

**INTERNSHIP SITE:** Student Health Center Physical Therapy Department, UW-L  
**ADDRESS:** 1300 Badger Street, La Crosse, WI 54601  
**PHONE:**  
**FAX:** (608) 785-8746  
**SUPERVISOR:** Julie Puent-Nelson, PTA  
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**VOLUNTEER PERIOD:** FALL or SPRING SEMESTERS (Volunteer spots are *not* available over summers or J-terms)

**PAY:** None

**BENEFITS:** None

**REQUIRED MAJOR(S):** Exercise Science w/ Fitness Concentration

**OTHER REQUIREMENTS:** Immunizations up to date

**SPECIAL APPLICATION INSTRUCTIONS:** This volunteer experience is typically offered on a first-come basis. *All paperwork must be completed & signed to reserve a volunteer slot.*

**POSITION DESCRIPTION:**

**GENERAL DUTIES & EXPECTATIONS OF VOLUNTEERS:** During the volunteer experience, students will observe our Physical Therapist Assistant (PTA) during exercise-based physical therapy treatment programs and functional testing. Volunteers are also expected to assist the PT Department staff with routine operational tasks including, but not limited to: rooming patients; cleaning and stocking treatment rooms, cleaning gym equipment; preparing, retrieving, and/or returning hot packs/cold packs/cryo-cuffs for treatments. Volunteers may be asked to complete an exercise-related clinical project (e.g., bulletin board) . ESS students may use their required class project to meet this requirement.

This volunteer experience is most appropriate for students who plan on entering a professional Physical Therapy program. Students who complete this rotation should gain a greater insight into physical therapy as a whole, improve their appreciation of exercise as a treatment modality, and have a greater understanding of the role of professionals in an outpatient physical therapy setting.

**EVALUATION OF PERFORMANCE:**

Volunteers will be expected to demonstrate competence in the following skills during their time at the Student Health Center Physical Therapy Department:

- 1) Professional Behavior (ethical behavior; emotional control; professional dress & demeanor)
- 2) Communication Skills (verbal, non-verbal, written)
- 3) Assisting with daily operational tasks

Mid-term & final evaluations will be completed using assessment criteria created by the UWL Exercise Science (Fitness Concentration) faculty.