

# Concussion Review RED



Date: \_\_\_\_\_ Reviewed Staff: \_\_\_\_\_ Reviewers: \_\_\_\_\_

**Situation: A student was playing trench ball when there was a ball that was thrown at the student's face and they fell to the ground immediately.**

*Victim: Lie still on the ground and pretend to be very confused when the staff member approaches. State that you think you may have been unconscious for a few seconds and that you feel nauseated.*

*Witness: A player from the game notices the injury and notifies a staff member at the office or intramural supervisor.*

**Checklist - (Facilitator/victim will verbalize bold words in parenthesis):**

*If 3 (\*) missed, staff automatically does not meet requirements*

- \_\_\_ Grab AED, first aid kit, radio and cell phone\*
- \_\_\_ Check the scene (Facilitator: **scene is safe**)
- \_\_\_ Check the victim and ask "are you okay?" (Victim: "**I am feeling fine**")
- \_\_\_ Tell him/her you are first aid certified and want to help; obtain consent
- \_\_\_ Call EMS and UP since the student was unconscious\*
- \_\_\_ Help the victim to a seated position
- \_\_\_ Ask questions to the victim: *Do you remember what happened? What is your name? Where are you? What day of the week is it?\** (Victim: **I remember everything but feel nauseated**)
- \_\_\_ Continue to have the victim sit out from the game and ask questions
- \_\_\_ Inform the student that you advise to sit out for the rest of the game since they may have symptoms of a concussion\*
- \_\_\_ Monitor the student (Victim: vomits)
- \_\_\_ *Staff should call EMS and UP\**
- \_\_\_ Fill out an accident report\* (Facilitator: **What information should be included on the report?**) Explain what SAMPLE stands for
- \_\_\_ Give the student the Concussion Fact Sheet handout\*

After EMS departs:

- \_\_\_ Inform Pro Staff about the emergency, call Mo if after hours\*

**Ask the staff being reviewed (do not need to verbalize all):**

When would you call EMS?

*Loss of consciousness, balance problems or dizziness, vomiting, symptoms worsen with time, cannot recall event prior or after the hit or fall.*

When to encourage student to seek medical attention?

*Headache/pressure in the head, confusion, nausea, double/fuzzy vision, sensitivity to light or noise, feeling sluggish/foggy, feeling irritable/not feeling right, concentration or memory problems, slow reaction time, appears dazed or stunned.*

<u>Location</u>	<u>Phone Number</u>	<u>Address</u>
REC	608-785-5225	1601 Badger St
Mitchell Hall	608-785-8696	1820 Pine St

Rec info: all staff members  
MH info: only if staff member works there

**Other**

- Check for knowledge of building address and appropriate phone number
- Does staff member have CPR mask clipped on?
- Ask staff about knowledge of Concussion Staff Reference Sheet

**Please write comments on back of sheet →**

Met Requirements     Did not meet requirements    \_\_\_\_\_ (Facilitator: **Paige will contact you**)

Signature of Facilitator: \_\_\_\_\_ Signature of Reviewee: \_\_\_\_\_