Graff Main Hall
www.uwlax.edu/csh/pre-professional-programs

- Engineering (dual degree available)
- Forestry (Conservation, Natural Resources, Wildlife Management)

Pre-Health Student Resource Center
608.785.6950 | 1209 Centennial Hall
www.uwlax.edu/pre-health

- Athletic Training
- Chiropractic
- Dentistry
- Medicine
- Occupational Therapy
- Optometry
- Osteopathic Medicine
- Pharmacy
- Physical Therapy (dual degree available)
- Physician Assistant Studies
- Podiatry
- Veterinary Medicine
Student Support Services (SSS) is a TRIO program funded by the U.S. Department of Education. Students are initially eligible for the program if neither parent graduated from a four-year college, if they are receiving substantial financial aid and qualify under federal income guidelines, or they have a diagnosed disability.

At the time of acceptance into the Student Support Services program, all students are assigned an SSS advisor. The advisor assesses each participant individually and offers guidance based on individual need. The advisor will meet with the participant at least twice a semester and may provide the student with academic, career, personal, or financial aid advising. Areas of guidance traditionally include course selection, declaring a major, study skills, financial literacy, connections to math and science tutoring, and referrals to appropriate offices.

A math specialist and math peer tutors are available daily to provide tutoring in a variety of math courses, including MATH 050, 051, 100 and 200.

Writing and science peer tutoring are also provided daily at SSS by trained, upper level academically successful students. A writing specialist also helps SSS students with graduate school applications and writing personal statements. In addition, Student Support Services will arrange specialized tutoring for students requiring tutoring in other math and science related courses not covered by the math specialist or peer tutors.

First and second-year students receiving Pell Grants may have the opportunity to receive additional supplemental support if they can demonstrate that they continue to have a financial need and are actively participating in SSS.

Each year SSS sponsors a variety of workshops for participants. These workshops include topics such as how to complete the financial aid application, applying for scholarships, financial literacy, improving study skills, how to become career ready, and information on studying abroad.

Finally, SSS can only serve 350 students, so selection into the program will be based on eligibility requirements, student’s academic need and level of commitment. Once a student is selected for participation in SSS, they can utilize SSS services until graduation.

ACCESS CENTER

The ACCESS Center provides services to students attending UWL who have a documented disability. ACCESS Center staff will meet with students and based on documentation, determine appropriate academic accommodations to help students accomplish their academic goals and give them the support they need through graduation.

If you have a documented physical, sensory, psychological, or learning disability that is challenging you, get the support and assistance you deserve to help you make the most of your education and campus life activities.
An important part of the educational experience is finding a meaningful career. The Career Services Office assists students in their career decision-making by helping them identify career options, learn about potential employers, gain relevant experiences, and conduct their job search.

**OUR SERVICES:**

**INDIVIDUAL CAREER ADVISING APPOINTMENTS:**
Students meet with advisors to explore internship opportunities, job market and employment trends in their field, and discuss job search strategies and graduate and professional school options that match their career and life goals.

**INTERNSHIPS:**
The Career Services Office coordinates hundreds of internship experiences each year allowing students to gain experience related to their academic and occupational goals. Planning for an internship begins early, commonly in their sophomore year.

**HANDSHAKE:**
This online career management tool, exclusively for UWL students, is a one-stop resource for part-time and summer jobs, internships, jobs for graduates, on-campus interviews and campus career events.

**STUDENT EMPLOYMENT ON CAMPUS**

Many students enjoy the benefits of working part-time while going to school. Working part-time is a great way to assist with paying for the cost to attend college. Part-time work also helps students to improve their time management and organizational skills, while they are gaining valuable work experience.

It must be noted that UWL uses an on-boarding system which allows employees to easily complete most of their new hire paperwork online. Employees are responsible for providing acceptable I-9 identity verification documents. On-boarding and I-9 verification must be submitted and received by HR prior to beginning employment.

**QUESTIONS?**

Questions about acceptable documents or employment can be directed to our Human Resources Department:

hrinfo@uwlax.edu

608.785.8013

www.uwlax.edu/human-resources/student-employment/student-employees/
The Office of Multicultural Student Services (OMSS) uses a holistic development approach to academic excellence, leadership, and the personal/social development of African American, Indigenous/American Indian, Hispanic/Latinx, Asian American, Hmoob, and biracial or multi-ethnic students at UWL. Our goal is to assist students to succeed academically, to enhance their sense of belonging, and to graduate from the university better prepared to contribute to their communities and the society at large.

Multicultural Student Services provides leadership opportunities and advocacy to support cultural diversity and to help prepare all students to interact in a diverse world. In addition, the office provides access to multicultural resources and offers opportunities for the campus and broader community to collaborate and participate in diversity experiences. OMSS models inclusive excellence and supports collaborative campus and community efforts that promote access, equity, human understanding, shared values, and respect for individual differences.

**AREAS OF SERVICE AND OUTREACH:**

- Academic and financial aid retention
- Academic Success Institute (summer bridge program)
- Advising & peer tutoring
- Cultural, educational, and social programming
- Leadership development
- Personal/financial guidance, support, and advocacy for students
- Pre-college programs and tutoring
- Student employment opportunities
- Transfer student advisement
- Student employment opportunities

**STUDENT ORGANIZATIONS**

OMSS leadership and involvement opportunities provide practical, life-long learning for students as well as compliment the academic mission of the university.

Students taking advantage of leadership endeavors provided by OMSS usually have the opportunity to plan, execute and participate in activities like multicultural and diversity student organizations’ leadership workshops, attend various retreats, conferences and much more.

OMSS provides leadership training, advisement, and administrative support for the eight active multicultural student organizations listed below:

- **ALANA**
  Asian, Latina, African, Native American Womxn
- **ASO**
  Asian Student Organization
- **BSU**
  Black Student Unity
- **DiSTEM**
  Diversity in Science, Technology, Engineering and Mathematics
- **HOPE**
  Hmong Organization Promoting Education
- **IOPA**
  Intercultural Organization Promoting Awareness
- **LASO**
  Latin American Student Organization
- **NASA**
  Native American Student Association
WINGS
Student Services via the Web
Many services are available to students through the student online system called WINGS Student Center. The system requires a student's username and password. Students were sent their username and password when they applied for admission.

Students use the WINGS Student Center to register for classes, display their schedules, pay bills and access tax information, add Campus Cash, access grades and GPAs, update their address, check their registration time and the name of their advisor, display their financial aid award, verify their enrollment, request advisement reports, request unofficial or official transcripts, and apply for graduation.

GRADES
Final grades are available on the WINGS Student Center as soon as instructors submit them. Grade point averages (GPAs) are calculated approximately ten days after the last final exam day. Grade reports are not mailed.

ADDRESSES
It is important for students to keep the University informed of any address changes. Students can update their addresses using the WINGS Student Center. Students will be prompted at the beginning of each semester to update their local address unless they live in a residence hall.

CONFIDENTIALITY OF ACADEMIC RECORDS
UWL fully complies with the Family Educational Rights and Privacy Act of 1974 as amended (FERPA). FERPA was designed to protect the privacy of education records, to establish the right of students to inspect and review their education records, and to provide guidelines for the correction of inaccurate or misleading data through informal and formal hearings. A copy of the written procedures may be found on the Records and Registration website (www.uwlax.edu/records/FERPA).

DIRECTORY INFORMATION
UWL designates the following categories of student information as public or “directory information.” Such information may be disclosed by the institution for any purpose, at its discretion.
- Names, addresses, campus email addresses, telephone numbers, attendance (full-time/part-time classification) and school/college status.
- Previous institution(s) attended; past and present participation in officially recognized sports and activities; physical factors (height, weight, etc. for athletes).
- Major and minor field of study, awards, honors including Dean’s List, expected graduation date, degree(s) conferred, and date(s) awarded.

In addition to the items listed above, UW-La Crosse has designated photographs and images that are taken of students at university-sponsored activities as information that may appear in university publications, brochures, etc. without the written consent of students. Addresses are not considered confidential and will be released if requested by a third party.
ENROLLMENT VERIFICATIONS
There may be times when a student will need to provide verification of enrollment. Oftentimes this is necessary for health and car insurance, scholarships, loans, and employers. Self-service verification and good student discount is available on WINGS Student Center, and we urge students and families to use this service.

FOUR-YEAR GRADUATION AGREEMENT
The University offers entering freshmen the opportunity to participate in an agreement that ensures graduation within four years of a student's initial enrollment. If the student satisfies all of the conditions of the agreement, but degree completion is delayed because the University did not fulfill its requirements of the agreement, then UW-La Crosse will relieve the student of tuition for the required course(s) remaining after the four-year time period. The agreement must be signed within the first seven weeks of a student's initial enrollment. Not all academic programs are included as part of this formal agreement. For more information on the four-year graduation agreement, visit www.uwlax.edu/admissions/a-four-year-graduation-agreement

REGISTRATION
New freshmen will meet with advisors during the registration period of their chosen registration date. Students will notice some classes have already been added to their schedule. These courses were added based on the chosen major and/or college. After advisement, students will log into their WINGS Student Center to enroll for classes. Students will learn how to use Schedule Planner, UWL's registration tool, to build the rest of their class schedule and complete their registration for the fall semester. Students will learn how to use Schedule Planner, UWL's registration tool, to build the rest of their class schedule and complete their registration for the fall semester. UWL staff and peer advisors will be on hand to help with any registration questions that may come up during the enrollment process.

Because new freshmen will continue to register throughout June, students will not be able to change their schedule using WINGS until all registration dates have passed (after July 1). Students may add classes in WINGS through September 14, 2020 and drop classes through September 21, 2020. Changes after those dates will require instructor permission.

When AP scores have been received in July, UWL will evaluate the scores and post appropriate credits to the student's record. If a student registered for a course that is no longer necessary, the Registrar's office will contact the student to adjust the fall registration.

In November, students register for the winter/spring term using the WINGS Student Center registration system. They are assigned a registration time according to the number of credits they have earned. Students should consult with their faculty or academic advisor prior to registration each term.

Students should be aware of the following information before attempting to change their schedule:

• Many classes are already filled to capacity. You cannot add a class that is “Closed.”
• Do not drop a class from your schedule to add another class unless you have determined the class you want to add is both open and does not have a time conflict with the rest of your schedule. Once you drop a class it is unlikely you will be able to add it back to your schedule. Use the SWAP method of enrollment in the WINGS Student Center unless you are only dropping a class or only adding a class.

• If you are enrolled in a class with both a lecture and lab, dropping one part will likely drop the other part, depending on the class. Chemistry 103 lectures, labs and discussions are in a series and are not “mix and match”. If you are enrolled in CHM 103 and need this class, please do not attempt to change sections.

DATES, DEADLINES, AND POLICIES
Each semester important dates and deadlines can be found at www.uwlax.edu/records/dates-and-deadlines
Policies are also explained in the UWL catalog. Students should make sure they are familiar with these references.
The University Bookstore offers an assortment of leisure reading books, course study aids, and classroom resource material not offered through Textbook Rental. Also available in the store are insignia sportswear, gifts and novelties, greeting cards, gift cards, school supplies, basic electronics, calculators, beverages, snacks, and health and beauty aids. Purchases may be made by: cash, check, debit cards, VISA, MasterCard, Discover Card, American Express, and Campus Cash.

Textbook Rental Services provides UWL undergraduate students with an economical alternative to purchasing textbooks. Textbook Rental Services is a book rental system supported by segregated fees, which is included in the student bill. The fee is included on the student bill for undergraduate students. Students interested in building a professional library may special order textbooks at any time during the semester from the University Bookstore. In addition, students may borrow books from Textbook Rental Services for short-term reference and research.

FALL TEXTBOOK CHECKOUT BEGINS
TUESDAY
AUGUST 25, 2020

DUE DATE FOR FALL TEXTBOOKS
WEDNESDAY
DECEMBER 23, 2020

HOURS OF OPERATION
MONDAY - FRIDAY
8:00 AM - 4:30 PM

PLEASE NOTE: The above dates are for the Fall 2020 term ONLY. Please visit www.uwlax.edu/textbookrental for specific dates and deadlines for each term.

