

2017 - 2018 Annual Report

University of Wisconsin – La Crosse

Intercollegiate Athletics

August 2018



In Sport

The following charts represent various measures of how the Athletics program is Building Champions in the "In Sport" category of our mission statement.

Learfield Sports Directors' Cup Final Standings

323 institutions earned points out of 450 total DIII institutions.

	School	Points
1.	Williams	1126.50
2.	MIT	1001.50
3.	Claremont-Mudd-Scripps	939.50
4.	Emory	936.05
5.	Middlebury	905.00
6.	Washington – St. Louis	883.50
7.	Johns Hopkins	883.25
8.	Tufts	787.50
9.	Amherst	773.50
10.	Ithaca	760.50
19.	UW – La Crosse	594.25
20.	UW – Whitewater	591.25
23.	UW – Eau Claire	522.50
37.	UW – Oshkosh	443.25
47.	UW – Stevens Point	363.75
73.	UW – Stout	277.50
84.	UW – Platteville	240.75

WIAC All-Sports Standings

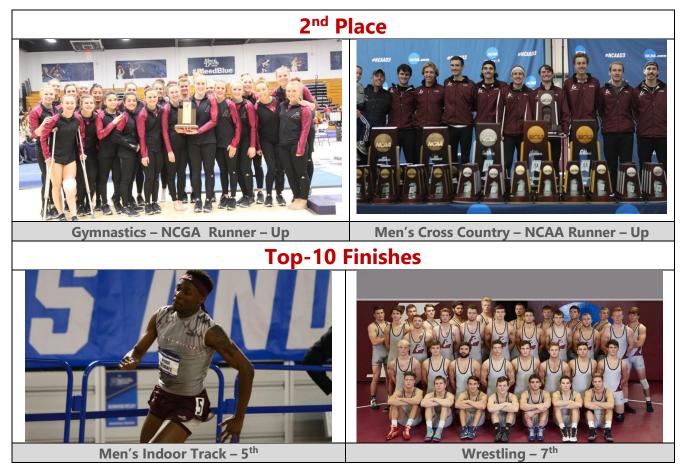
Women's Sports	Men's Sports	Overall Standings
1. La Crosse	1. La Crosse	1. La Crosse
2. Whitewater	2. Whitewater	2. Whitewater
3. Eau Claire	3. Platteville	3. Eau Claire
4. Oshkosh	4. Stevens Point	4. Oshkosh
5. Stout	5. Oshkosh	5. Stevens Point
6. Stevens Point	6. Eau Claire	6. Stout
7. River Falls	7. Stout	7. Platteville
8. Platteville	8. River Falls	8. River Falls

Team Finishes – WIAC & NCAA

Sport	Overall Record	WIAC Finish	NCAA Finish
Baseball	24-15	4 th	-
Men's Basketball	13-13	6 th	-
Women's Basketball	16-10	T2nd	-
Men's Cross Country	-	1 st	2nd
Women's Cross Country	-	2nd	17th
Football	8-2	3 rd	-
Gymnastics		1 st	2 nd (NCGA)
Soccer	20-2-3	1st	Quarterfinals
Softball	18-18	7 th	-
Men's Swimming	3-2	3 rd	43rd
Women's Swimming	4-1	1 st	29th
Men's Tennis	14-6	n/a	-
Women's Tennis	18-4	2 nd	-
Men's Indoor Track	-	1 st	5th
Men's Outdoor Track	-	1 st	T27th
Women's Indoor Track	-	1 st	26th
Women's Outdoor Track	-	1 st	T59th
Volleyball	22.7	1 st	Regionals-2 nd Round
Wrestling	10-4	1 st	7th



Top Team Finishes



Individual Student-Athlete Accolades

Conference Accolades – by Sport

Sport	All-Conference Honors
Baseball	2 First Team; 4 Second Team
Men's Basketball	1 First Team; 2 Honorable Mention
Women's Basketball	1 First Team; 2 Honorable Mention; Player of the Year
Men's Cross Country	2 First Team; 4 Second Team; 1 Honorable Mention
Women's Cross Country	2 First Team; 4 Honorable Mention
Football	3 First Team; 6 Second team; 5 Honorable Mention
Gymnastics	11 All-WIAC
Soccer	7 First Team; Offensive, Defensive Play of the Year
Softball	3 First Team; 1 Honorable Mention
Men's Swimming	2 First Team; 15 Second-Team; Swimmer of the Meet
Women's Swimming	10 First Team; 17 Second Team; Diver of the Meet
Men's Tennis	NA
Women's Tennis	3 First Team; 7 Second Team; Player of the Year

