

First Aid Review GREEN



Date: _____

Reviewed Staff: _____

Reviewers: _____

Situation: A student was lifting weights when he/she cut his/her forearm on a piece of equipment.

Victim: Sit on the ground and have your hand covering the laceration on your forearm.

Witness: Run to the information counter and explain to a staff member that your friend is bleeding.

Checklist - (Facilitator/victim will verbalize bold words in parenthesis):

If 3 (*) missed, staff automatically does not meet requirements

- ___ Grab the AED, first aid kit, radio and cell phone*
- ___ Check the scene (Facilitator: **scene is safe**)
- ___ Tell him/her you are first aid certified and want to help; obtain consent
- ___ Assist person to a seated position
- ___ Before dealing with blood, put on gloves*
- ___ Apply pressure with a clean gauze pad*
- ___ Continue applying additional gauze pads until cut stops bleeding, and white stretchy tape as needed*
- ___ Monitor for signs of shock*
- ___ Fill out an accident report* (Facilitator: **What information should be included on the report?**) Explain what SAMPLE stands for
- ___ Clean the scene with appropriate solution *
- ___ Place all saturated materials into biohazard bag and place bag in biohazard container; place all other materials (bandaids, gauze) into a garbage can

<u>Location</u>	<u>Phone Number</u>	<u>Address</u>
REC	608-785-5225	1601 Badger St
Mitchell Hall	608-785-8696	1820 Pine St

Rec info: all staff members
MH info: only if staff member works there

Other

- Check for knowledge of building address and appropriate phone number
- Does staff member have CPR pocket mask clipped on?

Symptoms of shock: confusion, altered level of consciousness, pale/ashen appearance, cool/moist skin, rapid breathing, excessive thirst, nausea or vomiting

Please write comments on back of sheet →

Met Requirements Did not meet requirements ____ (Facilitator: **Paige will contact you**)

Signature of Facilitator: _____ Signature of Reviewee: _____