TEXTBOOK CHECKOUT INFORMATION
An email will be sent to all incoming first-year students during the first week of August 2020 with more information about the textbook checkout process. This email will be sent to students’ @uwlax.edu email address.
The Veteran Educational Benefits Office serves as the campus focal point for veteran and military-related education benefits. We’re here to facilitate your transition to UWL. Veteran Ed Benefits Office staff advise students on benefit options, assist in the application process, serve as the School Certifying Official to the VA or WI Department of Veteran Affairs, and connect veteran/military-affiliated students with resources on campus and in the community. If you are eligible for veteran-related education benefits, please contact the office to submit your eligibility documents.

**UWL SPECIFIC BENEFITS**

- Fully staffed Veterans Educational Benefits Office
- Resident tuition rate for veterans under Veterans Choice Act 702/301
- Resident tuition rate for non-resident students who are members of the Wisconsin National Guard or Reserve members when they enroll at UW-La Crosse and have been a member of the qualifying unit for the six-month period immediately preceding the beginning of any semester or session at UW-La Crosse
- Priority Registration for veterans and current-serving members
- Transfer credit for completed military coursework
- Equivalency credit for General Education category No. 9 for completing Basic Training
- Approved University Military Duty Withdrawal Policy
- Active Student Veterans Association (SVA) chapter
- Dedicated Veterans Lounge within Student Union
- Military Science Department /Army ROTC offered on campus
- Military-connected speakers and presentations

**FEDERAL BENEFITS**

- Federal Tuition Assistance
- Ch. 33 - Post 9/11 GI Bill
- Ch. 30 - Montgomery GI Bill-Active Duty
- Ch. 31 - Vocational Rehabilitation Education
- Ch. 1606 - Montgomery GI Bill- Selected Reserve
- Ch. 35 - Survivors and Dependents Educational Assistance

**STATE BENEFITS**

- WI GI Bill
- National Guard Tuition Assistance
TECHNOLOGY GUIDE FOR NEW STUDENTS

Information Technology Services provides computing, network, and educational technology services. A variety of services and support are provided including: help desk, technology consultation, email, printing, file storage, password management, web applications, and more. An on-line technology guide for students is available at: www.uwlax.edu/its/knowledge-base/student-technology-guide

ITS OPEN COMPUTING LABS AND RESOURCES

Open computing access labs are available in Murphy Library. Computers have Windows 10 and Mac operating systems loaded with a wide variety of application software including Microsoft Office. Scanners and color/black and white laser printers are available for use.

EAGLE HELP DESK

Computer help is available to students at the Eagle Help Desk. Help includes assistance with campus email, file storage, Microsoft Windows and Office products, Mac products, and other campus-supported software. The Eagle Help Desk is your first point of contact for technology questions. Call us at 608.785.8774, or stop by Room 103 in the Wing Technology Center. Our hours are Monday-Thursday from 7:30am-6:30pm and Friday from 7:30am-4:30pm. More information at: uwlax.edu/its/helpdesk

UWL MOBILE

UWL Mobile is a web based site for accessing WINGS, campus directory, maps, etc. from any mobile device. Visit: www.uwlax.edu/mobile

OFFICE 365 PRO PLUS FOR STUDENTS AND EMAIL ACCESS

Office 365 Pro Plus for Students is available for all students while enrolled at UWL and the UWL standard for email is Office 365 and Outlook on the desktop. Students will be able to download, install and use Microsoft Office applications, like Outlook, Word, Excel, PowerPoint and more, at no cost on up to five devices. You can access and download Office 365 at:
portal.microsoftonline.com

VIRTUAL DESKTOP

Virtual Desktop allows UWL students using Windows, Macintosh, Apple iOS or Android devices to connect to and use a Windows desktop similar to those in the ITS Computer Classrooms and Labs. Information at: www.uwlax.edu/its/system-administration/virtual-desktop

WIRELESS: UWL-EAGLE

Wireless is available throughout campus. UWL-Eagle is a secure wireless network which requires you to enter your NetID and password. This should be your default wireless network for full access for UWL students. Wireless information for your device can be found at: www.uwlax.edu/its/network-telecom/campus-wireless-services

STUDENT PRINTING

You can print remotely from your own computer and web connection, or from lab computers. All students receive a $1.20 allocation at the beginning of the fall and spring semester. The cost per printed page is 5 cents for black and white and 60 cents for color. Information at: www.uwlax.edu/its/client-services-and-support/pay-for-print

LEARNING MANAGEMENT SYSTEM

Canvas is the innovative learning management system used by UWL faculty and instructional staff to enhance face-to-face instruction or teach courses totally online. Canvas allows “anytime, anywhere” access to course-related files, electronic dropboxes for assignments, online quizzes and tests, email, and grades. Though most faculty use Canvas for their courses, students should note that not all faculty utilize Canvas. If they do not see one of their courses on their course list, they should contact the instructor to find out if the course will be activated in Canvas. You can connect by going to: www.uwlax.edu/canvas. Call Canvas Support first for any Canvas related issues at 1.833.826.8719.

WINGS

WINGS is the name for UWL’s Student Information System (SIS). This software provides students, faculty, and staff with access to information relating to recruiting and admissions, records and registration, financial aid, student financials, and enhanced self-service capabilities. More information is available at: www.uwlax.edu/wings

ADDITIONAL INFORMATION

Information Technology Services provides a variety of other services including classroom technology support. You can find this information on our web site at: www.uwlax.edu/ITS. UWL encourages students to follow the UW System Regent Policy: “Acceptable Use of Information Technology Resources.” These policies can be found in the student and staff handbooks or on the UW System web site under Regent Policies at: www.wisconsin.edu/regents/policies/
ACCOUNT AND PASSWORD MANAGEMENT
ITS provides a convenient self-service password and account reset page. This tool helps students gain first-time access, the ability to reset passwords, and to unlock your account 24x7 available at: www.uwlax.edu/password. Click on “First Time Access” if you have never used your NetID, or click on “Password Management” if you need to recover or reset your password, or click on “Account Locked” if you are experiencing an account lockout. Remember your password expires every 180 days.

WHAT KIND OF COMPUTER SHOULD I BUY?
Information Technology Services maintains a list of recommended hardware specifications. The brand and place to buy a computer is up to each individual. Our website lists several vendors that provide discounted prices for students. Please read our recommendations if you are buying a new computer to help ensure compatibility with campus networks. Whichever choice you make keep security in mind, with your hardware, software, and how you use the Internet. Be sure your homeowner’s insurance or renter’s insurance covers any computer your student may bring with them.

If you have questions about a computer you currently own, please feel free to call the Eagle Help Desk or check out www.uwlax.edu/its/technology-purchases/purchasing for computer recommendations.

WHY BUY A MOBILE COMPUTER?
Portability and flexibility are key factors for students. Whether working alone or in a group environment, students have the opportunity to have their mobile device with them at all times. With a mobile device, students can benefit from web applications, Virtual Desktop, and UWL mobile while on the go.

WHAT OPERATING SYSTEM AND SOFTWARE SHOULD I BUY?
Please be sure any computer you plan to use on campus has a current Mac OS or Windows 10 operating system. Software savings on Microsoft and Adobe products are available for students through the WISC software site at www.wisc.edu/wisc

SHOULD I DOWNLOAD ANTIVIRUS AND MALWARE SOFTWARE ON MY COMPUTER?
ITS encourages safe, virus free, computing. Without antivirus software your computer can become severely infected. ITS recommends all computers have antivirus software installed before using the campus network. For more information go to: www.uwlax.edu/its/client-services-and-support/antivirus-malware-information

DO I HAVE ACCESS TO ONLINE FILE STORAGE?
Students have existing storage through OneDrive (1 TB), Google Drive (30GB), and our UWL network storage or the U: Drive (200MB). Online files can be accessed using your NetID from campus computers, from home, and as read-only files online. More information on Online File Storage can be found at: www.uwlax.edu/its/system-administration/file-storage

CYBER SECURITY
Cyber security is an important aspect of students using the campus network and computer resources. Always be careful opening suspicious emails and files. If you are not sure, don’t click on the link. You can check if a web link is valid by hovering over it (without clicking) on your computer. You cannot do this on your smartphone, so be extra cautious. Information Technology Services will never ask you for your password. If you receive any request for your password, please delete it immediately without a reply.

If you inadvertently click on a link or provided your credentials, be sure to immediately change your password. If you need additional assistance, contact the Eagle Help Desk.

NEED MORE INFORMATION?
Visit our on-line student guide at: www.uwlax.edu/its/knowledge-base/student-technology-guide
Check out our online KnowledgeBase (KB) site available 24x7 at: kb.uwlax.edu
Contact the Eagle Help Desk at: 608-785-8774 or helpdesk@uwlax.edu

Social Media:
Like us on Facebook @UWLITS
Follow us on Twitter @EagleHelpDesk
New in 2020, UWL students will be required to utilize a 2-Step Authentication Process when logging into various applications such as Office 365, email, WINGS, and Canvas. This process will require each student to log-in with their NETID and password like always. Then they will need to go through an additional authentication step which confirms they are actually the person logging in.

WHAT IS DUO?

DUO is a multi-factor authentication system we call the 2-Step authentication process. This is occurring on each campus in adherence to UW System Security requirements. Our goal is to keep you and your data Safe and Secure. Using the DUO system will help prevent computer hacking of your data because of comprised passwords.

HOW DOES DUO PROTECT MY ACCOUNT?

When logging in you need your username/password along with the numerical code a DUO device generates. These codes change after a short time interval and can only be obtained from a DUO activated device which is assigned to your account. This makes your account more secure against online attacks and phishing because if your password becomes compromised, only you have access to the DUO device for your account.

WHAT OPTIONS DO I HAVE FOR DUO?

ITS recommends that students access DUO through the FREE app for smartphones, DUO Mobile. This app is available at the Apple App Store or Google Play. Some students may not have a smartphone or they may prefer to use a fob.*

*The UWL-approved and supported fob will be available for purchase at the University Bookstore for $27.38 ($25.95 retail plus tax). After purchasing a fob from the Bookstore students will need to bring it to the Eagle Help Desk to have it added to their DUO account.

A DUO for Students web site is available which provides information on this project and also includes important self-help guides: www.uwlax.edu/its/duo-for-students
LIVING ON CAMPUS
Parking permit sales begin in mid-July for students living in the residence halls. Spaces are limited and selected by seniority, starting with seniors. Students may purchase permits on the Parking and Transportation Services website using their NetIDs. Current rates and rules are also on the website. Parking permits for first-year students will be sold online on a first-come, first-served basis. Please see the website for more information.

LIVING OFF CAMPUS
Parking in any university lot requires a valid university parking permit or payment at a pay station. Motorcycle and moped parking permits are available for designated lots around campus. Rates are posted on the parking website.

VISITOR PARKING
Visitors must purchase a permit to park on campus using one of the following options:
- Pay stations are located in commuter lots.
- Pay by phone using instructions provided on the pay stations or by downloading the smartphone app.
- Visit Parking and Transportation Services.

Visitor parking is always prohibited in resident lots because the lots are sold out to students. Short-term spaces are available in resident lots for loading/unloading. Parking is free during the day on weekends only in commuter lots, but overnight parking is prohibited without a permit.

YOUR PLATE IS YOUR PERMIT
Vehicle license plates are used as permits to park on campus. Enforcement officers scan license plates with vehicle-mounted cameras.
- Students are required to select a lot to park in and may only park in their assigned lot.
- One vehicle may be registered upon purchase of a permiss. Additional vehicles may be added if they belong to family members.

