

**University of Wisconsin-La Crosse
Recreational Sports Department**

TITLE: Strength Center Supervisor

Job Description:

Strength Center (SC) Supervisors are responsible for the safety and security of the Strength Center and all those who use it. SC Supervisors are responsible for monitoring lifters, enforcing SC rules, cleaning equipment and maintaining a safe environment as well as opening and closing procedures.

Specific Duties:

1. Serve as a resource by providing accurate and current information regarding recreation and university-related programs and facilities.
2. Communicate and consistently enforce university, departmental, and SC policies and procedures with all users and co-workers; employ strong decision-making and conflict resolution skills with customer(s) when policies and/or procedures are violated.
3. Coordinate emergency and evacuation procedures of the SC that include care for injured, initiation of emergency action plan, notification of appropriate university authorities, and completion of paperwork.
4. Report all injuries, damage, equipment needs, and user issues to administrative staff through incident and injury reports as necessary.
5. Anticipate potential risks of injury and take measures to remove them.
6. Effectively and properly motivate individuals while maintaining a customer service oriented atmosphere.
7. Supervise and instruct proper lifting techniques and assist in spotting heavy lifts when necessary.
8. Administer platform testing and participate in SC programs including Fitness Tuesday challenges and Wellness Wednesdays.
9. Clean and maintain facility and all equipment within.
10. Perform opening and closing procedures of the SC.
11. Additional opportunities include personal training and teaching prowler and Eagle Fit classes.
12. Maintain current certifications in first aid, CPR, and AED.
13. Work scheduled shift or complete employee schedule change process if unable to work.
14. Maintain a positive, cooperative, and customer service oriented attitude that enhances a fun work environment; wear staff apparel, nametag, and maintain clean, professional atmosphere.
15. Support and promote all decisions, programs, and activities offered by the Recreational Sports Department.
16. Serve as a positive representative while participating in university and departmental activities.
17. Participate as desired in departmental and programmatic committees.
18. Participate in self, peer, supervisory and participant evaluation process and attend weekly staff meetings.
19. Complete other duties as assigned.

Time Commitment and Pay:

Expect to work a minimum of 6 hours per week, with the option to pick up additional hours. Hours range from 6:00am – 11:00pm Monday–Thursday, 6:00am-7:00pm on Friday, 10:00am-7:00pm on Saturday and Noon-10:00pm on Sunday. Schedules are flexible to meet class schedule. Starting pay: \$7.50/hour.

Requirements:

Completion of ESS 205 and ESS 206 or BIO 312 and BIO 313 or the equivalent Anatomy and Physiology courses by end of spring semester. Must have the ability to deadlift 100 lbs. Ideal candidates should possess strong communication skills, be team-oriented and have experience and/or a willingness to safely promote use of the weight room and other opportunities offered by the Strength Center.

Learning Laboratory:

The Recreational Sports Department is a learning laboratory where students have the opportunity to compliment academic pursuits with quality hands-on work experience and on-the-job training.

Additional Information:

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