

Please use the following document to assist you with these IMLeagues tasks:

- Sign in
- Create a team
- Invite your friends to a roster
- Join a team
- Become a free agent

Contact info

- REC info counter
- 608-785-5225
- intramurals@uwlax.edu
- Forfeit form

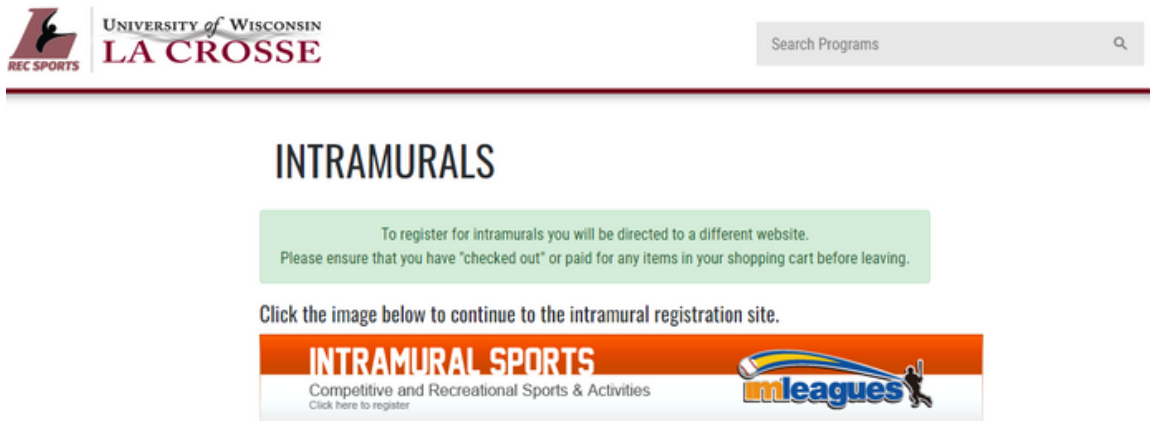
UWL Intramural Sports

IMLeagues Tutorial

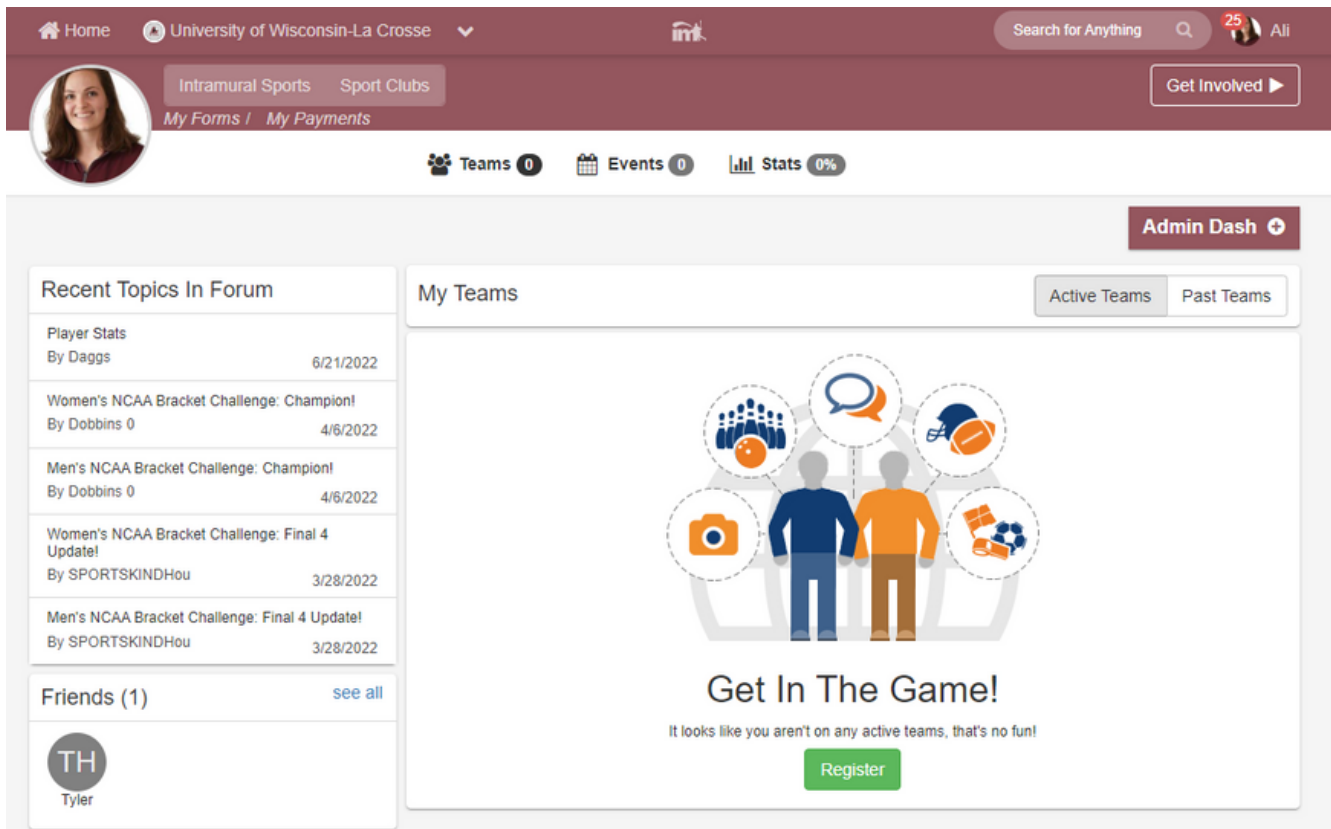
IMLeagues is a third-party system used by UWL Rec Sports to manage operations for intramural sports. Rec Sports staff upload UWL specific information to IMLeagues to help our students play their favorite intramural sports on campus. Participants have the option to unsubscribe from emails sent via IMLeagues by non-UWL staff. Participant information will never be sold or utilized in any solicitation manner. Contact intramurals@uwlax.edu for any issues with IMLeagues.

