The Student Health Center’s mission is to provide exemplary student-centered health care. We strive to support the ideals of higher education and to promote academic retention and success.

**Health Care Services**

The Student Health Center provided medical appointments for 4553 UW-L and 332 Western students, resulting in 13,366 encounters with MDs, NPs, MAs and RNs. Patient ages range from 17 to 61 years old. Sixty five percent of patients were female. Thirty five percent were male and 0.2% other. UW-L seniors had the most visit to the health center.
Health Center Budget/Physical Therapy Budget

The SHC budget for fiscal year 2015-2016 was $2,265,382 with a target enrollment of 9,686 fall FTE and 8,911 spring FTE. The segregated fee rate was $195.89, is projected to $198.92 for 2017. The health center should meet its budget without either a shortfall or excessive income for this year. The Western contract has been renegotiated and the health center will see an increase in revenue from this contract hundred and $110,000 for the upcoming 2017 budget. This increase will be used to increase mental health
access for students. To have funding for the 50% MA position the health center will begin charging for labs, injections and procedures. These were covered by the segregated fee in the past. The expectation is to generate an additional $20,000.

2015-2016 ANNUAL REPORT: SHC PHYSICAL THERAPY DEPARTMENT

A total of 771 patients were seen in PT between June 2, 2015 and June 2, 2016. Of this total, 94.5% were from UWL. There were 4671 PT appointments; 2113 of these appointments were with our PT staff and 2558 were treatment sessions provided by our PTAs & PTs combined (patients often receive multiple treatments within the same treatment session). Lower leg/ankle/foot injuries/problems and spine (neck and/or back) pain continue to be the most common problems addressed in PT.

We have continued to provide internship opportunities for Physical Therapy, Physical Therapist Assistant, and Fitness students. We had 4 PT and 10 fitness interns complete clinical rotations in the SHC over the past year. We also continued to provide job shadowing opportunities for numerous UWL fitness majors and pre-PT students. Chris Durall continued to make improvements to our patient education website and added more downloadable patient educational handouts to the PT Unit web-pages on the UWL website. Ten new exercise videos were produced and uploaded to our patient education website. He also managed the SHC website, providing timely updates and modifications to improve the user experience. Many treatment protocols have been updated to incorporate advances in literature-based evidence. We plan to keep working on refining treatment protocols, introducing new evidence as it becomes available. We also intend to add more videos of specific rehabilitation exercises to our website.

Jim Szymanski, PT, ATC started full time in early January. Thus far he has been an excellent fit within our department. Jim completed training in therapeutic dry needling and consequently he and Chris are now both providing therapeutic dry needling treatments. The fall semester was particularly challenging from a staffing perspective, since Chris had to evaluate all of the patients on his own. This necessitated double and triple booking appointments.

We anticipate future challenges in continuing to provide affordable supplies for our student-patients. Maintaining out therapeutic pool has been an ongoing challenge and we anticipate that this will continue. Referring patients to other healthcare centers for consultation has been an ongoing challenge and we anticipate that it will remain so in the coming year.

Health Center Personnel

Provider’s activities:
The physicians and nurse practitioner provide primary care services for all patients. Providers continued to act as preceptors for Gundersen Lutheran medical residents Dr. Swanson is in charge of orienting and evaluating the medical residents. Faith Wagner is the preceptor for UW-L Athletic Training Students rotation through the health center. Dr. Van Atta is the SHC’s lab supervisor. Her replacement is still being formulated. The
health center’s first choice is to have Yer Lee our medical technologist become the lab director. She has the qualifications and experience to do this. Our second choice would be for another physician in the health center to get the continuing education requirements to become a lab director. Our lab cannot function without a lab director. Faith Wagner serves on the division’s professional development committee, Providers also served on health center committees, divisional search and screen committees and quality assurance. Dr Allen participates in the BIT Team, Campus close-up and freshman registration. Don Hill also participated in campus close-up. Dr. Allen continues to performed musculoskeletal, vaginal and abdominal ultrasounds. Dr. Allen underwent additional training in breast and vaginal ultrasound training in May 2016.

Psychiatric service:
Dr. Trannel provided psychiatric services until January of this year. He then went to take a position at the VA in Tomah. The health center was able to find and higher in mental health nurse practitioner Kristine Brink. The health center in consultation with the counseling center are proposing to hire Kristin Brink on a 60% academic year contract and a 10% summer contract. Dr. Trannel did not take the position with the VA. The health center is interesting and has offered to keep him on in a consultant role on a contract basis throughout the upcoming 2016-2017 academic year. We hope to have these issues resolved within the next one to two weeks.