GETTING AROUND
Travel on campus is best done by bicycle or on foot. Bikes can be locked to the racks around the halls. Some students have their own cars, but those who don’t should check an online ride board. Students who have a car and would like riders to share expenses will post their destination.
- Jefferson Bus Lines and Badger Bus provide service all over the United States. There is a pickup location on campus.
- Amtrak offers service to Milwaukee, Chicago, and Minneapolis where other train connections are available for trips to other parts of the United States. The depot is located at 601 St. Andrew Street. The phone number is 608.782.6462 or 800.872.7245.
- Delta and American Airlines are passenger airlines which serve the La Crosse area. The airport is located off Interstate 90 on French Island.

CITY AND REGIONAL BUS SERVICE
The La Crosse Municipal Transit Utility (MTU) offers two bus services for UWL students. First, the Unlimited Passage (U-PASS) provides bus service on any current MTU route in La Crosse or Onalaska at NO FARE when students show their UWL student ID. Second, the U-PASS/Safety Bus also has NO FARE and runs Thursday, Friday, and Saturday nights from 9 p.m. - 3 a.m. (10 p.m. - 3 a.m. on Thursday evenings). The Safety Bus will run from on and off campus housing areas and downtown La Crosse every 15 minutes during these three nights and no identification is required. Students will have a safe ride home with their friends!
Scenic Mississippi Regional Transit (SMRT) buses run Monday-Friday to Crawford, La Crosse, and Vernon counties. Free internet service is provided on buses. Rides are $3 each way and are not included in student fees. Discount cards are available for purchase. More information is available at Parking and Transportation Services. Groome Transportation provides airport shuttle service to La Crosse, Rochester, and Minneapolis airports. Shuttles run twice daily from Whitney Center. Prices vary based on the destination.
RESIDENCE LIFE

www.uwlax.edu/reslife | 1000 Eagle Hall | 608.785.8075

The Residence Life Program at UWL offers 3,300 students the opportunity to live, learn, and grow together. The residence halls provide a clean and affordable environment for students to enhance their learning outside of the classroom. The office hours are 8:00 a.m. to 4:30 p.m., Monday through Friday.

MISSION STATEMENT

The University of Wisconsin-La Crosse Residence Life Program develops living environments to enhance the academic mission of UWL through creating inclusive communities, supporting experiential learning, and building meaningful relationships. We are student-centered, we care, and we have fun!

RESIDENCE LIFE STAFF

Each residence hall has a Hall Director and Resident Assistants (RAs). A Hall Director, a full-time, live in professional with a Master’s Degree in Student Affairs Administration or Counseling, manages each residence hall. This staff member helps students gain the maximum benefits from their college experience. In Angell, Coate and Hutchison Halls there is also an Assistant Hall Director who is a current graduate student.

A Resident Assistant is available to help students in each community. The RA is also a full-time student who personally connects with the residents to assist them in developing a sense of belonging among other students. The RA acts as a campus resource person to help with personal and academic concerns. Encourage your student to seek out their RA should they have questions or concerns at any time.

CORE TEAMS

Each residence hall has a Core Team selected in the fall semester to meet the needs and interests of hall residents. The Core Team plans social events and engagement opportunities for the residence hall community. If you are interested in joining your hall’s Core Team, be sure to let your Resident Assistant know at the start of the fall semester. This is a fantastic way to meet other residents in your building and make quick connections in the residence hall community.

FRONT DESK SERVICES

Front Desks are a central hub of each residence hall community. They are a great resource for students, providing items that can be checked out such as cooking utensils, sports equipment, and board games. They can even purchase a pizza at a minimal cost and the Desk Assistant will bake it for them! Each hall’s front desk is open Sunday 11 a.m. to Midnight, Monday-Thursday 10 a.m. to Midnight, Friday 10 a.m. to 2 a.m. and Saturday 11 a.m. to 2 a.m. The front desk employs about 15 hall residents. This is a sought after student job.

COMPUTER CONNECTIVITY/PRINTING:

All residence hall rooms have access for both wireless and wired internet connections. Each hall also has a computer lab that can be used by residents and are connected to the University network. You can print documents from your room to designated print stations around campus. Wireless devices (smartphones with hotspots enabled, wireless printers, etc.) are prohibited in the residence halls as these devices interfere with and slow down building Internet connectivity.

STUDENT RESIDENCE HALL ROOMS ARE FURNISHED WITH:

- Loftable Beds
- Bookshelves
- Desk Chairs
- Desks
- Dressers
- Mirrors
- Recycling Containers
- Refrigerator
- Smoke Detector

ALL RESIDENCE HALLS ARE SMOKE-FREE (including e-cigarettes) AND EQUIPPED WITH:

- Floor Lounges
- Kitchen
- Laundry Room
- Study Areas
- Vending Machines
- Game room
- Front Desk
- TV Room
- Gender Inclusive Bathrooms
SAFETY

All residence hall entrances are locked 24 hours a day. Hall residents and university staff can enter their residence hall with their ID cards. Any guests to the residence halls must be escorted by a hall resident at all times.

Students are expected to carry their room key and student ID with them at all times and to keep their room door locked.

Blue Light Safety phones are located at the main entrance of every residence hall and throughout campus.

Fire safety procedures are explained at the beginning of the year. Fire drills are planned every semester. Smoke detectors are mounted in every room and fire extinguishers are located on every floor, wing, or cube.

The following are prohibited in the residence halls:
- Hot plates, open coil appliances, toasters, pizza ovens, and George Foreman type grills
- Open flames (candles, incense, potpourri pots, etc.)
- Halogen lamps
- Gooseneck lamps with plastic shades or the 5-light incandescent floor lamps
- Space heaters
- Wireless printers

ROOM ASSIGNMENTS

Room assignments will be emailed out to students. After receiving their room and roommate assignments, students should contact their new roommate. It is important that roommates determine who will bring what, such as a TV, microwave, and carpet.

Move-in instructions and a map directing students to their hall will be emailed in early August. To make your move-in experience as smooth as possible, we ask that you follow these instructions. In a separate mailing your student will receive information about linens available to purchase for their room. A portion of these sales are then returned to campus to benefit the overall student hall governance group, The Student Embassy.

PACKING IDEAS

- Box Fan
- Extra-long twin size bedding
- First aid kit
- Hangers
- If lofting a bed - furniture for under a loft (79” or less in length)
- Laundry basket
- Laundry detergent/fabric softener
- Medications
- Pillow(s), pillowcases
- Power strip
- Posters
- Room Decor
- Sandals to wear in the shower
- Shower caddy or bucket
- Silverware/dishes/cup/mug
- Toiletries
- Towels

Bedding:
Mattress size is 33” x 79”. Extra long, fitted twin sheets will fit perfectly.

RESIDENCE LIFE WEBSITE

The Office of Residence Life provides updates and resources online at www.uwlax.edu/reslife to help students and families stay up to date on what is happening in the residence halls and on campus. Move-in instructions, maps, housing application information, and much more is available.
## ON-CAMPUS BANKING SERVICES

**UW CREDIT UNION**
608-232-5000 ext 3100  
Room 1135, First Floor, Student Union  
www.uwcu.org

At UW Credit Union, we make it easy for UW-La Crosse students to manage their finances. Enjoy using our best-in-class mobile app, user-friendly online banking via Web Branch, paperless accounts with free debit cards, surcharge-free ATMs, and more!

Get personalized, in-person support at our branch in the Student Union, next to the Eagle ID office. We’re open Monday through Friday, 9 a.m. to 5 p.m.

Here For Every You. | uwcu.org

Federally Insured by NCUA.

## OFF-CAMPUS BANKING SERVICES

<table>
<thead>
<tr>
<th>Bank Name</th>
<th>Website ADDRESS</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALTRA FEDERAL CREDIT UNION</td>
<td><a href="http://www.altra.org">www.altra.org</a></td>
</tr>
<tr>
<td>ASSOCIATED BANK</td>
<td><a href="http://www.associatedbank.com">www.associatedbank.com</a></td>
</tr>
<tr>
<td>BMO HARRIS BANK OF LA CROSSE</td>
<td><a href="http://www.bmoharris.com">www.bmoharris.com</a></td>
</tr>
<tr>
<td>CITIZENS STATE BANK</td>
<td><a href="http://www.citizensstatebank.us">www.citizensstatebank.us</a></td>
</tr>
<tr>
<td>COMMUNITY CREDIT UNION</td>
<td><a href="http://www.communitycu.com">www.communitycu.com</a></td>
</tr>
<tr>
<td>COULEE BANK</td>
<td><a href="http://www.couleebank.net">www.couleebank.net</a></td>
</tr>
<tr>
<td>MARINE CREDIT UNION</td>
<td><a href="http://www.marinecu.com">www.marinecu.com</a></td>
</tr>
<tr>
<td>PARK BANK</td>
<td><a href="http://www.parkbankplace.com">www.parkbankplace.com</a></td>
</tr>
<tr>
<td>RIVER BANK</td>
<td><a href="http://www.riverbank.biz">www.riverbank.biz</a></td>
</tr>
<tr>
<td>STATE BANK OF LA CROSSE</td>
<td><a href="http://www.statebankfinancial.com">www.statebankfinancial.com</a></td>
</tr>
<tr>
<td>US BANK</td>
<td><a href="http://www.usbank.com">www.usbank.com</a></td>
</tr>
<tr>
<td>WELLS FARGO BANK-LA CROSSE</td>
<td><a href="http://www.wellsfargo.com">www.wellsfargo.com</a></td>
</tr>
</tbody>
</table>
2020-2021 Estimated Yearly Costs

<table>
<thead>
<tr>
<th></th>
<th>Tuition &amp; Fees*</th>
<th>Room</th>
<th>Meals</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>WISCONSIN</td>
<td>$9,290</td>
<td>$4,078</td>
<td>$2,646</td>
<td>$16,014</td>
</tr>
<tr>
<td>MINNESOTA**</td>
<td>$9,290</td>
<td>$4,078</td>
<td>$2,646</td>
<td>$16,014</td>
</tr>
<tr>
<td>MSEP***</td>
<td>$12,439</td>
<td>$4,078</td>
<td>$2,646</td>
<td>$19,163</td>
</tr>
<tr>
<td>NON-RESIDENT</td>
<td>$18,109</td>
<td>$4,078</td>
<td>$2,646</td>
<td>$24,833</td>
</tr>
</tbody>
</table>

In addition to these costs, students can expect to spend from $1,500 to $2,000 each semester on personal costs such as transportation, clothing, and entertainment.

* UWL has a Textbook Rental Service which is included in the tuition cost.
** Minnesota residents must file for reciprocity under the Minnesota/Wisconsin Reciprocity Agreement. Those who don’t apply, or who apply late and/or are not approved, will pay non-resident rates. Applications are available online at [www.ohio.edu/ssl/reciprocity2020/index.cfm](http://www.ohio.edu/ssl/reciprocity2020/index.cfm)
*** The Midwest Student Exchange Program (MSEP) includes selected students who are residents of Illinois, Indiana, Kansas, Missouri, Nebraska, North Dakota, or Ohio.

## Terms and Conditions of Financial Responsibility

All students must electronically sign the Terms and Conditions of Financial Responsibility at the time of registration each semester. New students have a checklist (to-do) item in their WINGS Student Center for signing this agreement. By agreeing to the terms, students agree to pay, in full, the amount of any fees, tuition, housing and meal plan costs, and other miscellaneous charges incurred in connection with attendance at UWL, on the dates indicated by UWL for each semester. Payment is required on the 10th day of classes for fall and spring semesters. If payment in full is not made by the 10th day of class, a $0.00 administrative fee will be charged to the account per semester which allows for monthly payments. The monthly payments are due approximately 30 days after the charges are billed. In addition, a 1.50% finance charge will be assessed on any amounts not paid by the due date indicated on each student bill. Payment in full is required prior to registration for future semesters.