Your profile/initial login

- Go to: <https://www.uwlax.edu/recsports/>
- Scroll down and select "Manage a Team"
- This will lead you to the Rec Sports portal
- Select "Login with your UWL NetID"
- Then, enter your UWL email address and password, and use Duo two-factor authentication
- Once you've logged in, you will be brought to this page



- Select the orange "INTRAMURAL SPORTS" rectangle to go to the IMLeagues homepage
- Upon your first login, verify your name, contact information, and review terms and conditions
- Once logged in, you will see your homepage and any teams you are on, pending roster invitations, or choose to register for a team

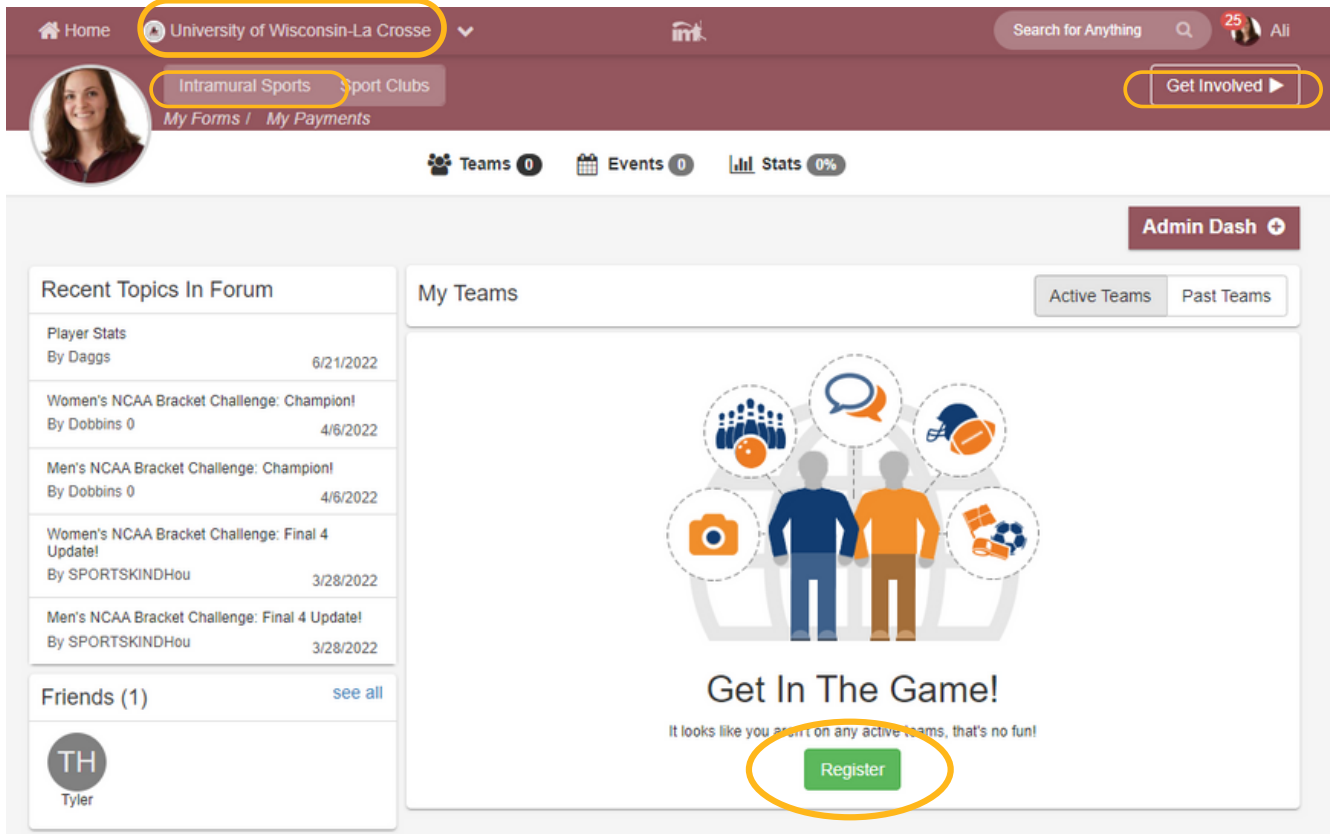


UWL Intramural Sports

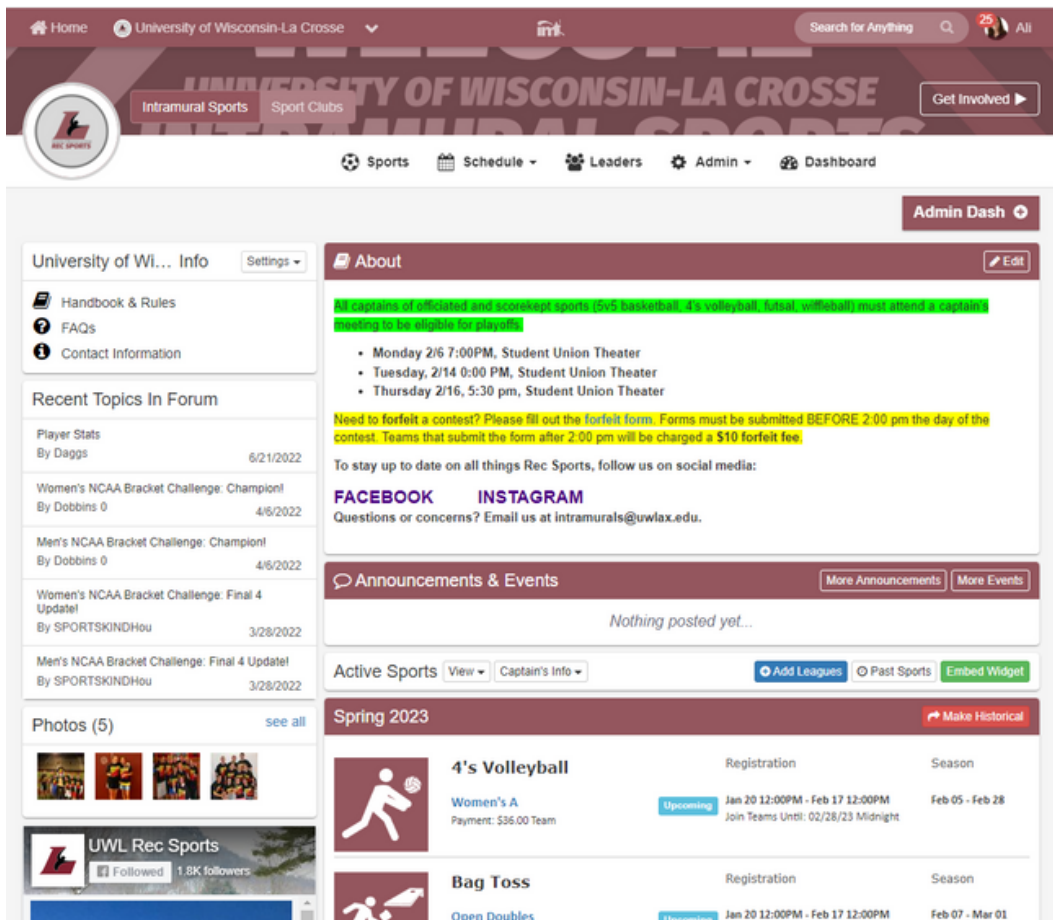
IMLeagues Tutorial

Creating a team & inviting teammates to roster

- To view current intramural league offerings and sign up for a team, select the green "Register" button, "Get Involved", "Intramural Sports", or "University of Wisconsin-La Crosse"



- Any of these buttons will take you to this homepage:



- Scroll down to the semester offered to view all available leagues, registration dates, and season dates

The screenshot shows the 'Intramural Sports' homepage for the University of Wisconsin-La Crosse. The top navigation bar includes links for Home, University of Wisconsin-La Crosse, and a search bar. Below the navigation bar, there are tabs for Sports, Schedule, Leaders, Admin, and Dashboard. The main content area is titled 'Spring 2023' and features a list of sports leagues. On the left side, there is a 'Photos (5)' section and a 'UWL Rec Sports' section with a 'Followed' button and '1.8K followers'.

Sport	Registration	Season
4's Volleyball Women's A Payment: \$36.00 Team	Upcoming Jan 20 12:00PM - Feb 17 12:00PM Join Teams Until: 02/28/23 Midnight	Feb 05 - Feb 28
Bag Toss Open Doubles Payment: \$15.00 Team	Upcoming Jan 20 12:00PM - Feb 17 12:00PM Join Teams Until: 03/01/23 Midnight	Feb 07 - Mar 01
Sitting Volleyball Open Payment: \$30.00 Team	Upcoming Jan 20 12:00PM - Feb 17 12:00PM Join Teams Until: 03/02/23 Midnight	Feb 07 - Mar 02
Wallyball Open Payment: \$30.00 Team	Upcoming Jan 20 12:00PM - Feb 17 12:00PM Join Teams Until: 03/02/23 Midnight	Feb 06 - Mar 02
Wiffleball Open Payment: \$40.00 Team	Upcoming Jan 20 12:00PM - Feb 17 12:00PM Join Teams Until: 03/02/23 Midnight	Feb 09 - Mar 02

- Select the sport you are interested in playing, we selected 4's volleyball
