

First Aid Review RED



Date: _____ Reviewed Staff: _____ Reviewers: _____

Situation: A student was playing basketball when he/she got hit above his/her eye. The student has a laceration above his/her eye.

*Victim: Approach your friend and hold your eye indicating where the laceration happened and explain the situation to the staff member. Begin to show signs of shock**

Witness: Run to the information counter and explain that your friend is bleeding badly.

Checklist - (Facilitator/victim will verbalize bold words in parenthesis):

- ___ Grab AED, first aid kit, radio and cell phone*
- ___ Check the scene (Facilitator: **scene is safe**)
- ___ Tell him/her you are first aid certified and want to help; obtain consent
- ___ Assist person to a seated position
- ___ Before dealing with blood, put on gloves*
- ___ Apply pressure with a clean gauze pad*
- ___ Continue applying additional gauze pads until cut stops bleeding, and white stretchy tape as needed*
- (Facilitator: **Victim shows signs of shock**)
- ___ Direct someone to call 911 and University Police*
- ___ Ensure bystanders or other staff open doors and meet EMS
- ___ Assist person to a lying down position
- ___ Monitor signs of life until EMS arrives*
- ___ Fill out an accident report* (Facilitator: **What information should be included on the report?**) Explain what SAMPLE stands for

If 3 () missed, staff automatically does not meet requirements*

After EMS departs:

- ___ Clean the scene with appropriate solution*
- ___ Place all saturated materials into biohazard bag and place bag in biohazard container; place all other materials (band-aids, gauze) into a garbage can*
- ___ Inform Pro Staff about the emergency, call Mo if after hours*

Other

- Check for knowledge of building address and appropriate phone number
- Does staff member have CPR pocket mask clipped on?

<u>Location</u>	<u>Phone Number</u>	<u>Address</u>
REC	608-785-5225	1601 Badger St
Mitchell Hall	608-785-8696	1820 Pine St

Rec info: all staff members
MH info: only if staff member works there

Symptoms of shock: confusion, altered level of consciousness, pale/ashen appearance, cool/moist skin, rapid breathing, excessive thirst, nausea or vomiting

Please write comments on back of sheet →

Met Requirements Did not meet requirements _____ (Facilitator: **Paige will contact you**)

Signature of Facilitator: _____ Signature of Reviewee: _____