- **Online payment via Credit/Debit Card – MasterCard, VISA, Discover, American Express, & Diners Club:** Card companies charge a 2.75% convenience fee. Payment is made through the WINGS Student Center under Finances or through the Cashier’s Office website: www.uwlax.edu/cashiers. Students, parents, and guests can make payments.
- **Edvest/529 Plans** – Request your Edvest/529 distribution early. Plan accordingly! You do not need to wait for an official tuition statement from UWL to submit a request to Edvest/529 plan. Edvest/529 plans pay UWL directly via a paper check. Some plans can take up to two weeks before the check reaches UWL so allow for processing and mailing time. An owner of an Edvest/529 plan can request electronic transfer of funds to their personal account. Edvest/529 plans cannot pay UWL electronically.
- **Check and/or Cash payment at Cashier’s Office.** Please note the student ID# on the check. Students will be charged a fee for checks returned for insufficient funds.

- **Check payment mailed to the Cashier’s Office** will be posted to the student account on the business date received. Please make checks payable to UWL and note the student ID# on the check. Mail payments to: UWL Cashier’s Office 121 Graff Main Hall 1725 State Street La Crosse, WI 54601

Students will be charged a fee for checks returned for insufficient funds.
CASHIER’S OFFICE

www.uwlax.edu/cashiers | 121 Graff Main Hall | 608.785.8719

<table>
<thead>
<tr>
<th>SEMESTER BILLING SCHEDULE</th>
<th>FALL 2020</th>
<th>SPRING 2021</th>
<th>INFO</th>
</tr>
</thead>
<tbody>
<tr>
<td>FIRST BILL EMAILED</td>
<td>September 4</td>
<td>January 22</td>
<td>A reminder to view the bill is sent to the student UWL email address.</td>
</tr>
<tr>
<td>FIRST PAYMENT DUE</td>
<td>September 21</td>
<td>February 5</td>
<td>Avoid the $0.00 administrative fee by making payment before the 10th day of class.</td>
</tr>
<tr>
<td>IF BILL IS NOT PAID: SECOND PAYMENT DUE</td>
<td>October 21</td>
<td>March 9</td>
<td>Avoid 1.50% finance charges by paying total amount. Bill must be paid in full prior to future registration.</td>
</tr>
<tr>
<td>FINANCE CHARGES ADDED</td>
<td>October 22</td>
<td>March 10</td>
<td></td>
</tr>
</tbody>
</table>

**HOW TO VIEW THE BILL**

Billing reminders are emailed to students at their official university email address. **Students have the option of setting up Parent Portal accounts** for parents to access their billing accounts and receive billing emails when new bills have been posted. See information below. Students can also print or e-mail their bill from WINGS. Charges can be incurred throughout the semester. No paper bill is mailed to students’ home address due to Family Educational Rights and Privacy Act (FERPA). FERPA is a Federal law that protects the privacy of student education records.

A $25.00 non-refundable registration fee is charged each semester when registering for classes. Students are still responsible for this fee even if classes are dropped before the semester starts. This charge is automatically posted to your WINGS account and will be reflected on the billing statement.

Bill due dates are posted online at www.uwlax.edu/cashiers. The bill must be paid in full before a student can register for future semesters.

**PARENT/GUARDIAN WINGS ACCESS**

There are two options for Parent access. Your student can authorize your access to:

1. The online billing payment system
2. View individual student records

Your student is highly encouraged to set up both options early in the semester. Failure to set up Parent access prevents the Cashier’s Office from speaking with parents regarding your student’s account due to FERPA laws.

**Option 1: Access to View/Pay Bill**

1. Log in to WINGS at wings.uwlax.edu with your NetID username and password
2. Go to the “Finances” located in the middle of the page
3. Click on “Grant Access to View/Pay Bill”
   - Scroll down to “Parent Pins”
   - Click on “Add New”

Upon completion, parent will receive their unique log in information. Additional instructions to pay can be found at www.uwlax.edu/cashiers/payment options button.

**Option 2: Access to View Student Information**

1. Log in to WINGS at wings.uwlax.edu with your NetID username and password
2. Click “Main Menu” > “Self Service” > “Guest Users” > “Add a Guest User”
3. Fill in your guest user name and guest user email address. Students control what parents or guests can view and do.
   - It is a FERPA violation to discuss an account without the student’s permission. Access for each parent/guest remains in place until the student revokes the access.

Upon completion, parent or guest user will be notified.

**STUDENTS CAN GIVE PARENT/GUEST ACCESS TO:**

- Request official transcripts
- Update contact and emergency information
- View or update contact information
- View class schedules
- View grades
- View student bill
- View advisor information and more!
WITHDRAWING FROM THE UNIVERSITY | FEES & REFUNDS

Any new or transfer students choosing not to attend prior to the first day of classes must contact the Admissions Office. If this is not done, students will be placed on class rosters and will be responsible for payment of tuition and fees.

Any student choosing to withdraw after classes have begun must complete the formal withdrawal process through the Office of Student Life, 149 Graff Main Hall. Please note students will be assessed a $50 withdrawal fee. The amount of refund (if any) is determined by the effective date of the withdrawal.

WITHDRAWAL DATES

For classes starting Tuesday, September 8, 2020:

- **September 8, 2020 - September 21, 2020**
  - 100% Refund + $50 Withdrawal Fee

- **September 22, 2020 - October 5, 2020**
  - 50% Refund

- **October 6, 2020 or Later**
  - No Refund

If the student received financial aid, refund requirements of the Higher Education Amendments may affect the student’s refund or balance due to the University. Please note that you still are responsible for payment of your bill due to withdrawing from UWL.

ROOM AND MEALS REFUND

Students who withdraw from the University shall be refunded room and meals paid in advance on a weekly-prorated basis. Calculation of the refund amount begins on the Monday of the week following the withdrawal date. The $150 housing deposit is non-refundable.
FEDERAL DIRECT LOAN (DL) BORROWERS
First-time borrowers in the Federal Direct Loan (DL) program need to complete federally required Entrance Loan Counseling (ELC) and sign a Master Promissory Note (MPN) for their DL. Both requirements can be completed at www.studentloans.gov.

PARENT LOANS
Parents who wish to apply for a Federal Direct Parent PLUS Loan must have their student complete the FAFSA. In addition, the parent must apply for the Parent PLUS Loan online at www.studentloans.gov and can complete a Direct Parent PLUS Master Promissory Note on the same site. You do not need to be eligible for need-based federal student aid to qualify, however, the parent – borrower must not have an adverse credit history.

PRIVATE STUDENT LOANS
These are private, non-governmental loans for higher education offered by various lenders. You do not need to be eligible for need-based federal student aid to qualify. More information about applying for these types of loans is available at www.uwlax.edu/finaid/alternative-education-loans.

CALCULATING HOW MUCH TO BORROW
Borrow only the amount you need. A helpful worksheet (Calculating How Much You Need to Borrow) is available at www.uwlax.edu/finaid/resources/publications/brochures.

FEDERAL WORK STUDY
Students who have been awarded/accepted a Federal Work-Study Award and have submitted a Federal Work Study Assignment Questionnaire will be notified about their work-study position/assignment in mid-August. Awards are based on approximately ten hours of work per week.

ONLINE PART-TIME JOB SERVICE
All students are welcome to search for on-campus and off-campus part-time jobs listed on the Financial Aid web site at www.uwlax.edu/career-services/handshake.

SCHOLARSHIPS
Students who are receiving private scholarships must report these awards to the Financial Aid Office either via WINGS or by completing the “Scholarship & Other Resources Notification” Form available at www.uwlax.edu/finaid/scholarships. For more information about UWL scholarships as well as an extensive database of external, private scholarships, visit the UWL Scholarship Resource Center webpage, www.uwlax.edu/scholarships.

LATE FINANCIAL AID APPLICANTS
Students may apply for financial aid throughout the 2020-21 academic year although certain program funds may have been exhausted. Families must complete the Free Application for Federal Student Aid (FAFSA) at www.fafsa.gov.

REFUNDS
Students are encouraged to set up direct deposit for any refund they might receive. In the “Finances” section of your WINGS Student Center, choose the “Student Choice Refund” option to set this up.

SAVE MONEY BY GRADUATING ON TIME
In-state students who take 15 or more credit hours a semester could save an estimated $19,000 in tuition and fees (based on a 120-credit program with standard tuition and fees) by graduating on time. Tuition and fees are based on 12 credits per semester making any credits between 12 and 18, almost free credits. Adding the cost of books/supplies, room, board, transportation, and miscellaneous saved by graduating on time can greatly increase the total amount of savings.

That's cash that could potentially be used for other important purchases: a car, a down payment on your first house or a kick start for your graduate school career. In addition, graduating on time means you reduce the amount of student loan debt you'll have to repay. Plus, you'll make your parents happy! So add it up - and graduate on time. Read our helpful tips for graduating on time: www.uwlax.edu/add-it-up.
SEARCH THE DATABASE
UWL’s Scholarship Resource Center (SRC) encourages students to focus on alternative funding options that match with their personal achievements and unique personalities. The SRC is committed to helping students locate scholarships that fit their unique qualifications, educate them regarding submitting high quality applications, and ultimately, see them further their education by receiving scholarships to fund that education. We accomplish this by simplifying the scholarship search process and offering valuable resources to help our students stand out in their applications. Staying organized and setting aside time for applications is the first step and the second step is actually filling out the application. Visit our webpage or stop by our office to set up a scholarship plan. We also encourage parents to be active in the scholarship process. Search our database and email scholarship suggestions to your student with a click of a button!

OUTSIDE SCHOLARSHIP DATABASE & GET SCHOLARIFIC SURVEY
External organizations are a significant source of scholarships but we know finding the right organization and scholarship can take up valuable time for our students. The SRC provides students with an Outside Scholarship Database with listings of scholarships specific to the students at UWL. We also encourage students to fill out the Get Scholarific survey, which once complete, will allow the SRC to search for scholarships specific to the student’s unique qualifications.

APPLICATION REVIEW
Each scholarship application is unique, just like our students. The SRC collaborates with other university entities to create programming centered on the application process, including personal statement writing and review, building a resume, editing, and prioritizing applications.
IT MAKE$ CENTS!

IT MAKE$ CENTS! FINANCIAL LITERACY PROGRAM

The mission of It Make$ Cents!, a financial literacy program at UWL, is to provide students with knowledge, skills, and resources to develop an understanding of personal finance, including, but not limited to, fostering spending awareness, developing a budget, acquiring appropriate banking knowledge, and determining financial aid options.

The program plans to accomplish this mission through extensive collaboration with other University entities in order to create and present the best holistic financial literacy package to students through a variety of fashions, including outreach activities, social media, group outreach activities, and online financial tools/assistance, to increase awareness, understanding, and knowledge of relevant financial issues that will empower them to achieve success with regard to their current educational goals and future financial freedom.

WHAT DOES THE PROGRAM OFFER?

• One-on-One consultations with Financial Peer Mentors
• Assistance in personalizing budgets, saving plans, and paying for college
• Fun-filled special events
• Engaging workshops
• Daily topics, tools and contests via Facebook, Snapchat, Instagram, and Twitter
• Online curriculum with useful lessons on various topics

---

JOIN US AT OUR “WELCOME WEEK” EVENTS!
HOW THE UWL FOUNDATION HELPS UWL

Private support is integral to our mission of preparing students for the world. The Foundation is the largest private funding resource for the University, and our donors’ gifts directly benefit UWL.

THE FOUNDATION’S CURRENT PRIORITIES

1. The Foundation recently concluded their “Share the La Crosse Experience” scholarship campaign. Thanks to generous alumni and friends of UWL, scholarship opportunities more than doubled in the 6 year campaign. Each spring, the Foundation proudly awards over $1.2 million in student scholarships.

2. The UWL Fund, an unrestricted fund to cover the campus’ most pressing needs. Annual giving keeps the University strong and our alumni and friends connected to campus.

3. Each of the University’s Colleges and Schools has needs that exceed funding provided by the state. These funds focus on college and department needs.

UWL STUDENT PHILANTHROPY COUNCIL

The UWL Student Philanthropy Council (SPC) gives undergraduate students an opportunity to serve as philanthropy ambassadors for UWL, sharing the importance of philanthropy with students and the campus community, and to celebrate the impact donors have at UWL.

SPC is made up of high-performing, civic-minded students interested in philanthropy and impacting the future of UWL.

