

# CPR/AED Review RED



Date: \_\_\_\_\_

Reviewed Staff: \_\_\_\_\_

Reviewers: \_\_\_\_\_

**Situation:** A person in a group fitness class when he/she starts to feel severe chest pains.

*Victim:* Clutch your chest in pain, showing signs of cardiac arrest. Once staff member reaches you, collapse to the ground lying “unconscious” face up; there should be no response from you throughout the rest of the review.

*Witness:* Run to the front counter staff member and explain your friend is having severe chest pain and need help right away

**Checklist - (Facilitator/victim will verbalize bold words in parenthesis):**

*If 3 (\*) missed, staff automatically does not meet requirements*

- \_\_\_ Grab AED, first aid kit, radio and cell phone\*
- \_\_\_ Check the scene (Facilitator: **scene is safe**)
- \_\_\_ Check the victim; tap shoulder and shout “are you okay, are you okay?” (Facilitator: **victim does not respond**)
- \_\_\_ Do a 5-10-second check for breathing and other signs of life (Facilitator: **there are no signs of life**) \*
- \_\_\_ Direct someone to call 911 and University Police\*
- \_\_\_ Radio staff for first aid kit & AED (if not already present) \*
- \_\_\_ Ensure bystanders or other staff open doors and meet EMS

If another staff member is with you have that person prepare the AED while you perform CPR:

- \_\_\_ Begin CPR based on certification \*
- \_\_\_ Continue CPR until prompted by AED\*

If another staff member is NOT available:

- \_\_\_ Turn on AED and follow instructions \*
- \_\_\_ Ensure no one and no objects are in contact with the person during AED analyzing and shocking\*
- \_\_\_ Vocalize AED commands: **Analyzing rhythm** “stand clear” **shock advised** “stand clear”\* **continue 5 cycles of CPR**
- \_\_\_ Continue until one of the following occurs: (Facilitator: **What reasons would you stop CPR?**)\*
  1. EMS or another trained responder arrives and takes over\*
  2. Person shows signs of life\*
  3. Scene becomes unsafe\*
  4. Responder is too exhausted to continue\*
  5. AED is ready to be used\*

<u>Location</u>	<u>Phone Number</u>	<u>Address</u>
REC	608-785-5225	1601 Badger St
Mitchell Hall	608-785-8696	1820 Pine St

After EMS has arrived and taken over:

- \_\_\_ Fill out an accident report on Connect2\* (Facilitator: **What information should be included on the report?**) Explain what SAMPLE stands for
- \_\_\_ Inform Pro Staff about the emergency, call Mo if after hours\*

Rec info: all staff members  
MH info: only if staff member works there

**Other**

- Check for knowledge of building address and appropriate phone number
- Does staff member have CPR pocket mask clipped on?
- Consent is implied due to unconsciousness of the victim

**Please write comments on back of sheet →**

Met Requirements  Did not meet requirements \_\_\_ (Facilitator: **Paige will contact you**)

Signature of Facilitator: \_\_\_\_\_ Signature of Reviewee: \_\_\_\_\_