 - From the sport homepage, you can see all leagues offered during the current semester

The screenshot shows the '4's Volleyball' sport homepage. The top navigation bar includes links for Home, University of Wisconsin-La Crosse, and a search bar. Below the navigation bar, there are tabs for Leagues, Quiz, Admin, and Sport. The main content area is titled '4's Volleyball' and features a 'Description' section, 'Announcements & Events', and 'Active Leagues'.

Description

4's volleyball is played on REC Courts 4-6 on Sundays and Mitchell Hall Gyms 112-114 on Mondays and Tuesdays. Please pay close attention to your team schedule for contest dates, times and location. Also be sure to pay attention to email messages and notes posted in IM leagues, as they help communicate items related to your experience.

Leagues begin the week of February 5th. Playoffs will take place March 5th-9th, with championships finishing up before spring break.

In order to be eligible for playoff competition, a team representative must attend a Pre-Season Meeting.

- Monday 2/6 7:00 PM, Student Union Theater
- Tuesday, 2/14 6:00 PM, Student Union Theater
- Thursday 2/16, 5:00 PM, Student Union Theater

Rec Sports Website
Email: intramurals@uwlax.edu

Need to forfeit a contest? Please fill out the forfeit form. Forms must be submitted BEFORE 2:00 pm the day of the contest. Teams that submit the form after 2:00 pm will be charged a \$10 forfeit fee.

Announcements & Events

Nothing posted yet...

Active Leagues Captain's Info

Spring 2023

Reg Start	Reg End	Season	Last Join Date	Player Min	Player Max	Min women	Min men
01/20 12:00 PM	02/17 12:00 PM	02/05 - 02/28	02/28/23	2	Unlimited	1	1

Co-Rec A

- Select the league you are interested in signing up for, we selected women's A, where we were prompted to select our division

The screenshot shows the 'Women's A' league page for '4's Volleyball'. The header includes navigation links like Home, University of Wisconsin-La Crosse, and a search bar. The main content area is titled 'Select Division' and displays a table with two rows: 'Monday 10:00 PM' and 'Sunday 7:20 PM', both with '0 of 6' teams. Each row has a 'Choose This Division' button. On the left, the 'League Info' sidebar shows details for the 'Regular Season' (Feb 5th '23 - Feb 28th '23), 'Team Registration' (Start: Jan 20th '23 at 12:00PM, End: Feb 17th '23 at 12:00PM), and 'Join Teams' (Until: Feb 28th '23 at Midnight).