The SPC holds monthly events around campus to raise awareness about philanthropy including: programming in the Residence Halls, events in the Union, Thank A Donor Day, and Philanthropy Week.

Learn more at www.uwlax.edu/foundation/about-us

SCHOLARSHIPS & AWARDS

Many scholarships have been established over the years by alumni and special friends of the University in an effort to enhance students’ experiences and make their education more affordable.

ELIGIBILITY

Scholarship committees select recipients on the basis of the qualifications designed by the donor, faculty recommendations, grade point average, and other materials deemed appropriate by departmental committees.

All scholarships are contingent upon full-time enrollment at UWL for the year of the award, except where otherwise indicated. With few exceptions, scholarships and awards are paid for the academic year following the presentation ceremony.

APPLICATION

For 2021-22 scholarships, Incoming Freshmen and Continuing Students can apply for scholarships online between September 1, 2020 - February 1, 2021.

DID YOU KNOW?

Nearly every area of campus has been impacted by alumni and friends who love UWL.

Annual giving supports the work of students, faculty and staff each year. The generosity of donors helps make the “UWL Experience” possible.

Students benefit from experiential learning opportunities with help from donors.

Powerful, hands-on experiences outside of the classroom are made possible to students in the form of internships, study abroad opportunities, and undergraduate research projects.

More than 1,000 students are impacted by scholarships each year.

Each spring the UWL Foundation is able to award over $1.2 million. More than 400 unique opportunities have been established by alumni and friends in an effort to support students in their education.
Campus safety should be on your list of concerns as your student sets out for UW-La Crosse. University Police works hard to make UWL a safe place to live and learn. This brief outline of what we do and what you and your student can do to maintain safety is presented as information and a conversation starter.

UWL employs a staff of police officers that patrol the campus 24 hours a day, 7 days a week. University Police’s primary responsibility is ensuring the safety and security of the campus community and facilities. University Police are fully certified law enforcement officers with responsibilities that include criminal matters, enforcement of laws and university codes, emergency medical response, and student, staff, and visitor assistance. Police provide training to the campus community on a wide range of topics, including personal safety, ALICE/active threat response, fire safety, theft prevention, self-defense, emergency response, first aid/CPR/AED, and more.

Adequate lighting, blue lights and secure walkways help enhance safety on campus. Landscaping is also planned and carried out with safety in mind. Campus police officers and facilities personnel continuously review and evaluate areas for safety concerns which include watching for lights that need to be replaced or areas that need additional lighting.

Statistical information about crime on campus and the community is collected and reported in UWL’s Annual Security Report. Information of these crimes which include sexual harassment, rape, date rape, and corresponding university policies are available at www.uwlax.edu/student-life/student-resources/annual-security-report/. If you would like a hard copy of this report, please contact the Office of Student Life, 149 Graff Main Hall, 608.785.8062, and one will be sent to you.

WHAT CAN STUDENTS DO?
1. Know what to do in an emergency by reviewing the UWL emergency response plan at: www.uwlax.edu/police/emergency-management/emergency-response-plan/
2. Sign up for emergency notifications through the University Police website.
3. Be aware of your surroundings.
4. Lock doors and bikes to prevent crimes.
5. When going out at night, use the buddy system. Go out with friends and go home with friends.
6. Avoid overconsumption of alcohol.
7. If you see something suspicious, report it to the police immediately.

WHAT CAN FAMILIES DO?
Most freshmen are legal adults who would not appreciate a safety lecture. However, families can reinforce and discuss best practices for students to stay safe. Let your student know you are always concerned about them.
Our Counseling Center mission is to promote students’ psychological, academic, social, and cultural growth through professional and confidential counseling services. We accomplish this by maintaining an environment of compassion, collaboration, and inclusivity. Our Testing Center mission is to meet the needs of any examinee by providing access to professional and efficient testing services that adhere to nationally recognized standards.

**COUNSELING SERVICES**

If a student is having personal or mental health difficulties, they may find it helpful to meet with one of our clinicians. Our counseling services are free and confidential*. We offer brief individual and group counseling services. Our clinical staff includes licensed psychologists and licensed professional counselors, along with postdoctoral psychology residents, and practicum counselors.

Students seek help for a variety of reasons, including:

- Adjustment/transition concerns
- Anxiety
- Grief and loss
- Relationship problems
- Depression
- Drug and alcohol difficulties
- Disordered eating
- Academic difficulties
- Sexual assault
- Family problems or concerns
- Identity-related concerns

* Confidentiality: Students can be assured that all personal information discussed with a counselor will remain confidential. Counseling records are not part of a student’s academic record and are not shared with other university departments or family members without a student’s written permission. State and federal laws strictly regulate exemptions to this policy.

**LET’S TALK**

Let’s Talk provides free, no appointment needed, drop-in consultations at locations outside the Counseling & Testing Center. Students are seen on a first-come, first-served basis. No subject is off limits. Just walk in for a friendly and confidential* consultation. It’s not a substitute for formal counseling, but the Let’s Talk consultant will listen to your specific problems and discuss options with you. If you have questions, we encourage you to discuss them with a Let’s Talk consultant. Call, click, or visit for times and locations. Visit [www.uwlax.edu/counseling-testing/lets-talk/](http://www.uwlax.edu/counseling-testing/lets-talk/) for more information.

**URGENT CARE**

Urgent Care hours are for students experiencing a mental health crisis (examples of crises include suicidal thoughts, thoughts or urges to harm another person, or a recent traumatic event). These appointments are available to students on a first-come, first-served basis. Available Monday - Friday 2:00 p.m. - 4:00 p.m.

**ACADEMIC SKILLS SERVICES**

Our academic specialist offers individual sessions and group workshops covering topics such as:

- Study skills
- Test preparation
- Test-taking skills
- Note-taking skills
- Time management
- Memory

**TESTING SERVICES**

Our Testing Center is a member of the National College Testing Association (NCTA), and the College Consortium of Testing Centers (CCTC), and follows best practices of the Association of Test Publishers. We are an approved testing center for most distance learning programs, an ETS Computer Based Testing site, and a testing site for UW Placement Exams.

Testing requirements and scheduling can be complicated. Call, click, or visit if you need any assistance with the testing process. Visit [www.uwlax.edu/counseling-testing/testing/uwi-testingcenter/](http://www.uwlax.edu/counseling-testing/testing/uwi-testingcenter/) for more information.
The Student Health Center (SHC) provides state-of-the-art primary care to students enrolled at the University of Wisconsin-La Crosse (UWL) and Western Technical College (WTC). The SHC is dedicated to cost-effective, evidence-based, student-centered healthcare that promotes wellness and academic success in an atmosphere of kindness, inclusivity and respect.

The Health Center staff consists of Board Certified Family Physicians, Certified Family Nurse Practitioners, Physician Assistants, Registered Nurses, Physical Therapists, Physical Therapist Assistants, Medical Assistants, Medical Lab Technologists, and office staff who are experienced in working with the unique health care needs of college students.

WHO CAN USE THE STUDENT HEALTH CENTER?

All UWL and WTC students who are enrolled in the current semester are eligible to utilize the Student Health Center. Students are required to show their student ID card every time they visit the Health Center. During the fall and spring semesters, a fee is automatically included with tuition for UWL students. Students who are not enrolled for credits during winter session and summer session may also use the Health Center after they pay the student health fee. Please visit our website for more information on fees: www.uwlax.edu/student-health-center/fees-and-costs

CONSULTATION AND REFERRAL

With a student’s permission, consultations and referrals may be made with several on or off campus offices, (e.g. Dean of Students, Counseling and Testing Center, ACCESS Center, Athletics, International Education and Engagement, Residence Life, County Health Department, local hospitals/clinics). All information in a student’s health record is entirely confidential and will not be released to anyone (including relatives) without the student’s written consent. Students may schedule an appointment with the Health Information Manager to review their medical records.

EMERGENCY SERVICES

Emergency services are available at two local medical centers—Mayo Clinic Health System - Franciscan Healthcare, and Gundersen Health System. Since emergency services are not included in the health center fee, students are advised to be familiar with their family insurance plan coverage.

WHAT ABOUT INSURANCE COVERAGE?

Students are not required to have insurance to receive care at the Health Center. As described above, payment of student fees covers most costs. However, students are strongly encouraged to obtain supplemental hospital/accident insurance to cover such expenses as hospitalization, emergency services, specialist care, pharmacy, and ambulance transport. The student health fee does not cover these costs. If coverage is available through a family plan, students are urged to have the name of the insurance carrier and policy/subscriber numbers available on campus.
SERVICES PROVIDED BY THE HEALTH CENTER:

PRIMARY CARE
The Health Center provides a full array of primary care clinic services. These services include physical exams, asthma care, acute illness, dietary counseling, and mental health. The center is open from 8:00 a.m. – 4:00 p.m., Monday, Wednesday, Thursday, and Friday and 9:00 a.m. – 4:00 p.m. Tuesdays during the fall and spring semesters. Hours vary during summer session and winter session. See our website for a current schedule. Students may call 608.785.8558 to schedule an appointment. Please note: a $10 charge is assessed for missing an appointment without sufficient notification.

ACUTE CARE
Students can call 608.785.8558 to make same-day appointments for acute illnesses. The Health Center has same-day appointments available each day the clinic is open. We do have a limited number of appointments and may refer you to care in the community if we are over capacity. Extremely ill students may be referred to the local Emergency Room. After hours urgent care is available at one of the local hospitals or clinics (Mayo Clinic Health System – Franciscan Healthcare and Gundersen Health System). Costs for care at other hospitals or clinics are not covered by the student health fee and are the responsibility of the student.

PHYSICAL THERAPY SERVICES
The Physical Therapy Department provides a wide range of evaluation and non-operative treatment services for different musculoskeletal conditions including sport-related injuries and back and neck pain. The PT Department also provides comprehensive rehabilitation for students who have undergone orthopedic surgeries. The state-of-the-art PT facility features selectorized and inertial equipment. PT evaluations and re-evaluations are covered by the student health fee—there is no additional charge for these. A rehabilitation fee (currently $35) is charged for each course of in-house treatment each semester (www.uwlax.edu/student-health-center/fees-and-costs).

MINOR INJURY CARE
For sprains, strains, and lacerations requiring stitches and burns. The Health Center has x-ray services available for a nominal fee ($35) which includes reading by a radiologist. Students needing injury care after Health Center hours or on weekends should utilize one of the local emergency rooms or Urgent Care walk-in clinics (see Urgent Care on the previous page). for sprains, strains, and lacerations requiring stitches and burns.

MINOR SURGICAL PROCEDURES
Procedures requiring only local anesthesia can be performed at the Student Health Center. These include treatment of ingrown toe nails, wart removal, incision and draining of abscesses, and mole removal.

GYNECOLOGICAL & REPRODUCTIVE SERVICES
The Student Health Center provides reproductive services including annual gynecological exams, PAP testing, contraceptive services, genitourinary care and STI (Sexually Transmitted Infections) testing. We do prescribe Hormone Replacement Therapy.
LABORATORY SERVICES
The Student Health Center Laboratory provides a wide variety of services, both in-house and through contracted laboratories. A laboratory utilization fee of $5 is charged for each visit to the laboratory regardless of how many tests are done. Laboratory tests have a nominal fee and students will be informed of this charge prior to the testing. Laboratory testing from outside physicians can also be done here at the Student Health Center along with a $10 administrative charge for supplies, faxing, or mailings.

ALLERGY INJECTIONS
Allergy injections can be arranged at the Student Health Center for a fee of $10 per visit, regardless of the number of allergy injections received during the visit. The student's personal physician or allergist must supply the allergen medication and written orders for injections. Students are required to make an appointment with a Student Health Center physician/medical provider before starting allergy injections. All orders must be updated yearly. Please note that a $10 charge is assessed for not keeping an appointment.

STI SCREENING
Confidential HIV & STI testing is available at the Student Health Center by appointment or via our walk-in STI clinic.

