

CPR/AED Review



Date: _____ Reviewed Staff: _____ ERT Facilitator: _____
Other ERT Members: _____

Situation: A person starts to feel severe chest pains. A friend goes to get help. When they arrive back on the scene, the person (manikin) has collapsed and is lying motionless on the ground.

Witness (ERT member): Run to the staff member and explain your friend is having severe chest pain and needs help right away.

Checklist - (Facilitator will verbalize bold words in parenthesis):

(Check)

- ___ Grab AED, first aid kit, radio.
- ___ Check the scene (***The scene is safe***)
- ___ Check the victim; tap shoulder and shout "are you okay, are you okay?" and do a 5-10-second check for breathing and other signs of life (***Victim does not respond. There are no signs of life.***)*

(Call)

- ___ Radio staff to bring people and items to scene using correct radio language:
"Attention, Attention, Attention. There is a Medical Emergency in (location) with (event). Building Manager, (CSR if the BM is the responder) please call 911, University Police, and bring a first aid kit and AED.

(Care)

- ___ Begin CPR: Cycles of 30 chest compressions at least 2" deep and 2 breaths 1 second long until AED arrives (***The AED has Arrived***) continue CPR while secondary responder applies pads
- ___ Ensure no one and no objects are in contact with the person during AED analyzing and shocking*
- ___ Vocalize AED commands: (***Analyzing rhythm***) "clear the patient" (***Shock advised***) "stand clear"
(***Shock delivered, continue 2 cycles of CPR***)*

Questions

- ___ What are the six steps of the Rec Sports Incident Response Plan?
CHECK, CALL, CARE, DOCUMENT, CHAIN OF COMMAND, CLEANUP & NEXT STEPS

BM, CSR, CSS, AND STUDENT COORDINATOR ONLY:

- ___ If you were not the hands-on responder to this emergency, but were instead leading and facilitating support, what might you be responsible for?
Calling 911 and University Police Directing Staff to meet EMS, Open Doors, Remove Bystanders
- ___ Check for knowledge of building addresses (for buildings in which staff member being reviewed works)
REC: 1600 Farwell St Mitchell Hall: 1820 Pine St Student Fieldhouse: 2019 Pine St
- ___ Where do you find the address and phone number you are calling EMS from?
Pink sheet next to phones; BM phone numbers are on stickers on the BM phones

(Document, Chain of Command, Clean up and Next Steps)

- ___ What do you do after EMS has arrived and taken over?*
- Fill out an Injury/ Illness Report on Connect2
- Inform the Chain of Command ASAP (Jeff and/or Neil)
- Ensure Scene is Cleaned Properly

Write any comments on back of sheet

If 3 () missed, staff automatically does not meet requirements*

☐ Met requirements ☐ Did not meet requirements (Facilitator: **Kylie will contact you**)

Signature of Facilitator: _____ Signature of Reviewee: _____

9/22/2025