- We selected Sunday 7:20 PM, this will prompt you to take the sport-specific quiz, which all captains must pass with a score of 100% to create a team

The screenshot shows the 'Women's A' league page after selecting the 'Sunday 7:20 PM' division. The main content area is titled 'Pass below quiz to create a team' and displays the '4's Volleyball Participants Quiz (Women)'. The instructions state: 'Thank you for your interest in participating in Intramural Sports! You are about to take a rules exam. The rules exam is a required part of the registration process. Thank you for your interest in participating in Intramural Sports! You are about to take a rules exam. The rules exam is a required part of the registration process.' There are two buttons: 'Begin Quiz' and 'Admin Only: Skip Quiz'. The left sidebar shows the same 'League Info' as the previous screenshot, but with an additional 'Players' section (Min: 2Max: Unlimited).

- After the quiz is complete, read and sign the waiver
 - If you are younger than 18 years old, you will need a parent or guardian to sign a paper waiver and contact intramurals@uwlax.edu to have a team created for you

Check this box:

Type your name here:

Waiver

Printable View

The following document is a University of Wisconsin-La Crosse RELEASE OF LIABILITY. Please read the entire release and indicate your agreement by checking the box below it. (If you don't agree, don't continue).

I, the undersigned, in full recognition and appreciation of the hazards and exposures involved do hereby voluntarily agree to assume all of the risks and responsibilities involving my voluntary participation in programs sponsored by the Recreational Sports Department. Furthermore, I do hereby agree to hold harmless and indemnify the State of Wisconsin, the Board of Regents of the University of Wisconsin System, and the University of Wisconsin-La Crosse, their officers, agents and employees, from any and all liability, loss, damages, costs or expenses which are sustained, incurred or required arising out of the negligent actions or omissions of the undersigned in

☐ I am of legal age to accept this release and I have read and understand the above release and agree to all its provisions.

If you agree to the above terms please type your first and last name.

Captain/Participant Instructions

Thank you for registering to participate in intramural 4's volleyball. With your registration, you have completed the online quiz and successfully paid for the league (captains only).

To qualify for playoffs, all teams must send a captain or team representative to a mandatory pre-season meeting:

- Monday 2/6 7:00PM, Student Union Theater
- Tuesday, 2/14 6:00 PM, Student Union Theater
- Thursday 2/16, 5:30 pm, Student Union Theater

Your schedule will be posted as leagues fill.

Contact us at intramurals@uwlax.edu with any questions or concerns.


Need to forfeit a contest? Please fill out the [forfeit form](#). Forms must be submitted BEFORE 2:00 pm the day of the contest. Teams that submit the form after 2:00 pm will be charged a \$10 forfeit fee.


- Review the captain/participant instructions, enter a team name, game reminder options, and enter contact info

Type your team name here:

Team

Team Name:

Team Logo 


OR

Options

Auto-Accept Members ☐

Looking For Free Agents ☐

Send Game Reminders ☒ Day Of Game ▼

Contact Info

Phone Number

Carrier US Cellular ▼

Please fill phone number!

☐ Allow updates to be sent via text message

Create Team

Create Team For A Participant

We highly recommend allowing updates to be sent via text message! These notifications allow us to text you with schedule updates, including forfeits

Select "Create Team" to be taken to the team page

- From this page, you can add members to your roster, view the schedule (once published), see season standings, and verify scores and attendance after contests

The screenshot shows the 'team panda' website interface. At the top, there's a navigation bar with 'Home', 'University of Wisconsin-La Crosse', and a search bar. Below this is a team-specific header for 'team panda' with a logo and navigation links like 'Home', 'Schedule', 'Roster 1', 'Admin', and 'Captain'. A secondary navigation bar includes links for 'Settings', 'Score Input/Printables', 'Message Center', 'Member Management', and 'Participation Statistics'. The main content area is divided into several sections: a left sidebar with 'team panda' details (Regular Season Dates, Join Teams, Roster), a central 'About team panda' section, 'Overall Women's A Rankings' table, 'Roster: 0M/1W' with an 'Invite' button circled in orange, 'T-Shirts' promotion, and 'Announcements'. The bottom section shows 'Photos (0)' and a 'Poll'.

Adding members to your roster

- From your team page, select "Invite"

This screenshot shows the 'Invite Members' page. The top navigation bar includes 'Roster', 'Manage Roster', 'Invite Members' (highlighted), 'Add Members', and 'Move Members'. The main content area has a search bar for 'Invite members by email address or search by name' circled in orange, a 'Post To Wall' button, and an 'Invite Facebook Friends' button. Below the search bar is a text input for 'Write an invitation message (optional)' and a 'Send Invitations' button. The bottom section is titled 'Pending Invitations' and shows 'No pending invitations'.

- Type in your prospective teammate's name or UWL email address to find them in IMLeagues
 - Students need to log into IMLeagues BEFORE they will show up in this search bar
 - Make sure you are searching the person's name as it appears in WINGS
 - You may need to verify spelling and clarify if they use their legal name or a preferred name in WINGS

team panda

Team Options

Regular Season Dates

Feb 5th '23 - Feb 28th '23

Join Teams

Until: Feb 28th '23 at Midnight

Roster

Required: 2 Total: 1

Sunday 7:20 PM

TEAM	W-L-T	F/D	PTS	AVG	SR
team panda	0-0-0	0/0	0	0	0

Full Standings >

Photos (0)

see all

Poll

Edit

Roster

Manage Roster

Invite Members

Add Members

Move Members

Printable View

Invite Members

Post To Wall

Invite Facebook Friends

Hannah Grabow x

Kylie Doberstein x

My Teams

Free Agents (0)

Invite members by ema

Type in a search term

Write an invitation message (optional)

Send Invitations

Pending Invitations

No pending invitations

- After you've typed their names, select "Send Invitations"
 - Pending invitations will show below until those members accept the roster invitations

team panda

Team Options

Regular Season Dates

Feb 5th '23 - Feb 28th '23

Join Teams

Until: Feb 28th '23 at Midnight

Roster

Required: 2 Total: 1

Sunday 7:20 PM

TEAM	W-L-T	F/D	PTS	AVG	SR
team panda	0-0-0	0/0	0	0	0

Full Standings >

Photos (0)

see all

Poll

Edit

Roster

Manage Roster

Invite Members

Add Members

Move Members

Printable View

Invite Members

Post To Wall

Invite Facebook Friends

Invite members by ema

Type in a search term

Write an invitation message (optional)