Nursing and MA Activities
Paula Krenzke has been a nurse at the health center for 25 years, is retiring this August. A search for a replacement has begun. The new nurse will have a different role than Paul is position. Phone call coverage and triage will be a major parts of this new position. Some of the nursing role will be taken over by an additional hire of a medical assistant. Freeing this nurse position to timely answer phone calls and help with urgent care during its peak times. The nurses will continue to run nurse clinic for allergy shots and travel consultation. The nursing and MA staff uses standing orders for the treatment of Strep throat, conjunctivitis and UTI. These protocols have been reviewed and updated this year.

This year the health center held one flu clinic at UW-L November 12. WTC flu clinic was held on November 5.
Total immunizations, 1250
Fluzone shots, 1230
FluMist, 20
WTC flu shot clinic 36
UW-L flu shot clinic 589
Health Center 625

Student Health Center RNs served as mentors and preceptors for Viterbo University senior nursing students. Each semester, one student utilizes the Health Center for 6-8 weeks as their community health rotation site.
The RN staff, along with providers, follow-up on abnormal PAP smears. Health center MA staff manned the reception table at all freshman registrations. They also participated in Western new student orientation and Western Sexpo. MA staff acted as preceptors for MA students from WTC and Globe University.

Laboratory Services
The health center laboratory services are headed by Yer Lee in the lab and Dr. Van Atta as the lab supervisor. Vick Beckman joined the health center lab this spring semester to bring the lab back to full strength. We started running Lipid Panels and Comprehensive Metabolic Panels in house last February, these test have been very successful with the number of test done per month steadily increasing. The lab is facing two challenges one is to have a lab director after Dr Van Atta retires and two preparing for a CLIA inspection this September.

Radiology/Room Rental and
An agreement was reached with the Health Science Consortium for room rental. The Student Health Center will make two payments a year of $680 to HSC for the insurance physicals done by outside providers. This will still generate $3455 in revenue for the

Nutrition Services
Lisa Kobs and Peg Maher offered nutritional counseling for students in the areas of eating disorders, general health, athletic performance and weight and cholesterol control. Dr, Maher serves on the eating disorder committee.

Research
The health center began study for MediVector and HHS (Flu Treatment). The health center enrolled 4 patients in this study. Ongoing studies are Ironwood for IBS with constipation and Synergy IBS with constipation. The health center has been contacted to participate in another influenza treatment trial this winter.

Student Health Center Web Site
The web site was maintained and updated throughout the year by Chris Durall. The web base prescription refill request continues to be highly used by students. In the 2016 school year 532 students used the online service. (http://www.uwlax.edu/studenthealth/index1.asp)

Health Center Committees
Health center committees implemented a walk in STI service beginning in March, 2015 students have taken advantage of the testing. The monthly numbers continue to climb. The positive rate remains at 30% for Chlamydia. No other STI have been found. The
health center committees gathered feedback and started to formulate models to help refine this Urgent Care next year.

Facilities and Equipment
The student Health Center has adequate space in the health science center. PT, radiology and SHC laboratory have fully functioning equipment. The health center is replacing computer equipment on a three-year rotation and will continue this practice. The health center maintains and operates an ultrasound machine, nitric oxide testing, and spirometry testing equipment.

Training/Activities
The licensed staff attended professional development throughout the year to improve their clinical practice. The health center had two joint meetings with the counseling and testing center. September 2016 all health Center staff underwent training on privacy rules for patient care, and signed a statement they had received and understood their training.

Education
The SHC is a training sight for internal medicine residents from Gundersen Lutheran, RN students from Viterbo University, PT interns from several different universities, WTC MA and Lab Tech. students and UW-L Athletic Training students.

Personnel
The health center will add a 50% MA position to off load the RN freeing this position to handle phone triage. Vick Beckman joined the health center lab this spring semester to bring the lab back to full strength. With the retirement of Dr Van Atta and Paula Krenzke searches will begin this summer. With beginning dates in September. A successful search ended in Jim Szymanski joining the PT staff in January.

Summary
The student health center had another year of triumphs the walk-in STI clinic has been very successful. The health center had a successful campaign to increase the number of flu vaccine given. Hosting the SUFAC committee. There are hundreds of individual success stories that we are unable to share. Funding continues to be a challenge for the health center. The increase in fees will hinder our lower income students from getting the services they need. The health center will need to interact with student government to continue the current pre-paid health care model. With health insurance deductibles continuing to rise now $2000 for the average family plan. The pre-paid health care model will best serve all students. The health center’s staff is dedicated to providing the best possible medical care for UW L and Western students. While most of the staff are off for summer. I know the staff will come back excited and willing to continue serving and finding ways to better serve our students.
Student Health Center Annual Report 2016

Report submitted by

Brian Allen D.O.
Director of Student Health

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APENDIX A  Additional Statistics

<table>
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<tr>
<th>Student Visits By College</th>
<th># VISITS</th>
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<tr>
<td>UW-L Colleges</td>
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<tr>
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<td>SAC</td>
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<td>Western Technical College</td>
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Number of Visits per Month 2015-2016