IMMUNIZATIONS
The clinic offers a variety of immunizations to help students meet departmental and college requirements and to prepare themselves for international travel. The Student Health Center recommends the meningococcal vaccine and a yearly flu shot. If your student received the meningococcal vaccine at age 12, a booster is recommended prior to starting college.

PATIENT EDUCATION
Patient education occurs during every patient contact and is viewed by the Student Health Center staff as one of our prime responsibilities. Each visit is an opportunity for educating college students about their health, their medical care, their health choices, and the appropriate use of medical facilities and resources.

NUTRITION SERVICES
Nutritional services are offered by a registered dietitian including nutrition for weight management, disordered eating, sports nutrition, cholesterol control and diabetic diet. Appointments can be made through the Student Health Center reception desk.

PSYCHIATRIC SERVICES
Psychiatric services are available to students. Primary care providers often treat mental health conditions. In addition, referrals to a psychiatric provider are available if needed for more complex and/or chronic conditions.

NO SHOW FEE
Please note that students who do not keep their appointment will be charged a $10 No Show fee. This fee will be added to the student’s bill. Students who arrive late, don’t show for appointments or cancel their appointments at the last minute prevent other students from being seen. Students must cancel their appointment prior to the scheduled time to avoid being charged the No Show fee. Students can call 608.785.8558 and select Option 1 (day or night) to cancel an appointment. Services offered by the Student Health Center are a valuable resource to all students.
What matters most in the Student Life Office is student success.

The University of Wisconsin-La Crosse is committed to its belief in *mens corpusque* ("mind and body") and seeks to provide a student-centered education in environments that are safe, diverse, equitable, inclusive and engaging. Our purpose in the Student Life Office (SLO) is to support and encourage students’ growth and well-being in ways that enable them to thrive. We strive to empower students to share responsibility in the learning process and to create a positive learning community. Our vision is that students will participate actively in this process, unlimited by ability, culture, gender, race, sexuality, religion or socio-economic barriers. We imagine students becoming self-determined individuals and well-informed citizens who are caring and compassionate for others and themselves.

The SLO challenges students through individual and group interventions, and we support them by offering innovative programs and opportunities. Our outreach includes wellness programming, alcohol and drug education, policy and safety awareness, violence prevention, and other activities that support student transitions to and through the university. We recognize that collaboration is important to students’ success and we aim to work closely with faculty, staff, and families to ensure our work is mindful, supportive and current.

**OUR SERVICES:**

Advising and student referral, Campus Assessment Response And Evaluation (CARE) Team, communication, support, and assistance to faculty concerning student absences and other student issues, conflict resolution services, investigation of student complaints and grievances, legal services, response to incidents against students concerning harassment, support services for returning adult students, violence prevention services, Wellness Resource Center, new student and family programs, and withdrawals from the university.

---

**VIOLENCE PREVENTION**

UWL recognizes that violence in any form interferes with the work and learning taking place in our community. Often, someone who experiences a sexual assault, violence or abuse in a relationship, or stalking may find that they have difficulty focusing on work or on their studies. Student Life Violence Prevention is here to assist you with advocacy, information, and support, so that you can make informed choices about the options available to you in these situations. Services are free, confidential, and available to all UWL students, faculty, and staff members.

UWL Violence Prevention provides:

- Referrals to resources such as counseling, medical care, legal help, and academic or financial assistance
- Safety planning
- Information on reporting options (University conduct and/or police), campus policies and procedures, and victim rights. (please note—you are not required to report an assault in order to get help)
- Assistance with applying for a restraining order
- Advocacy and support during interviews and hearings

---

**STUDENT ADVOCACY AND EMPOWERMENT**

While at UWL, students may experience distressing situations including physical and mental health concerns, academic concerns, relationship issues, or homesickness. The Student Life Office (SLO) offers services to advocate and empower students through difficult situations. Services include: advising and referral support, absence notifications to faculty for emergency situations, bridging students to the many campus/community resources, student complaint and grievances, and consultation regarding withdrawing from the university. We are a great first stop when you have questions. When you don’t know where to go, go to SLO and we’ll help you thrive at UWL!
STUDENT LIFE

www.uwlax.edu/studentlife | 149 Graff Main Hall | 608.785.8062

STUDENT CONDUCT

www.uwlax.edu/student-life

The student conduct process is designed to address the student’s relationship to the institution and its behavioral standards and policies. Our process is grounded in education and development and practices fundamental fairness to all involved. The student conduct process focuses on assessing the impacts of an individual’s behavior on the learning environment of others and facilitating student growth, learning, and development. Our philosophy is guided by the notion that mistakes made can be invaluable learning opportunities for students. It is our goal with the student conduct process that we cultivate a safe community for all students, staff, faculty, and guests at UW La Crosse.

WELLNESS AND HEALTH ADVOCACY

www.uwlax.edu/wellness

wellness@uwlax.edu

The goal of Wellness and Health Advocacy is to provide the campus community with culturally competent health education, health promotion programming, alcohol and other drug education, community engagement, and partnership that supports and empowers the campus community to make choices and create lifelong habits that promote health and well-being across all dimensions, including physical, emotional, environmental, occupational, spiritual, social, and intellectual.

We work to provide honest, straight-forward information to help students make healthy choices regarding many topics including substance abuse. If you have questions, please do not hesitate to contact our office.

NEW STUDENT AND FAMILY PROGRAMS

www.uwlax.edu/new-student-and-family

parents@uwlax.edu | fye@uwlax.edu

New Student and Family Programs (NSFP) provides programming and services to ALL students and their families as they navigate through the college experience including New Student Orientation during move-in weekend, Family Weekends, and the Parent Advisory Board. The NSFP office is here to provide you with any type of information and connections to appropriate campus resources. No question is too big or small; please feel free to call us anytime and we will do our best to assist you. You will also be receiving electronic issues of Eagle Mail, our New Student and Family newsletter, to keep you in the loop with UWL happenings! Families, don’t forget to look out for us on Facebook at “UWL Parents and Families”.

Athletics are an important and exciting part of campus and community life at the University of Wisconsin-La Crosse. Whether you are a participant or a spectator, UW-La Crosse teams provide plenty of action for everyone. Few institutions can match the success of the Eagles’ nationally recognized NCAA Division III non-scholarship athletic program.

UW-La Crosse sponsors 21 intercollegiate sports, 12 for women and 9 for men. Women’s lacrosse was recently added as a varsity sport and started competition in spring 2020. UW-La Crosse competes in the Wisconsin Intercollegiate Athletic Conference (WIAC), recognized as one of the most competitive Division III conferences in the nation. UW-La Crosse holds national membership affiliations in the National Collegiate Athletic Association (NCAA) and the National Collegiate Gymnastics Association (NCGA).

The Eagles have won 416 conference titles and 71 national titles in ten different sports. Historically, the Eagles rank second in the number of national titles, as compared to all other Division III schools. Athletic teams practice and compete in outstanding facilities, including Cartwright Center (gymnastics and wrestling), Mitchell Hall (gymnastics, swimming & diving, men’s and women’s basketball, volleyball, wrestling, men’s and women’s indoor track and field) and Roger Harring Stadium at Veterans Memorial Field Sports Complex (football, women’s soccer, women’s lacrosse, men’s and women’s outdoor track and field, and men’s and women’s tennis). The softball team practices and competes at the newly renovated North Campus Softball Complex, while the baseball team competes at beautiful Copeland Park in La Crosse. The men’s and women’s cross country teams host an annual invitational at Ettrick (Wisc.) Golf Club.

All UW-La Crosse students can attend all regular-season home athletic events at no extra cost. Keep updated with the Intercollegiate Athletics Department at www.uwlathletics.com. Be sure to follow the Eagles on Facebook @UWLaCrosseAthletics and Twitter @UWL Athletics.
OFF-CAMPUS FAITH COMMUNITIES

**ASSEMBLY OF GOD**
New Beginnings Christian Fellowship - 608.782.8030
122 5th Avenue N, La Crosse

**BAPTIST**
Faith Baptist Church (Independent) - 608.788.1165
3615 S 28th Street, La Crosse
First Baptist Church (ABC/USA) - 608.782.6553
1209 Main Street, La Crosse
Temple Baptist Church (Independent) - 781.2878
1326 N Salem Road, La Crosse

**BUDDHIST**
Diamond Way Buddhist Center - 608.620.4836
507 Main Street, La Crosse

**CATHOLIC**
Blessed Sacrament Catholic Church - 608.782.2953
130 Losey Boulevard S, La Crosse
Holy Trinity Catholic Church - 608.782.2028
1333 13th Street S, La Crosse
Mary, Mother of the Church Parish - 608.782.5483
2006 Weston Street, La Crosse
Roncalli Newman Center - 608.784.4994
1732 State Street, La Crosse

**EASTERN ORTHODOX**
St. Elias Eastern Orthodox Church - 608.782.8641
716 Copeland Avenue, La Crosse

**EPISCOPAL**
Christ Episcopal Church - 608.784.0697
111 9th Street N, La Crosse

**EVANGELICAL FREE**
First Free Church - 608.782.6022
123 Mason Street, Onalaska
Bethany Free Church - 608.781.2466
3936 County Road B, La Crosse

**HMONG**
Hmong Faith Alliance Church - 608.784.8711
2127 Pine Street, La Crosse

**ISLAM**
Othman bin Affan Mosque - 608.784.7167
206 Rose Street, La Crosse

**JEWISH**
Congregation Sons of Abraham - 608.784.2708
1820 Main Street, La Crosse

**LUTHERAN**
English Lutheran Church (ELCA) - 608.784.9335
1509 King Street, La Crosse
First Lutheran Church (WELS) - 608.784.3867
400 West Avenue S, La Crosse
Our Saviour's Lutheran Church - 608.784.3468
312 Division Street, La Crosse

**METHODIST**
Bridges United Methodist Church - 608.782.3018
310 4th Street S, La Crosse
Faith United Methodist Church - 608.782.2526
1818 Redfield Street, La Crosse

**NONDENOMINATIONAL**
Living Word Christian Church - 608.787.5922
2015 Ward Avenue, La Crosse

**PRESBYTERIAN**
First Presbyterian Church - 608.784.4248
233 West Avenue S, La Crosse

**SEVENTH DAY ADVENTIST**
Seventh Day Adventist Church - 608.782.4038
2117 La Crosse Street, La Crosse

**UNITED CHURCH OF CHRIST**
First Congregational Church (UCC) - 608.784.8137
2503 Main Street, La Crosse
St John's United Church-Christ - 608.784.3314
630 West Avenue S, La Crosse

**UNITARIAN**
Unitarian Universalist Fellowship of La Crosse - 608.796.9993
401 West Avenue, La Crosse
UWL students study hard, work hard, and play hard. Once you put down your books, check out the Rec Sports Department! We have programs and facilities designed to help you stay active, meet new friends, and reduce your stress levels. So let’s play!

FACILITIES
Looking for a court to play your three-on-three game or how about an indoor track for those cold winter months? With a combined total of over 346,000 square feet of activity space, Mitchell Hall and the Recreational Eagle Center (REC) offer numerous facilities to meet all of your indoor sport and fitness needs.

OUTDOOR CONNECTION GEAR RENTAL
With rugged bluffs, scenic valleys, and the majestic Mississippi flowing through, the La Crosse area has many opportunities for you to begin your first or next outdoor adventure. The Outdoor Connection offers programs that will teach you new skills before you start that outdoor activity. There are also many opportunities to take part in group excursions and earn certification in different activities. With state-of-the-art training facilities and a wide variety of equipment for rental use, you’ll have all of the tools you’ll need to start exploring!

GROUPX CLASSES
Rec Sports offers a variety of exercise classes that meet all types of interests, fitness levels and schedules. Offering everything from kickboxing and step aerobics, to power yoga, the GroupX program offers it all.

INTRAMURALS
The Intramural Sports Program is one of the most popular extracurricular activities on campus. The program provides a great way to meet new people and continue playing the sports you have grown to love. Intramurals offers team, dual, and individual sport leagues where participants compete for the coveted intramural champion t-shirt. You can create your own team or utilize the free agent list. The Rec Sports staff forms the leagues, supervises play, monitors and tracks league standings, and organizes tournaments; all you have to do is be a good sport and have a great time.