Send Invitations

Pending Invitations

Hannah Grabow

Email: hgrabow@uwflox.edu

Request Date: 01/10/2023 11:38 AM

Message:

Resend

Cancel

Kylie Doberstein

Email: kdobenstein@uwflox.edu

Request Date: 01/10/2023 11:38 AM

Message:

Resend

Cancel

- To view the free agent list, select "Free Agents", the number in parentheses indicates how many are available

team panda

Team Options

Regular Season Dates

Feb 5th '23 - Feb 28th '23

Join Teams

Until: Feb 28th '23 at Midnight

Roster

Required: 2 Total: 3

Sunday 7:20 PM

TEAM	W-L-T	F/D	PTS	AVG	SR
team panda	0-0-0	0/0	0	0	0

Full Standings >

Photos (0)

see all

Poll

Edit

Roster

Manage Roster

Invite Members

Add Members

Move Members

Printable View

Invite Members

Post To Wall

Invite Facebook Friends

Invite members by email address or search by name

My Teams

Free Agents (1)

Image	Name	Gender	Signed Date
	Cynthia Swanson	Female	01/10/2023 12:05 PM

Comments:

Write an invitation message (optional)

Send Invitations

Invite

- People on the free agent list are looking to join a team and can be invited to the roster
- Select "Invite" to add them to the search bar, then "Send Invitations" to invite them to the roster

- Prospective teammates will log in to their own IMLeagues accounts to accept roster invitations
 - Upon accepting the invite, they will take the quiz, sign the waiver, and join the roster
- Once teammates join the roster, they will appear on the team page

The screenshot shows the IMLeagues interface for a team named 'team panda'. On the left, there's a sidebar with 'Team Options', 'Regular Season Dates' (Feb 5th '23 - Feb 28th '23), 'Join Teams' (Until: Feb 28th '23 at Midnight), 'Roster' (Required: 2 Total: 2), and a table for 'Sunday 7:20 PM' showing 'team panda' with a 0-0-0 record. The main area is titled 'Roster' with tabs for 'Manage Roster', 'Invite Members', 'Add Members', and 'Move Members'. It shows three players: Ali Tackett (Captain, Woman), Kylie Doberstein (Quiz) (Member, Woman), and Hannah Grabow (SSOInel) (Member, Woman). Ali and Kylie are eligible, while Hannah is not.

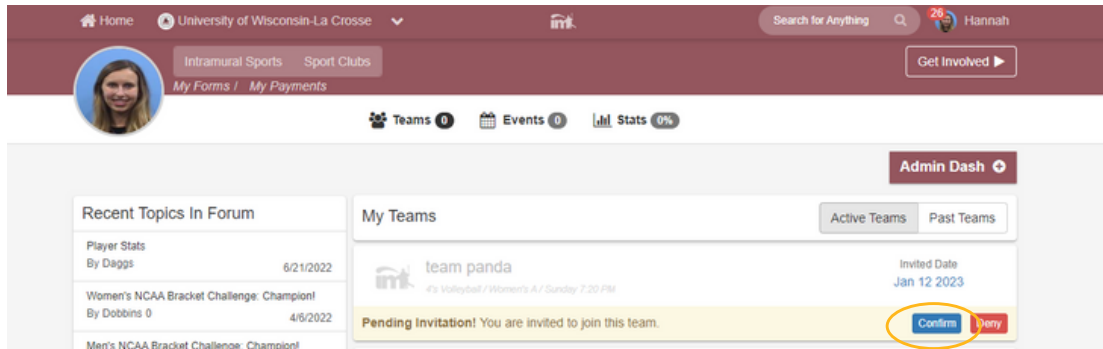
- Anyone with their name crossed off and (Quiz) next to it needs to pass the quiz before they are eligible for contests
- Anyone with their name crossed off and (SSOInel) next to it is either not paying segregated fees or does not have a current Rec Sports membership and is not eligible for contests
 - UWL students must be paying segregated fees to be eligible for intramural sports
 - If a student is not paying segregated fees, they should contact intramurals@uwlax.edu to purchase a Rec Sports membership
- All players with their names on the roster with no lines through or items in parentheses are eligible for contests
 - In this case, Ali and Kylie are ready to check in for a contest, but Hannah is not eligible

This screenshot is identical to the one above, showing the IMLeagues team page for 'team panda'. It displays the roster with Ali Tackett (Captain), Kylie Doberstein (Quiz), and Hannah Grabow (SSOInel). The interface highlights that Ali and Kylie are eligible for contests, while Hannah is not due to her status as (SSOInel).

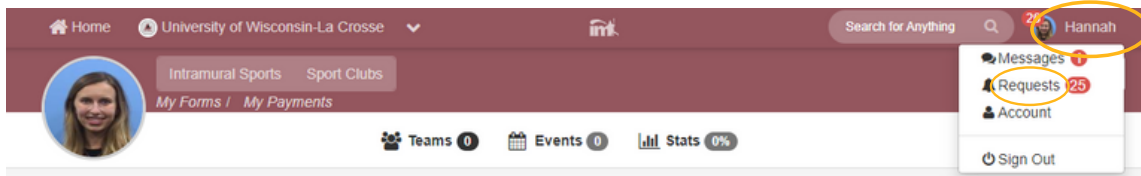
- Anyone not listed on an IMLeagues roster is not eligible for participation and CANNOT check in to a contest until they join the roster

