

ACTIVITY RULEBOOK

Wallyball

Wallyball is a non-contact activity, however contact and injuries are a possibility. The Intramural Sports program assumes no responsibility for injuries and all participants must electronically acknowledge/consent to the online waiver in IMLeagues prior to participating. By agreeing to the online waiver, each participant agrees to rules and policies outlined in this and all other documents provided by Intramural Sports.

All information in this rule book pertains to the facilitation of Wallyball contests and its season administration. For questions or concerns, please contact intramurals@uwlax.edu.

REMINDER: all participants are encouraged to review the participant handbook and general rules overview prior to participating in each activity in which they are interested. View these documents by visiting the [“Rules” website](#).

UWL Intramural Sports welcomes all students and faculty/staff members meeting eligibility guidelines. Participants may compete in the gender league with which they identify. For any eligibility concerns, please contact intramurals@uwlax.edu.

Section 1: Starting the Contest**Start (Game) Time**

Game time is forfeit time. It is recommended teams arrive at the contest site 15 minutes prior to the scheduled start.

Facility and Contest Set Up**a. Playing Location**

Wallyball is played in the Recreational Eagle Center (REC) Racquetball Courts. It is recommended teams review their schedules prior to each contest. Intramural Sports will not contact teams to remind them of contest dates, times or locations, however participants have the option to receive automated email reminders from IMLeagues during the roster addition process.

b. Courts

Courts are set up by staff only. All playing equipment is property of the Recreational Sports Department.

c. Officiating

All contests are self-officiated by teams and participants. If any discrepancies exist during a contest, a play shall be “replayed” and/or teams shall consult the on-duty supervisor on proper enforcement. The on-duty supervisor WILL NOT make any calls related to a single contest the way an official would.

d. Captain’s Meeting

It is recommended team captains meet with one another and/or the on-duty supervisor prior to contest commencement to review rules, eligibility, legal equipment and to determine possession/team sides.

Equipment

Intramural Sports will provide a game ball. If a team wishes to use a ball during warm-ups, they must check one out from the REC Information Counter). Teams are permitted to bring their own equipment for warm-ups.

Participation

Team rosters may have an unlimited number of participants (please note in the event a team wins a championship, the number of t-shirts allocated for distribution is limited)

Teams consist of four (4) players on the court

Teams may start with as few as two (2) players

If a team is reduced to less than two (2) players at any time during the contest, a forfeit will result

Co-Rec teams are encouraged to play with an equal number of males and females

Teams may play with more males than females (and vice-versa), however the gender ratio must be as close to 1:1 as possible

All Co-Rec teams must have one (1) male and one (1) female in the contest at all times

Eligibility**a. Sport Club Athlete**

- Current club volleyball members (Men's or Women's) must play in the "A" league when offered (leagues are considered "offered" even if "A" leagues are full)
- Only one (1) club member may play on a single-gender team (Men's or Women's)
- Only one (1) male OR one (1) female club player may play on a team in Co-Rec
- The most recent available club roster will be used to filter eligibility
- Members of previous club teams (but no longer competing at the club level), are encouraged (but not required) to play in "A" leagues when offered
 - EXCEPTION – if previous club member played on a past intercollegiate team, individual MUST play in "A" league when offered
- There are no restrictions on the number of previous club players per team, as long as the previous members are no longer competing at the club or intercollegiate level
- If an intramural participant is trying out for a club team, the participant is eligible for intramural competition as long as they were not listed on the most recent club roster used by administration for eligibility checks
- Intramural Sports administration will search and filter athletic athlete eligibility. It is not guaranteed that all roster violations will be noticed. Teams, players, officials and additional staff members are allowed to protest team rosters
- When in-doubt about your roster or eligibility, please ask early. Contests (including playoffs) may be forfeited retroactively if ineligible rosters are discovered mid-season

b. Intercollegiate Athlete (NCAA, NAIA, NJCAA, etc.)

- Current members of the UWL Women's Volleyball team may not participate in any volleyball-related intramural activity during the current academic year while on the team's active roster. A player not on the official roster during the spring semester is permitted to play in an "A" league only. Roster verifications will be conducted with members of the UWL Athletics Department
- One (1) collegiate player from the previous academic year (including transfer students from other institutions) may participate on an intramural team and must play in the "A" league when offered (leagues are considered "offered" even if "A" leagues are full) permitted they are not on the roster during the current academic year
- An intercollegiate player from the previous academic year no longer on the roster (including transfer students from other institutions) and a current club player may not be on the same roster

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When in-doubt about your roster or eligibility, please ask early. Contests (including playoffs) may be forfeited retroactively if ineligible rosters are discovered mid-season

Section 2: Playing the Contest**General Game Play**

Games will be played in a best two-out-of-three-format with rally scoring. Games one and two will be played to 21 with a cap at 25. Game three (if necessary) will be played to 15 with a cap at 20

- 3rd Game: Teams will switch sides after eight points are scored by one team

Each team will be allowed one (1) timeout of 30 seconds per game

A team may only make player subs once during each game

The server must be within two (2) feet of the back wall when serving

The person in the service position may not block or spike the ball

Let serves are legal

Players may set the serve, but may not block or attack the serve

A player may not touch the net or cross the center line. Both result in a point for the opponent

Climbing or jumping off the wall is considered illegal

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General Game Play (continued)

The ceiling and back wall are in play on your side of the court only. Any ball hitting the ceiling before going over the net, or hitting the back wall before an opponent legally touches it by rule is considered out

A ball can hit either of the side walls when going over, but cannot hit two walls consecutively when going over

Co-Rec: If a ball is hit more than one time on a side, there are no restrictions on the number of times a specific gender plays a ball in an attempt to get the ball over the net (i.e. females do not have to be involved in a play)

A ball becomes dead when:

- The ball hits the floor
- The ball hits two or more walls consecutively while going over the net
- The ball hits the ceiling while going over the net
- The ball hits the back wall while going over the net

Protests

Protesting is permitted. If a team wishes to protest eligibility, rule implementation/interpretation or a perceived scoring error in-game, they shall notify a staff member right away. To file a post-game protest, email the program at intramurals@uwlax.edu or visit the [Online Protest Form](#). Teams may not protest officials' judgment calls (i.e. incomplete vs. complete pass, foul vs. no foul, violation vs. no violation, inbounds vs. out-of-bounds, etc.).

Other than the specifications listed in this rulebook, official [WIAA](#), [NFHS](#) and/or [NIRSA](#) rules will be followed.