SPECIAL EVENTS
Rec Sports offers a variety of unique recreation/sport events throughout the year. There is something for everyone and activities include: tournaments, skill competitions, road races, endurance challenges, and mini festivals held in the REC. Try new activities, win prizes, meet new friends, and have a blast with us!

CLIMBING WALL
The sport of rock climbing is a great alternative to traditional exercise. It develops strength, improves endurance and increases self-confidence! Whether you are a beginner or experienced climber, the REC’s climbing wall has something for you! This state-of-the-art facility simulates a variety of rock formations and utilizes hundreds of move-able hand and foot holds to provide participants a fun mental and physical challenge. All essential climbing gear is available to UWL students at no charge (includes: harnesses, belay devices, climbing ropes, and shoes).
RECREATIONAL SPORTS

FITNESS CENTER
Come on into the brand new Fitness Center (opened Fall 2018) for a great workout. This state of the art facility is over 13,000 sq. ft. complete with cardio and strength equipment for all of your workout needs. Also, inside you will find 25 yards of turf for agility workouts or just a place to stretch. In addition to the Fitness Center you will also find cardio and weight equipment on the track. Trained staff will be here for you to ensure your safety, introduce you to new equipment, and to discuss your training methods.

Take advantage of our certified personal trainers and variety of training programs we offer to get in the best shape of your life. Our excellent personal training staff will guide you to improve your training effectiveness by educating you on proper technique and training methods.

SPORT CLUBS
Travel, camaraderie, and good times are a few hallmarks of the UWL Sport Club Program. Sport Clubs provide support and leadership to sport and recreation oriented student organizations. Each club is organized and led by students, for students.

EMPLOYMENT
The Recreational Sports Department employs over 250 students. It truly is a program for the students by the students. Positions available include lifeguards, fitness instructors, officials, building managers, intramural supervisors, customer service representatives, special event supervisors, outdoor connection staff, promotions specialists, climbing wall staff and strength center supervisors.

MEMBERSHIPS
Current UWL students are members of the Recreational Eagle Center and may purchase a membership for their spouse/partner at a discounted rate.

OUR SPORT CLUBS INCLUDE
- Archery
- Baseball
- Basketball
- Bowling
- Boxing
- Equestrian
- Fishing
- Hockey
- Lacrosse
- Rugby
- Ski & Snowboard
- Soccer
- Table Tennis
- Triathlon
- Volleyball
- Ultimate Frisbee
- Waterski & Wakeboard
- Weightlifting

250+
STUDENT WORKERS
LARGEST STUDENT EMPLOYER ON CAMPUS

www.uwlax.edu/recsports | 608.785.5225
THE ARTS

The “EXPERIENCE for a lifetime” is available for all students through participation in the arts. Students enjoy a wide range of arts activities through the classroom/ studio setting and through opportunities to perform, design, or exhibit in a wide range of venues.

ART
608.785.8230
105 Center for The Arts

The Department of Art provides an educational environment that encourages intellectual development, visual literacy, and artistic production. Students are encouraged to develop their own artistic vision as artists and to engage in meaningful creative endeavors, studio practice, research, and outreach in the visual arts.

Large studio areas are furnished with a mix of new and traditional equipment for ceramics, drawing, metals, blacksmith, painting, photography, printmaking, and sculpture. A drawing studio, art education studio, design studio, and two Macintosh computer labs complete the laboratory areas.

The University Gallery schedules art exhibits by students, faculty, and regional and nationally known artists. Go to www.uwlax.edu/art for more information about the Art Department and www.uwlax.edu/Art/University-Gallery to view the University Gallery website.

MUSIC
608.785.8409
234 Center for The Arts

The Department of Music is the musical core for the University of Wisconsin-La Crosse. Our mission is to provide diverse musical experiences for our music majors and minors, other university students and the community. The music department provides a strong foundation for its degree programs through quality courses in music history, theory, applied music lessons and ensemble experiences. Whether you want to teach, perform or prepare yourself for further music study, take the first and most important step toward a fulfilling life in music with us. If music is an extracurricular passion or creative outlet, students will find a friendly and professional atmosphere to help you connect to our program. Students are invited to join all of our musical groups including choirs, jazz ensembles, Screaming Eagles Marching Band, wind ensemble, symphonic band and orchestra.

Take advantage of extra opportunities such as our small ensembles (for example, jazz combo, string quartet or Korean Percussion Ensemble). Students should register for ensembles at the same time as other academic classes. Ensemble audition material, if required, is posted during August and auditions occur prior to the first week of classes.

Visit www.uwlax.edu/music to learn more about the Music Department or incoming music admission and scholarship auditions.

THEATRE ARTS
608.785.6701
154 Center for The Arts

The Department of Theatre Arts at UWL is an innovative and challenging theatre arts program. The Theatre Arts program endeavors to provide students with the tools necessary to function as complete artists and self-realized individuals, combining theatrical training with a strong liberal arts curriculum. Theatre Arts students experience all aspects of theatrical production while giving them the opportunity to receive advanced undergraduate training in performance, musical theatre, arts administration, theatre management, design/technical (sound, lights, costume, scenic, etc.), or general theatre studies.

All UWL students are invited to participate in any productions. Whether or not you are experienced in theatre, we welcome your involvement. Students work with both faculty and guest directors, designers, and choreographers on a wide variety of theatrical offerings. Opportunities to become involved are announced across campus, or you can contact the theatre department for information.

2020-2021 IMPORTANT DATES

Major/Minor/All Interested Meeting
- Tuesday, September 8 at 5:20 p.m. in Toland Theatre, Center for the Arts

Auditions for Fall 2020 Theatre Productions
- Tuesday, September 8 at 6:00 p.m., meet in the lobby of Center for the Arts. Callbacks on Wednesday, September 9.

Dates for additional auditions productions, informational meetings, and more, will be posted on the Theatre Arts website. For more information, please contact us at 608.785.6701 or visit www.uwlax.edu/theatre-arts.
THE COVE
608.785.8866
2200 Student Union

The Center for Organizations, Vision, and Engagement (COVE) is the student organization suite located in 2200 Student Union. The COVE is a space for all student organizations to come together to share ideas, collaborate, and find resources specifically for student organizations. It physically houses several student organization offices, including Campus Activities Board, COVE Admin, COVE Graphics, the Leadership & Involvement Center, Fraternity and Sorority Life, eight designated Multicultural Student Organizations, The Pride Center, Student Association, and the Racquet Press. The ‘front porches’ in each of the spaces are an extension of organization’s office space. Although some porches are open for any student to sit in, students are asked to respect these spaces and be mindful that organizations use this space for meetings and gatherings. Public computers and workspaces, as well as a variety of graphics supplies are also available for use within the COVE.

COVE Admin (608.785.8866), COVE Graphics (608.785.6488), and the Leadership & Involvement Center (608.785.6600), are student-staffed groups that operate out of the COVE and provide resources and opportunities not only for student organizations, but for all students. COVE Graphics offers free graphic design services and low-cost printing and laminating for a variety of projects. The Leadership & Involvement Center offers a variety of leadership, involvement, and service opportunities for students including support of the Ugetconnected volunteer portal and MyOrgs student organization database.

The COVE is also home to the Campus Food Pantry, a free service provided to all faculty, staff, and students. Interested users should visit the COVE desk to register for access to the pantry.

CAMPUS ACTIVITIES BOARD (CAB)
608.785.8873
2246, The COVE, Student Union
www.uwlax.edu/cab

CAB is a student-run programming board that provides entertaining and educational activities for the entire campus community. Any student can become a member at any time! Concerts, movies, comedians, and educational events are offered to students, faculty, staff, and the community. These activities may include fine arts programming such as theater, music, lecture, and dance. The Distinguished Lecture Series also offers the university community an opportunity to hear speakers of national prominence due to their significant contributions to society.

STUDENT ORGANIZATIONS/MYORGS
608.785.8866
2200, The COVE, Student Union
uwlmymorgs.collegiatelink.net

Student activities and involvement contribute greatly to the student’s overall educational experience. Co-curricular involvement provides opportunities outside the classroom for students to gain meaningful life skills. The sooner new students become established on campus, the better they will feel about classes and about themselves. Joining a student organization is one of the easiest ways to make friends and ease the transition into college. Staff in the COVE provide daily assistance to over 200 Recognized Student Organizations in areas such as program planning and implementation, fund raising, publicity, leadership development, and financial assistance with student organization grants.

MyOrgs provides students with online convenience for managing and tracking student organizations, leadership, and co-curricular participation. Students can log on to the MyOrgs site, review current student organizations, and express interest in joining an organization! Existing club members can recruit new members, track service/volunteer work hours, create news articles, post event information, create elections, and more.

UNION PROGRAMMING BOARD
www.facebook.com/uwlstudentunion/

The Union Programming Board is a group of students that plan and host events in the Student Union, primarily on evenings and weekends. The purpose of these activities is to give students additional opportunities to find entertainment in the Union. Popular events have included a murder mystery party, watch parties, live music, and a wide range of craft activities. The board also collaborates with the Campus Activities Board to show additional movies in the Theater during the winter months. All are welcome for fun and more opportunities to use your Student Union!
PRIDE CENTER
2216, The COVE, Student Union
www.uwlax.edu/pridecenter
The Pride Center works to empower all members of the UWL Community by providing students, faculty, and staff with a further awareness of issues related to LGBTQ+ identities. Through ally workshops, trainings, student-led panels, and student organizations, the Pride Center fosters a safer and more inclusive environment for all individuals to be their most authentic self. Books and documentaries are available for check out, as well as other resources to help further learn about various sexual orientations and gender identities. In an ever-changing world, the Pride Center works to continually support and advocate for the needs of LGBTQ+ individuals.

THE SAFE SPACE
The COVE, Student Union
The Safe Space is designed to provide LGBTQQA+ students, faculty, and staff a location on campus where they feel welcome and supported.

FRATERNITY & SORORITY LIFE
608.785.8870
The COVE, Student Union
fraternities@uwlax.edu
sororities@uwlax.edu
www.uwlax.edu/university-centers/get-involved/fraternities-sororities/welcome/
Membership in a fraternal organization can be an enriching experience. The Fraternity & Sorority Life community is rooted in the four pillars of: brotherhood/sisterhood, leadership, service, and academic development. Members of the community engage in a variety of different areas of campus and the wider La Crosse community development that provide unique and enriching experiences for the members. Through their participation, members learn how to better the world around themselves by living values driven lives. Currently, there are three national social sororities on campus: Alpha Phi (ΑΦ), Alpha Xi Delta (ΑΞΔ), and Sigma Sigma Sigma (ΣΣΣ). Additionally, there are six national social fraternities on campus: Chi Phi (ΧΦ), Delta Sigma Phi (ΔΣΦ), Kappa Sigma (ΚΣ), Lambda Chi Alpha (ΛΧΑ), Sigma Alpha Epsilon (ΣΑΕ), and Sigma Tau Gamma (ΣΤΓ).

FACILITY OPERATIONS
Student Union Facility Operations provides a broad range of services to support the academic mission and leisure needs of UW-La Crosse students.

INFORMATION CENTER & TICKET OFFICE
608.785.8877
First Floor, Student Union
www.uwlax.edu/university-centers/event/ticket-information
The Information Center is a service center for all students and guests. Student staff assist with questions regarding the Student Union and the campus. Tickets for many events hosted by Campus Activities Board and student organizations along with MTU bus passes are available for purchase at the Information Center. Other services provided are PLAY area equipment and lawn games check out, lost and found, and pay for print stations.