Joining a team roster - accepting an invitation

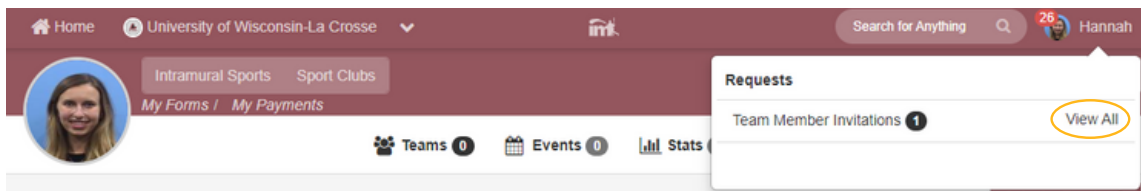
- Log in to your IMLeagues account
- From your home page, you will see any pending invitations



- Invites can also be viewed by clicking on your name in the top right corner, then selecting "Requests"



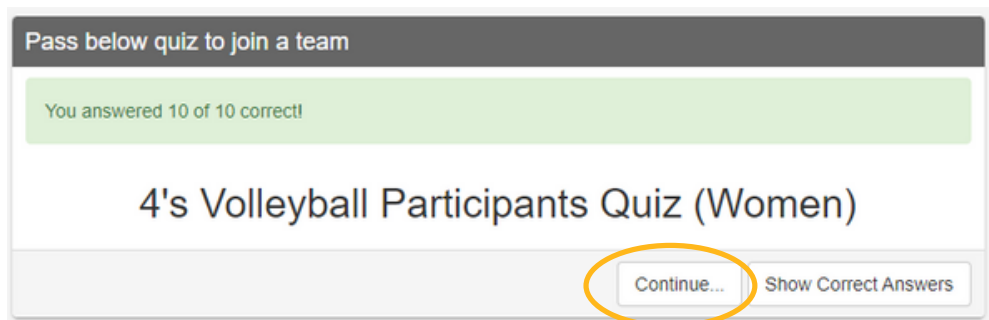
- Select "View All"



- Select "Confirm"



- Selecting "Confirm" in either method will take you to the sport specific quiz
 - All participants must pass the quiz with a score of 100%



- After the quiz is complete, select "Continue...", then read and sign the waiver
 - If you are younger than 18 years old, you will need a parent or guardian to sign a paper waiver
 - Contact intramurals@uwlax.edu to be added to the roster manually

Waiver

Printable View

The following document is a University of Wisconsin-La Crosse RELEASE OF LIABILITY. Please read the entire release and indicate your agreement by checking the box below it. (If you don't agree, don't continue).

I, the undersigned, in full recognition and appreciation of the hazards and exposures involved do hereby voluntarily agree to assume all of the risks and responsibilities involving my voluntary participation in programs sponsored by the Recreational Sports Department. Furthermore, I do hereby agree to hold harmless and indemnify the State of Wisconsin, the Board of Regents of the University of Wisconsin System, and the University of Wisconsin-La Crosse, their officers, agents and employees, from any and all liability, loss, damages, costs or expenses which are sustained, incurred or required arising out of the negligent actions or omissions of the undersigned in

☐ I am of legal age to accept this release and I have read and understand the above release and agree to all its provisions.

If you agree to the above terms please type your first and last name.

Captain/Participant Instructions

Thank you for registering to participate in intramural 4's volleyball. With your registration, you have completed the online quiz and successfully paid for the league (captains only).

To qualify for playoffs, all teams must send a captain or team representative to a mandatory pre-season meeting:

- Monday 2/6 7:00PM, Student Union Theater
- Tuesday, 2/14 0:00 6:00 Student Union Theater
- Thursday 2/16, 5:30 pm, Student Union Theater

Your schedule will be posted as leagues fill.

Contact us at intramurals@uwlax.edu with any questions or concerns.

Need to forfeit a contest? Please fill out the [forfeit form](#). Forms must be submitted BEFORE 2:00 pm the day of the contest. Teams that submit the form after 2:00 pm will be charged a \$10 forfeit fee.

Team

Phone Number

201-555-555

Carrier

US Cellular

Please fill phone number!

☐ Allow updates to be sent via text message

Accept Invitation

Reject Invitation

Check this box:

Type your name here:

Review participant instructions:

We highly recommend allowing updates to be sent via text message! These notifications allow us to text you with schedule updates, including forfeits

- Select "Accept Invitation" to join the roster and be taken to the team page
 - If you do not do this, you will not be added to the roster
 - IMLeagues does not save quiz attempts and you will need to take the quiz again to join the roster

Joining a team roster - requesting to join

- Log in to your IMLeagues account
- To view current intramural league offerings and sign up for a team, select the green "Register" button, "Get Involved", "Intramural Sports", or "University of Wisconsin-La Crosse"

Home University of Wisconsin-La Crosse Search for Anything 26 Hannah

Intramural Sports Sport Clubs My Forms My Payments Get Involved

Teams 0 Events 0 Stats 0%

Admin Dash

Recent Topics In Forum

Player Stats	By Daggs	6/21/2022
Women's NCAA Bracket Challenge: Champion!	By Dobbins 0	4/6/2022
Men's NCAA Bracket Challenge: Champion!	By Dobbins 0	4/6/2022
Women's NCAA Bracket Challenge: Final 4 Update!	By SPORTSKINDHou	3/28/2022
Men's NCAA Bracket Challenge: Final 4 Update!	By SPORTSKINDHou	3/28/2022

Friends (1) see all

TH Tyler

My Teams Active Teams Past Teams

Get In The Game!

It looks like you aren't on any active teams, that's no fun!

Register

- Any of these buttons will take you to this home page:

UNIVERSITY OF WISCONSIN-LA CROSSE INTRAMURAL SPORTS

Get Involved

Sports Schedule Leaders Admin Dashboard

Admin Dash

University of WI... Info Settings

- Handbook & Rules
- FAQs
- Contact Information

Recent Topics In Forum

Player Stats	By Daggs	6/21/2022
Women's NCAA Bracket Challenge: Champion!	By Dobbins 0	4/6/2022
Men's NCAA Bracket Challenge: Champion!	By Dobbins 0	4/6/2022
Women's NCAA Bracket Challenge: Final 4 Update!	By SPORTSKINDHou	3/28/2022
Men's NCAA Bracket Challenge: Final 4 Update!	By SPORTSKINDHou	3/28/2022

Photos (5) see all

UWL Rec Sports 1.8K followers

About Edit

All members of affiliated and student sports (U-S basketball, 4's volleyball, football, softball) must attend a captain meeting to be eligible for play.

