

Dislocation Review GREEN



Date: _____ Reviewed Staff: _____ Reviewers: _____

Situation: A student is playing basketball on court 1 and dislocates his/her finger.

Victim: Remain standing while holding on to your finger while in pain.

Witness: Run to the information counter and explain to the staff member your friend dislocated their finger.

Checklist (Facilitator/victim will verbalize bold words in parenthesis):

If 3 () missed, staff automatically does not meet requirements*

- ___ Grab AED, first aid kit, radio and cell phone*
- ___ Check the scene (Facilitator: **scene is safe**)
- ___ Check the victim and ask “are you okay?” (Victim: **“My finger hurts a lot”**)
- ___ Ask the victim what happened? Where does it hurt? Do you hurt anywhere else? Has this ever happened to you before? Did you hear or feel anything? *
- ___ Tell him/her you are first aid certified and want to help; obtain consent
- ___ Tell the victim not to move the injured finger*
- ___ Move victim to a comfortable position (sitting/lying down) while stabilizing injury
- ___ Stay with victim and try to keep calm until he/she feels like he/she is ready to leave
 - ___ Monitor signs of life and watch for signs of shock
- ___ Fill out an accident report* (Facilitator: **What information should be included on the report?**) Explain what SAMPLE stands for
- ___ Explain transportation options and give pink transportation slip to victim*
 - ___ Make sure he/she leaves with University Police or a friend

After victim departs:

- ___ Inform Pro Staff about the emergency; call Mo if after hours

| <u>Location</u> | <u>Phone Number</u> | <u>Address</u> |
|-----------------|---------------------|----------------|
| REC | 608-785-5225 | 1601 Badger St |
| Mitchell Hall | 608-785-8696 | 1820 Pine St |

Other

- Check for knowledge of building address and appropriate phone number
- Does staff member have CPR pocket mask clipped on?
- For all dislocations other than fingers, call 911 and University Police

Rec info: all staff members
MH info: only if staff member works there

Symptoms of shock: confusion, altered level of consciousness, pale/ashen appearance, cool/moist skin, rapid breathing, excessive thirst, nausea or vomiting

Please write comments on back of sheet →

Met Requirements Did not meet requirements _____ (Facilitator: **Paige will contact you**)

Signature of Facilitator: _____ Signature of Reviewee: _____