COMPUTERS
2200, The COVE, Student Union
Four computers for general student use are available in the COVE on the second floor in the Eagles Nest Lounge. The computers are available whenever the COVE is open. A pay for print station is also located near the computers in the COVE.
UNIVERSITY DINING SERVICES

DINING SERVICES
608.785.8891
1131 Student Union
www.uwlax.edu/university-centers/services/dining-services/dining-plans

University Dining Services are administered through the University Centers Office and are provided by a contracted Dining Service company, Chartwells. University personnel work cooperatively to ensure compliance with the contract and to assist in providing quality-dining services to the students.

DINING PLANS

All students living in the residence halls are required to participate in the Dining Plan program. Students may choose from one of the All Access Plans (the Eagle, Big Eagle and Mega Eagle) or the Eaglet, which allows students to eat 14 meals each week. The All Access Plans allow students to enter the main dining room an unlimited number of times during the day. Residents living in Reuter have the additional option of the Reuter Block Dining Plan, or the Reuter Flex Dining Plan. The Dining Plan allows students to eat all of their meals in Whitney Center (Main Dining Room, Chars, Badger Street Station) and one meal per day at a designated dining area in the Student Union, Monday-Friday.

Each of the plans has some versatility built into them. The Eagle and the Eaglet both have Maroon Dollars available as part of their dining plan and the Mega Eagle has $350.00 in Maroon Dollars. Maroon Dollars can be used in any of the dining venues to purchase food items a la carte. The Big Eagle includes 50 Block Meals, which can be used in any of the dining venues to purchase items from the Block Meal menu.

Additional Block Meals (in bundles of 10 Block Meals) can be purchased at any time and added to students’ dining plans to provide additional flexibility.

The Reuter Block and Reuter Flex Plans are available for students living in Reuter Hall. The Reuter Block Plan consists of 60 Block Meals, which can be used in any of the dining venues on campus. The Reuter Flex Plan consists of 45 Block Meals and $85 in Maroon Dollars. All Block Meals and Maroon Dollars must be used in the semester in which they are purchased.

There are two Off-Campus Dining plans consisting of 60 or 20 Block Meals, available for students living off campus or commuting. Both plans can be used anytime throughout the year.

Students are required to have their Eagle ID Card with them to use their dining plan. The ID card as well as the dining plan are for personal use and may not be shared with other students except when using a guest meal.

WHITNEY CENTER DINING AREAS
608.785.8610
www.uwlaxdining.com

Whitney Center is the primary dining facility on campus, serving residential students. When eating in Whitney Center, students may use any of the Eagle, Reuter Dining Plans, Block meals, Maroon Dollars, Campus Cash, Cash, or Debit/Credit Cards. The dining areas located in Whitney Center are described below:

Main Dining Room

This venue offers a variety of meal options. Breakfast features a variety of egg choices; breakfast meat choices; hot cereal; pancakes and waffles; bagels and muffins. At lunch and dinner, students can choose from salad or a deli sandwich. They can also choose from a variety of comfort foods, pasta, pizza, and soups, stir-fry, salads, and omelets. Vegetarian & vegan, entrees and sides are also available. Items such as pastries, cookies and desserts are offered daily at the bakery station. You will also find a variety of cereals, yogurt & mix-ins, ice cream, condiments, and beverages available throughout the day. The G8 Zone, located in the main dining room, is an area free of the 8 major allergens and gluten.

Chars and Badger Street Station

Students can choose to eat up to four meals each day using any combination of the dining venues offered in Chars & Badger Street Station.

Chars features three different dining platforms with one being a Grill area and the other two concepts rotating to meet student needs and provide program enhancements. The Grill features burgers, grilled chicken sandwiches, chicken strips and fries. The other two venues have included popular offerings such as Breakfast-All-Day, Smoking’ Aces (Barbecue), Amazing Mac (macaroni & other noodle dishes), and Meltdown (upscale grilled cheese sandwiches).
Badger Street Station hosts four popular venues: The Convenience Store, Mondo Subs, Create/Smoothies and the On-The-Go program. Meal swipes and Block Meals can be used to purchase smoothies, subs, or an On-The-Go meal. Additionally, any items found in this area can be purchased with Maroon Dollars, Campus Cash, Debit or Credit Cards, or cash.

When eating at Mondo Subs, students receive a sub of choice, chips or a piece of fruit, and a beverage. At the Create/Smoothie station, you receive a smoothie of your choosing and a granola bar.

For convenience we have the On-The-Go program. This program allows students to grab a cold sandwich or salad, chips or piece of fruit; cookie, and a beverage. If choosing to eat breakfast, students get a choice of bagel/cream cheese, yogurt parfait or cereal; juice cup and milk. From 10:30 a.m. – 1:30 p.m., a hot option is available with students receiving an entrée and beverage. The hot option rotates daily.

STUDENT UNION DINING AREAS

When eating in the Student Union, students may use Block Meals, Maroon Dollars, Campus Cash, Cash or Debit/Credit Cards. Students on any of the Eagle dining plans may use one meal swipe a day in the designated venue(s) in the Student Union. The dining areas located in the Student Union are described below:

Dining Areas......................First Floor

There is a variety of dining areas throughout the first floor of the Student Union:

- Erbert & Gerbert’s Sandwich Shop (subs, wraps, soup, chips, and beverages);
- Grilled It! (chicken tenders, chicken & fish sandwiches, vegan burgers, French fries, etc.);
- Sono (tacos, quesadillas and burritos), Hisso Sushi, Kitchen Classics (comfort food, rotating daily; soup and sandwich of the day), and the La Crosse Café (stir-fry and homemade pasta dishes).

Vegan and vegetarian options are available in each concept. The Ice Cream Shop offers hard packed ice cream, frozen yogurt, soft serve ice cream cones, shakes, and malts. Novelty items include ice cream sandwiches, drumsticks, and ice cream bars.

Einstein Bros. Bagels...........First Floor

Einstein Bros. Bagels offers a variety of bagels, and shmears and egg sandwiches for breakfast. Throughout the remainder of the day, the menu includes a variety of bagels, bagel sandwiches, fruit cups, and bakery selections. Coffee and bottled beverages are also available. Adjacent to Einstein’s is the Earth Table (soup and build-your-own salad bar) and the On-the-Go area which features Hisso Sushi, CrEATe hummus bowls, pre-made sandwiches, snacks, and beverages.

Cellar.........................Lower Level

Features wood fired pizza, and a classic grill menu with burgers, wings, and French fries. Pasta bowls and vegan burgers are also available.

MURPHY’S MUG

First Floor, Murphy Library

Serving Caribou Coffee, Murphy’s Mug offers a variety of coffees, lattes, cappuccinos and teas. Additionally, this area offers the On-The-Go concept, which features a variety of sandwiches, salads, sides, bakery items, and bottled beverages.

CENTENNIAL HALL

First Floor, Centennial Hall

A coffee shop serving Starbucks Coffee, this area hosts an On-The-Go concept, which features a variety of sandwiches, wraps, salads, soup, bakery items, and bottled beverages. A variety of coffees, lattes, frappuccino’s, and espressos are available.

FOOD ALLERGIES AND SPECIAL DIETS

FOOD ALLERGIES AND SPECIAL DIETS

We are able to work with students who have food allergies or need to follow special diets. The G8 Zone (area free of the 8 major allergens and gluten) which is dedicated to the students with allergies is located in the Main Dining Room. Please contact the dietitian at 608.785.6480 to discuss your dietary needs.
UNIVERSITY IDENTIFICATION CARDS:
EAGLE ID OFFICE

EAGLE ID CARD OFFICE
608.785.8891
1131 Student Union

The Eagle ID Card serves as the official University of Wisconsin-La Crosse form of identification. For students, this card is valid during all terms they are enrolled. Upon request, ID cards must be presented to university officials. Students will receive their card when they have their photo taken.

NOTE: ID cards may not be shared with other students or non-students. Students must carry their ID card with them at all times, as they are required for university services. Visit the Eagle ID website to access your campus account for meal plans and campus cash using the Get Funds button.

The Eagle ID Card provides numerous benefits, both to the university and to the student.

WAYS TO USE THE EAGLE ID CARD
- **The Official ID** – Access to residence halls, computer labs, dining services, strength centers, the Recreational Eagle Center, (REC takes both virtual ID students can load onto their phone using an app, and regular student ID card), Textbook Services and library services. It also serves as a bus pass for transportation on the city bus system. Students must have their ID card with them to access these services.
- **Campus Cash** – Campus Cash is an internal university prepaid debit account that offers the advantage of convenience, security and accountability while minimizing the need to carry cash on campus. Campus Cash may be used at all campus dining locations, the UWL Bookstore, Textbook Services, the Badger Street Station Convenience Store, the Recreational Eagle Center, residence hall laundry machines, pay-for-print, snack vending machines and Pepsi machines on campus.
- **Get Funds** – Students are able to manage certain aspects of their ID card through the Get Funds website. Features include: balance checking on the dining plan, Maroon Dollars and Campus Cash accounts, lost card reporting, and the ability to make online deposits to the Campus Cash accounts and Block Meal accounts.
- **Wisconsin Voter ID** – Your Eagle ID may be used as an official ID document when voting in Wisconsin. Please be sure to sign the back of your card if you intend to use it for this purpose. (Note: the expiration date on your card is for voting purposes only.)

REPORT AND REPLACE A LOST EAGLE ID

There are two options to report a lost card:
- Visit the Get Funds website: [www.uwlax.edu/University-Centers/eagle-id-get.cbord.com/uwlax](http://www.uwlax.edu/University-Centers/eagle-id-get.cbord.com/uwlax)
- Visit the Meal Dining Plan/ID Card office at 1131 Student Union to report a lost card and receive a new Eagle ID Card.

Should you need to replace your original Eagle ID Card, the following charges apply:
- **Replacement due to loss/theft** - $20
- **Replacement due to damage** - $10 (you will be asked to turn in the card).
- **Replacement due to normal wear on the mag stripe** – No charge (you will be asked to turn in the card).

STUDENT UNION SERVICES
Audio/Visual Lighting Support
Campus Cash
Catering Services
Commuter Student Lounge
Computers - the COVE
COVE Graphics
Dining Opportunities
Dining Plans
Eagle ID Cards
Event Funding Assistance
Family Room
Food Pantry (the COVE)
Fraternity & Sorority Life (FSL)
Fundraiser Registration
Gender Neutral Restrooms
Information Center
Laundry Refunds
Leadership & Involvement Center
MTU Bus Passes
Nametags
Pride Center/Safe Space
Print Stations
Publicity Registration
Recreation Equipment & Lawn Games
Checkout
Student Association
Student Newspaper (Racquet Press)
Student Organization Resources
Theater
Ticket Sales
University Reservations/Event Support
UW Credit Union
Vending Machines
Vending Refunds
Veteran’s Lounge
The UWL Alumni Association is here to help you stay connected to UWL, provide opportunities for you to network and support your transition from college student to alumni.

We have resources for you as a student, including:
• Preparing you for the professional world
• Connecting you with alumni in your field of study
• Offering Legacy Scholarships to students that have alumni parents or relatives
• Assisting with events that large groups of alumni, friends and donors will attend

We’re also your one-stop-shop after you graduate, providing services such as:
• Hosting networking events to bring fellow alumni together in your area
• Keeping you updated with campus news
• Helping plan reunions with your student organization, club, athletic team, or graduating class
• Honoring distinguished alumni and connecting award recipients with current students

We know you are only a student for a short-time, but you will be an alum for a lifetime. Once you move-on from UWL, we hope you will come home and visit!

DID YOU KNOW?
The UWL Alumni Association is a dues-based organization. Membership fees and contributions help support Legacy Scholarships, networking events, distinguished alumni awards and other programming.

When you join, you support the efforts of the UWL Alumni Association and are eligible to win Random Acts of Membership (UWL gear packages chosen multiple times a year), discounted access to the REC after you’re no longer a student, special invitations, exclusive discounts on apparel in our online-stores and other great benefits.

We offer a special “New Grad Membership” price for one-year after you graduate. Check out more information about membership and benefits at www.uwlax.edu/alumni.

“We’ll hang the lantern in the old college tower over the south door. You won’t need a key, the door will be open.”

– English Professor O.O. White, 1939