- Monday 2/6 7:00PM, Student Union Theater
- Tuesday, 2/14 6:00 PM, Student Union Theater
- Thursday 2/16, 5:30 pm, Student Union Theater

Need to forfeit a contest? Please fill out the forfeit form. Forms must be submitted BEFORE 2:00 pm the day of the contest. Teams that submit the form after 2:00 pm will be charged a \$10 forfeit fee.

To stay up to date on all things Rec Sports, follow us on social media:

FACEBOOK INSTAGRAM

Questions or concerns? Email us at intramurals@uwlax.edu.

Announcements & Events More Announcements More Events

Nothing posted yet...

Active Sports View Captain's Info Add Leagues Past Sports Embed Widget

Spring 2023 Make Historical

4's Volleyball	Registration	Season
Women's A	Upcoming Jan 20 12:00PM - Feb 17 12:00PM	Feb 05 - Feb 28
Payment: \$36.00 Team	Join Teams Until: 02/28/23 Midnight	
Bag Toss	Registration	Season
Open Doubles	Upcoming Jan 20 12:00PM - Feb 17 12:00PM	Feb 07 - Mar 01

- Scroll down to the semester offered to view all available leagues, registration dates, and season dates

The screenshot shows the 'Intramural Sports' homepage for the University of Wisconsin-La Crosse. The top navigation bar includes links for Home, University of Wisconsin-La Crosse, Search, and user profile (Hannah). Below the navigation bar, there are tabs for Sports, Schedule, Leaders, Admin, and Dashboard. The main content area is titled 'Spring 2023' and lists several sports. The '4's Volleyball' link is circled in orange. Other sports listed include Bag Toss, Sitting Volleyball, Wallyball, and Wiffleball. Each sport entry includes a registration period, a season period, and a 'Join Teams Until' date.

- Select the sport you are interested in playing, we selected 4's volleyball
 - From the sport homepage, you can scroll to see all leagues offered during the current semester

The screenshot shows the '4's Volleyball' sport homepage. The top navigation bar includes links for Home, University of Wisconsin-La Crosse, Search, and user profile (Hannah). Below the navigation bar, there are tabs for Leagues, Quiz, Admin, and Sport. The main content area is titled '4's Volleyball' and includes a description of the sport, registration dates, and a list of active leagues. The 'Women's A' league is circled in orange. The page also includes a 'Description' section with rules and a 'Need to forfeit a contest?' section.

- Select the league you are interested in playing in, we selected "women's A"
 - From here, scroll to see the division your team is playing in, in this case, "Sunday 7:20 PM"
 - We want to join our friend's team called "team panda", so we will select "Join Team"

The screenshot shows the 'Women's A' 4's Volleyball league page. At the top, there's a navigation bar with 'Home', 'University of Wisconsin-La Crosse', and a search bar. Below the navigation bar, there's a section for 'Sunday 7:20 PM 1 of 6 Teams (Unlocked)'. A table lists teams, with 'team panda' (Ali Tackett) highlighted. The 'Join Team' button for 'team panda' is circled in orange.

- Selecting "Join Team" will take you to the sport specific quiz
 - All participants must pass the quiz with a score of 100%

The screenshot shows the '4's Volleyball Participants Quiz (Women)' page. It indicates that the user answered 10 of 10 questions correctly. At the bottom, there are two buttons: 'Continue...' and 'Show Correct Answers'. The 'Continue...' button is circled in orange.

- After the quiz is complete, select "Continue...", then read and sign the waiver
 - If you are younger than 18 years old, you will need a parent or guardian to sign a paper waiver
 - Contact intramurals@uwlax.edu to be added to the roster manually

The screenshot shows the 'Waiver' and 'Captain/Participant Instructions' sections. The 'Waiver' section includes a 'Printable View' button and a text area for the user to agree to the terms. Below the text area, there is a checkbox for 'I am of legal age to accept this release and I have read and understand the above release and agree to all its provisions.' and a text input field for 'If you agree to the above terms please type your first and last name.' The 'Captain/Participant Instructions' section includes a 'Thank you for registering to participate in intramural 4's volleyball' message and a list of dates and times for the pre-season meeting.

Check this box:

Type your name here:

Review participant instructions:

We highly recommend allowing updates to be sent via text message! These notifications allow us to text you with schedule updates, including forfeits

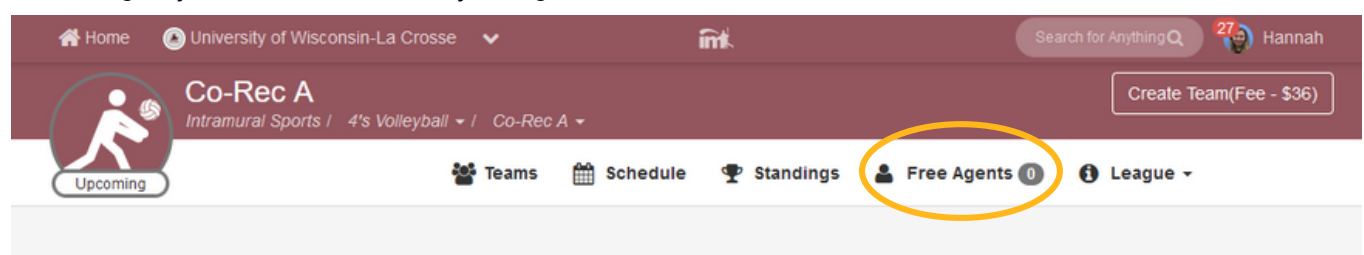
The image shows a 'Team' registration form. It has fields for 'Phone Number' (with '201-555-555' entered) and 'Carrier' (with 'US Cellular' selected). Below these is a checkbox labeled 'Allow updates to be sent via text message'. At the bottom, there are two buttons: 'Send Request' (highlighted with a yellow circle) and 'Reject Invitation'.

