

## WHILE YOU ARE AWAITING PCR COVID TEST RESULTS COMMUNITY MEMBERS & UWL EMPLOYEES

### COMMUNITY MEMBERS

- Isolate away from others in your home while you are awaiting test results.
- Weber will now only call patients that are positive via PCR testing.
- Please wait for an email containing direction to view your results in your patient portal.
- To separate from others in your home:
  - Stay in your own bedroom as much as possible.
  - Minimize time in shared areas.
  - If using shared areas, wear a mask.
  - Disinfect surfaces after each use (countertops, door/sink handles, etc.).
  - Do your own dishes and do not share food with others in your home.
  - Keep at least 6ft of distance between yourself and others in your home.

### UWL EMPLOYEES

- Isolate away from others in your home while you are awaiting test results.
- To separate from others in your home:
  - Stay in your own bedroom as much as possible.
  - Minimize time in shared areas.
  - If using shared areas, wear a mask.
  - Disinfect surfaces after each use (countertops, door/sink handles, etc.).
  - Do your own dishes and do not share food with others in your home.
  - Keep at least 6ft of distance between yourself and others in your home.
- Please wait for an email containing direction to view your results in your patient portal.
- Weber will now only call patients that are positive via PCR testing.
- If you have a positive test, please email [selfreport@uwlax.edu](mailto:selfreport@uwlax.edu) to report your result to the UWL COVID Disease Investigation Team. Include the following information in your email:
  - First Name
  - Last Name
  - Return phone number
  - UWL employee or student

### ISOLATION

- Do not have contact with others and stay home
- Do not go to class, work, sports, or other public activities
- Get rest and drink plenty of fluids. Over the counter medications such as ibuprofen or acetaminophen can be helpful. If you are concerned about your symptoms, contact your doctor. Call 911 if you are experiencing a medical emergency.