DON’T LET MUMPS SPOIL YOUR FUN

MMR VACCINATION IS THE BEST PROTECTION AGAINST MUMPS!

KEEP FROM SPREADING MUMPS

- Don’t share drinks or eating utensils
- Cover your coughs and sneezes
- Stay home when you are sick
- Wash your hands often with soap and water
- Clean and disinfect surfaces

SIGNS AND SYMPTOMS OF MUMPS

- Fever
- Headache
- Loss of appetite
- Muscle aches
- Tiredness

Mumps is best known for the puffy cheeks and swollen jaw that it causes.

THERE IS NO TREATMENT FOR MUMPS

If you have symptoms, stay home and away from others and contact Student Health Services or your doctor.

ASK YOUR STUDENT HEALTH SERVICES ABOUT WHERE YOU CAN GET VACCINATED.