- Select "Send Request" to let the captain know you want to join the team
 - If you do not do this, your request will not be sent
 - IMLeagues does not save quiz attempts and you will need to take the quiz again to join the roster
- Captains will need to log in to their IMLeagues account and accept your roster invitation from the team page

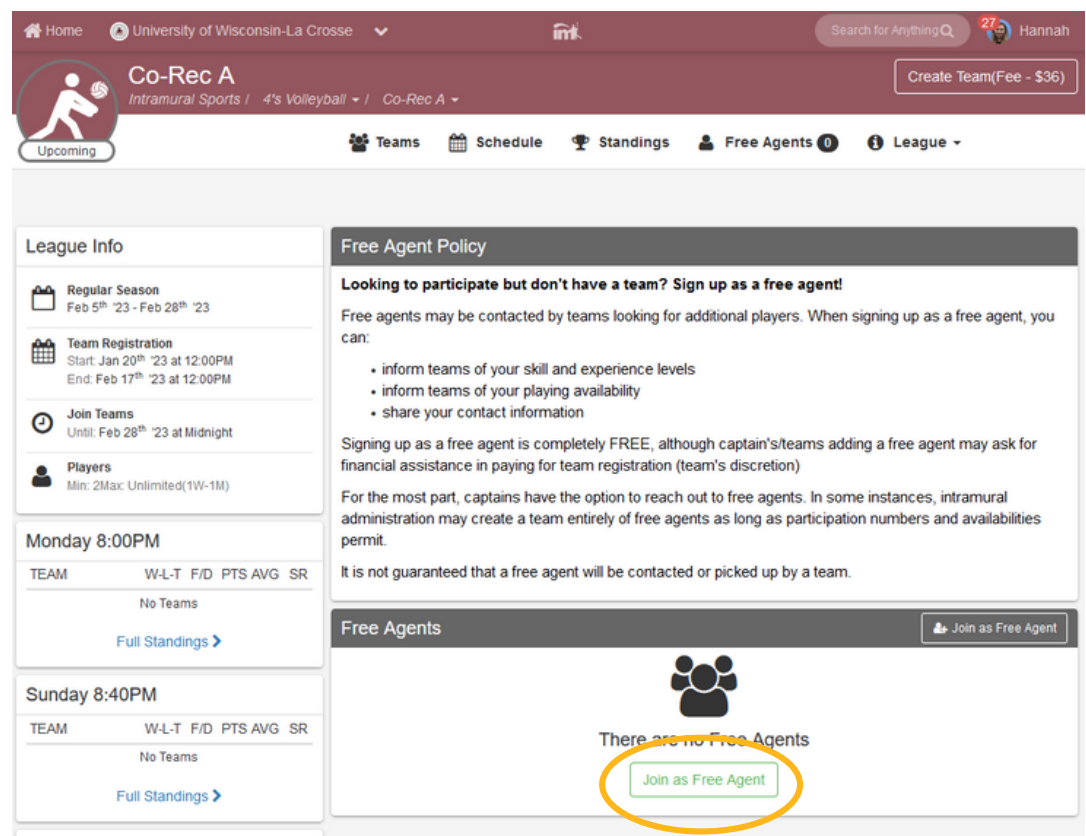
UWL Intramural Sports IMLeagues Tutorial

Becoming a free agent

- Log in to your IMLeagues account
- Go to the league you are interested in joining



- Select "Free Agents"



- Select "Join as Free Agent"

Waiver

Printable View

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I, the undersigned, in full recognition and appreciation of the hazards and exposures involved do hereby voluntarily agree to assume all of the risks and responsibilities involving my voluntary participation in programs sponsored by the Recreational Sports Department. Furthermore, I do hereby agree to hold harmless and indemnify the State of Wisconsin, the Board of Regents of the University of Wisconsin System, and the University of Wisconsin-La Crosse, their officers, agents and employees, from any and all liability, loss, damages, costs or expenses which are sustained, incurred or required arising out of the negligent actions or omissions of the undersigned in

☐ By checking this box I indicate I have read, understand, acknowledge and accept the above Waiver/Agreement.

Options

Willing to play in

☒ Co-Rec A

Additional Info About Yourself

Contact Info

Phone Number

201-555-555

Carrier

☐ Allow updates to be sent via text message

Post Listing Cancel

Check this box:

Select leagues you want to play:

Add info about your skills:

Add your phone number:

- Select "Post Listing"

Home

University of Wisconsin-La Crosse

Search for Anything

Hannah

Co-Rec A

4's Volleyball

Until: Feb 28th '23 at Midnight

Players

Min: 2Max: Unlimited(1W-1M)

Monday 8:00PM

TEAM W-L-T F/D PTS AVG SR

No Teams

Full Standings

Sunday 8:40PM

TEAM W-L-T F/D PTS AVG SR

No Teams

Full Standings

Teams

Schedule

Standings

Free Agents

League

Signing up as a free agent is completely FREE, although captain's/teams adding a free agent may ask for financial assistance in paying for team registration (team's discretion)

For the most part, captains have the option to reach out to free agents. In some instances, intramural administration may create a team entirely of free agents as long as participation numbers and availabilities permit.

It is not guaranteed that a free agent will be contacted or picked up by a team.

Free Agents

Hannah Grabow

Edit Listing

Invite To Team

Availability: All Divisions

Additional Info: I am really good!

- Your listing is now visible on the free agents page
- Select "Edit Listing" to make changes

Manage Free Agent Listing

Willing to play in:

☒ 4's Volleyball
 ☒ Co-Rec A
 ☐ Co-Rec B
 ☐ Co-Rec C
 ☐ Open
 ☒ Women's A
 ☐ Women's B

Additional Info About Yourself

I am really good!

Save

Delete Free Agent Listing

Cancel