

General Reminder: IMLeagues is a third-party system utilized by the UWL Recreational Sports Department to manage daily and seasonal operations for the Intramural Sports program. Members of UWL administration did not create or develop either the IMLeagues website or its technical functionality. Administrators did, however, create web content specific to UWL Intramural Sports. UWL Recreational Sports does not necessarily promote or condone any material seen via advertisements in IMLeagues. Participants have the option to unsubscribe to emails sent via IMLeagues by non-UWL administrators and participant information will never be sold or utilized in any solicitation manner.

When in-doubt, always contact UWL Intramural Sports regarding the use of IMLeagues and any potential troubleshooting issues.



Tutorial Topic: Join a Team

Steps

Sign In to IMLeagues Here

1. **Sign in to your IMLeagues account.** Once signed in, you'll be at your home page.
2. Click either the "Get Involved" button in the upper right corner of the screen or the "University of Wisconsin-La Crosse" link under your name in the upper left corner.
3. You are now at the central location for all-things Intramural Sports! In the middle of the screen, you'll see a program description in a **maroon banner** and a bunch of activities listed under the current semester's banner (i.e. Fall 2016). Scroll through the current semester listing to find the activity you're interested in playing.
4. Once you found your activity, find the league in which you wish to participate (i.e. Men's, Women's, Co-Rec, Open) and click the **green** "Open" button.
5. Each league contains divisions (unless noted otherwise). Find the division (i.e. date and time) you wish to participate in and click "Join Team."
6. You will be prompted to sign a participation waiver and send a message to the team captain.
7. The team captain must accept your request to join the team.
8. Once your request to join is accepted, you must pass the participant's quiz. Once you pass the quiz, your name should appear on the team roster.

Note: Captains can send requests to individuals to join teams as well. The invitation will be sent via email. Once an individual accepts a captain's invitation, the participant must sign the waiver and pass the quiz.

There is no pictorial in this form.

Useful Links

[Intramural Sports Website](#)
[Participant Handbook](#)
[Frequently-Asked Questions](#)

[REC*IT Website](#)
[REC*IT YouTube Page](#)
[Intramural Sports Forms and Videos Website](#)

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