Men's Indoor Track	3 First Team; 6 Second Team; 12 Honorable Mention
Men's Outdoor Track	8 First Team; 7 Second Team; 3 Honorable Mention; Track Performer of the Meet
Women's Indoor Track	4 First Team; 7 Second Team; 8 Honorable Mention; Field Co- Performer of the Meet
Women's Outdoor Track	5 First Team; 5 Second Team; 5 Honorable Mention
Volleyball	3 First Team; Offensive Player of the Year
Wrestling	4 First Team; 6 Second Team; Wrestler of the Meet

National Accolades – by Sport

Sport	Honor
Baseball	2 All-Region
Men's Basketball	n/a
Women's Basketball	1 All-Region
Men's Cross Country	2 All-America; 6 All-Region
Women's Cross Country	1 All-America; 5 All-Region
Football	3 All-American; 1 All-Region; Finalist for NCAA III Player of the Year
Gymnastics	6 All-America; NCGA Senior Athlete of the Year; Nominee for NCAA III Woman of the Year
Soccer	2 All-America; 4 All-Region
Softball	1 All-Region
Men's Swimming	8 All-America
Women's Swimming	2 All-America
Men's Tennis	n/a
Women's Tennis	n/a
Men's Indoor Track	6 All-America; 7 All-Region
Men's Outdoor Track	5 All-American; 16 All-Region
Women's Indoor Track	3 All-America; 12 All-Region
Women's Outdoor Track	4 All-America; 15 All-Region
Volleyball	n/a
Wrestling	3 All-America



Coaching Staff Accolades

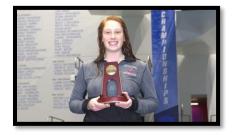
Sport	Coach	Honor
Men's Track	Josh Buchholtz	WIAC Coach of the Year - Indoor
		WIAC Coach of the Year – Outdoor
Women's Track	Nick Davis	WIAC Coach of the Year – Indoor
		WIAC Coach of the Year – Outdoor
Volleyball	Amber Dunn	WIAC Coach of the Year
Women's Tennis	Bill Hehli	WIAC Coach of the Year
Wrestling	Dave Malecek	NCAA III Upper Midwest Region
		Co-Coach of the Year
	Wrestling Staff	WIAC Staff of the Year
Soccer	Soccer Staff	WIAC Staff of the Year
		United Soccer Coaches North
		Region Staff of the Year
Men's Cross Country	Derek Stanley	WIAC Coach of the Year

In School

UWL student-athletes have earned a combined GPA of 3.204. This is the 18th year (in the last 19 years) that UWL has posted the highest GPA in the conference. It is also the 16th year (out of 17 years) that student-athletes have out-performed the general student body (Undergraduate Student Body = 3.199).

WIAC GPA's

School	GPA
UW – La Crosse	3.204
UW – Stout	3.204
UW – Eau Claire	3.185
UW – Whitewater	3.083
UW – Oshkosh	3.072
UW – River Falls	3.048
UW – Stevens Point	3.040
UW – Platteville	3.039



Team GPA Chart

	2017-2018		
Sport	No. of SAs	Fall Cum GPA	Spring Cum GPA
Baseball	32	2.972	3.024
Basketball - Men's	20	2.869	2.873
Basketball - Women's	17	3.216	3.202
Cross Country - Men's	23	3.415	3.407
Cross Country - Women's	25	3.457	3.368
Football	103	2.915	2.951
Gymnastics	22	3.589	3.608
Soccer	25	3.344	3.408
Softball	22	3.256	3.262
Swimming & Diving - Men's	23	2.756	2.856
Swimming & Diving - Women's	37	3.386	3.374
Tennis - Men's	15	3.328	3.375
Tennis - Women's	10	3.172	3.194
Track & Field - Men's	58	2.968	3.221
Track & Field - Women's	71	3.314	3.403
Volleyball	15	3.427	3.441
Wrestling	31	2.966	3.013
TOTALS	586		





