

Group Fitness Finals Schedule

No membership required.

Mon.
5/9

12:00pm..... Cycle

12:15pm..... Yoga & Meditation

3:45pm..... Kickbox & Barre

4:30pm..... Cycle



Tues.
5/10

12:00pm..... Cycle

12:15pm..... Yoga & Meditation

5:00pm..... HIIT

5:30pm..... Cycle

