

If you need immediate medical attention, call 911. If your situation is not initially urgent but does inexplicably worsen, go to the Student Health Center on campus (see open hours below) or to one of the local medical centers via their Urgent Care Center or Emergency Room.

If you live in a residence hall and need assistance, please contact a member of the hall staff to assist you. Residents may also contact University Police directly to provide transportation to a local medical center or to the Student Health Center.

If you are transported to the Student Health Center or hospital by a University Police Officer, transportation back to an on-campus residence may be available by calling University Police. If an officer is not available, please phone a friend or use a service listed below. Transportation to an off-campus residence should be arranged through a friend or by using one of the services listed below.

For follow-up care, please see a physician, nurse practitioner, or physical therapist at the Student Health Center. If you have follow-up appointments at one of the local medical centers, please utilize one of the transportation services listed below (if necessary).

Contact Information:

University Police	789-9000 (non-emergency)	789-9999 (emergency)
Mayo Clinic Health Systems	785-0940	700 West Avenue South
Gundersen Lutheran Medical Center	782-7300	1900 South Avenue
Student Health Center	785-8558	1300 Badger Street, Suite 1030
Open Hours:	8am-4pm Mon-Fri	

Transportation Services:

City of La Crosse MTU (bus)	789-7350 (free for UW-L students with ID)
A-1 Taxi Service	781-6655
C.T.S. Taxi	784-7700

*****Please note that first aid equipment at the Recreational Eagle Center (REC) is limited. You can check out the same equipment at the Student Health Center for longer periods of time. Please return all checked out equipment to the REC as soon as possible.**

Directions to **Mayo Clinic Health Systems**- 700 West Avenue S, La Crosse, WI 54601

1.4 mi – about 4 mins

- | | |
|---|-----------|
| 1. Turn left onto La Crosse St- About 2 mins | go 0.4 mi |
| 2. Turn left onto West Ave N- Destination will be on the right About 2 mins | go 0.9 mi |
| Mayo Clinic Health Systems | |
| 700 West Avenue S, La Crosse, WI 54601 | |

Directions to **Gundersen Lutheran**- 1836 South Avenue, La Crosse, WI 54601

2.5 mi – about 8 mins

- | | |
|---|-----------|
| 1. Turn left onto La Crosse St- About 2 mins | go 0.4 mi |
| 2. Turn left onto West Ave N- About 4 mins | go 1.4 mi |
| 3. Turn right onto Farnam St- About 2 mins | go 0.4 mi |
| 4. Turn left onto 7th St S | go 0.1 mi |
| 5. Turn left onto South Ave- Destination will be on the right | go 0.2 mi |
| Gundersen Lutheran | |
| 1836 South Avenue, La Crosse, WI 54601 - (608) 782-7300 | |

Directions to **Mayo Clinic Health Systems**- 700 West Avenue S, La Crosse, WI 54601

1.4 mi – about 4 mins

- | | |
|---|-----------|
| 1. Turn left onto La Crosse St- About 2 mins | go 0.4 mi |
| 2. Turn left onto West Ave N- Destination will be on the right About 2 mins | go 0.9 mi |
| Mayo Clinic Health Systems | |
| 700 West Avenue S, La Crosse, WI 54601 | |