Individual Student-Athlete Academic Accolades

WIAC Scholar-Athletes

Sport	Student-Athlete
Softball	Brittany Baldwin
Women's Cross Country	Kaitlyn McDaniel
Gymnastics	Amy Enright
Volleyball	Stephanie Henk
Women's Tennis	Bridget Bellissimo
Wrestling	Sean O'Neil

National Honors

Casart		
Sport Wrestling	Student-Athlete Konrad Ernst	Overall Standings
Wrestling	Mitch Hertel	NCAA III Scholar Athlete
Wrestling		NCAA III Scholar Athlete
5	Tristan Jenny Reid Johnson	
Wrestling		NCAA III Scholar Athlete
Wrestling	Sean O'Neil	NCAA III Scholar Athlete
		USTFCCA All-Academic
		Google Cloud NCAA III Academic
		All-America At-Large First Team
		Google Cloud NCAA III Academic
		All-District Six At-Large Team
Gymnastics	Gabby Aguilar	WCGA Scholastic All-America
Gymnastics	Jessica Ahrens	WCGA Scholastic All-America
Gymnastics	Dani Barmore	WCGA Scholastic All-America
Gymnastics	Ellie Beckman	WCGA Scholastic All-America
Gymnastics	Jenna Danninger	WCGA Scholastic All-America
Gymnastics	Amy Enright	WCGA Scholastic All-America
		Google Cloud NCAA III Academic
		All-America At-Large First Team
		Google Cloud NCAA III Academic
		All District Six At-Large Team
		WCGA Scholastic All-America
Gymnastics	Brittany Gutzkow	WCGA Scholastic All-America
Gymnastics	Molly Lyngas	WCGA Scholastic All-America
Gymnastics	Monique Muehlethaler	NCGA Scholar All-America Team
	1	WCGA Scholastic All-America
Gymnastics	Faith Sersland	WCGA Scholastic All-America
Gymnastics	Leah Spankowski	WCGA Scholastic All-America
Gymnastics	Samantha Wiekamp	NCGA Scholastic All-America

		WCGA Scholastic All-America
Gymnastics	Emiko Wilks	WCGA Scholastic All-America
Gymnastics	Lauren Wilson	NCGA Scholastic All-America
		WCGA Scholastic All-America
Men's Indoor Track	Thomas Schultz	Google Cloud NCAA III Academic All-District Cross Country/Track & Field Team Google Cloud NCAA III Academic All-America Cross Country/Track & Field First Team
Softball	Brittany Baldwin	Google Cloud NCAA Division III Academic All-District Six First Team
Men's Outdoor Track	Thomas Schultz	Google Cloud NCAA III Academic All-America Cross County/Track & Field First Team

In Life

The UW – La Crosse Athletics Program has a mission statement: "**Building Champions. In Sport. In School. In Life.**" The "In Life." component has focused extensively on community service. In all circumstances, aside from the impact on the group with which we are partnering, an additional intended benefit was the educational affect that these programs had on the student – athletes. Ideally, we want to provide our student-athletes with service opportunities that expose them to new and different environments, populations, or cultures. Exposing them to populations that they may not have the opportunity to have meaningful interactions with is something we do not take lightly in terms of our responsibility in the overall development of the student – athletes. The program makes a concerted effort to instill an obligation of service in our student – athletes. The projects described below are important aspects in keeping with our mission.



Veteran's Day Breakfast

	Date	11-11-17
	# of Constituents	200 veterans and guests
	# of Student-Athletes	100
* * * * * *	Duration	3 hours
	Activity Description	The Veterans Day Breakfast event was organized in collaboration with the Freedom Honor Flight group. The student – athletes were the labor force behind the set-up and tear-down of the event, the service of the food, and greeting the veterans as they entered the building.

https://uwlathletics.com/news/2017/10/30/general-seventh-annual-veterans-day-breakfast-

scheduled.aspx?path=general

Kid's Night Out

	Date	4-28-18
	# of Constituents	99 children 1 st – 5 th grade
	# of Student-Athletes	200
	Duration	3 hours
	Activity Description	Student – athletes were responsible for marketing the event as well as the day-of event management. Children who attended were welcome to participate in any activity in the fieldhouse. Student- athletes interacted one-on- one with the children, as well as organized group games. There was a room for arts and crafts as well. A nominal fee of \$5/child was charged.

Polar Plunge

	Date	3-3-18
	# of Constituents	n/a
	# of Student-Athletes	16
	Duration	1 hour
Polar Plusto	Activity Description	Each team was to raise funds on a team-by-team basis, as well as provide a plunger. The students raised approximately \$1,400 to benefit the Special Olympics.

http://www.uwlathletics.com/news/2017/3/15/general-uwl-intercollegiate-athletics-participates-in-polarplunge.aspx?path=general

EagleTopper Program

	Date	Weekly Sept. 11 – Dec. 14
	# of Constituents	Varies
	# of Student-Athletes	10 - 15 each week
I TANKI	Duration	2 hours each week
	Activity Description	Students with special needs come to Mitchell Hall 3 times a week to practice job skills. Our student-athletes work alongside the students to help them with their tasks and their development. The objective for the Onalaska students is to increase the potential of earning future employment by having practiced certain skills.

Eagles 101

Date	3 dates – Fall 2017
# of Constituents	n/a
# of Student-Athletes	200 student-athletes/week
Duration	1.25 hours/week
Activity Description	This program is head one time a week. Topics include sports psychology, nutrition and performance, time management and study skills, and healthy relationships, among others. Freshmen student- athletes have an opportunity to connect with other freshmen student-athletes and gain valuable knowledge regarding their academic, athletic, and personal success at UW-L.

Team Specific Activities

Many teams participate in additional activities above and beyond the departmental initiatives. Below is a

sampling of other events.

Baseball	YMCA Miracle Field
Men's Basketball	YMCA Hoops for All, La Crosse Neighbors Day
Women's Basketball	Rotary Lights
Cross Country	Outdoor Recreation Alliance Hixon Forest trail work, Myrick Eco-Park
	Enchanted Forest
Football	Dragon Boat Festival, Gundersen Lutheran Annual Rob Wagner Dance Benefit
Gymnastics	Think Pink, Girl Scout workshops
Soccer	Think Pink
Tennis	Red Cross
Men's Track	Freedom Honor Flight fundraising
Volleyball	Salvation Army bell-ringers, La Crosse Habitat for Humanity
Wrestling	Team Impact child match, Reading to 1 st grade at Northern Hills

Event Hosting

	WELCOME WELCOME UTBOOR TRACK 8 FIELD UTBOOR TRACK 8 FIELD UTBOOR TRACK 8 FIELD
Drews/Neubauer CC Meet	NCAA Division III Track & Field Championships
	WOMENT'S SOCCEP IAC Champianship www.wiacsports.com
Veteran's Day Events and Flyover	WIAC Soccer & Volleyball Championships
MARINE COMPANY	
The ESSLY Awards	

Diversity & Inclusion



The following members of the athletic staff participated in a diversity training by Dr. Janet Helms

- Baseball Chris Schwarz
- Men's Basketball Ken Koelbl
- Cross Country Derek Stanley
- Football Mike Schmidt
- Gymnastics Kasey Crawford
- Soccer Jason Murphy
- Softball Chris Helixon
- Tennis Bill Hehli
- Men's Track Josh Buchholtz
- Women's Track Katie Wagner
- Volleyball Lily Hallock
- Administration Kim Blum, Erin Thacker, Dave Johnson, Joel Luedke

In addition, all Head Coaches and administrative team members reviewed the Inclusive Negligence video this fall. After all viewed the video, the staff all discussed reactions to it. Conversation revolved around how coaches are gauging the experiences of the student-athletes of color both within and outside of the team. We also discussed recruiting efforts and challenges. Athletics continues to have conversations about how our unit can help diversify the campus. We also continue to keep the Inclusive Negligence discussions on the forefront of our staff meetings whenever possible.

