

Spring 2018 Block Menu

New Student Union

Erbert and Gerbert's

- Classic Sandwich with chips and a fountain drink or 1/2 pint milk
- Specialty Sandwich with fountain drink or 1/2 pint milk
- Signature or Hot Bistro Sandwich
- Classic sandwich with gluten-free bread and a fountain drink or 1/2 pint milk
- Bowl of chili or soup with a fountain drink or 1/2 pint milk
- Couple Up Special (half sandwich and cup of soup or chili)

Grilled It!

- The following Sandwich, fries, and a fountain drink or 1/2 pint milk
With Chicken Tenders (3 piece) – grilled, hand battered, or spicy
With Spicy Chicken
- Grilled Cheese Sandwich, full basket of fries, and a fountain drink or 1/2 pint milk
- Grilled or Hand breaded Chicken Tender Melt, side of Fries or fruit, and a fountain drink or 1/2 pint milk
- LTOs as indicated by signage will be available for blocks (ex. Tender's salad)

Sono

- 2 tacos (soft or hard shell), side of chips and salsa, or rice, and a fountain drink or 1/2 pint milk
- A burrito and a fountain drink or 1/2 pint milk
- A taco salad and a fountain drink or 1/2 pint milk
- Nachos and a fountain drink or 1/2 pint milk
- Quesadilla and a fountain drink or 1/2 pint milk
- LTOs as indicated by signage will be available for blocks

Earth Table Salad Bar

- Salad platter, (dine in), bread or roll, and 20oz bottled of water or 1/2 pint milk
- Large salad (to go box) with no beverage
- Salad box (small to go), 8oz soup and a beverage (20oz bottled water or 1/2 pint milk)
- 12oz soup (to go), roll or bread, and a beverage (20oz bottled water or 1/2 pint milk)

Kitchen Classics

- 1 Block Option: Choose 1 of the following entrees (sandwich, casserole, Vegan option, Meat Loaf, Salisbury Steak, etc), 1 side, and fountain drink
- 2 Block Option: Premium Meat of the day, 2 sides, a dinner roll, and a fountain drink

La Crosse Cafe

- Plantiful Plate with one protein, fountain drink or 1/2 pint milk
- Homemade Pasta Plate, breadstick or garlic toast, fountain drink or 1/2 pint milk

Hissho Sushi

(Available in the On The Go area near the Salad Bar)

- Blazing California Roll
- California Roll (not brown rice)
- Philadelphia Roll
- Sushicado
- Tokyo Fantasy (not brown rice)
- Veg Roll (not brown rice)

On-the-Go (Near the Salad Bar)

- Premium Sandwich or Wrap and 1 of the following options: a 20oz bottle of water or soda, a small bag of chips, or a piece of fruit

The Cellar

- A hamburger, cheeseburger or veggie burger, a side of fries or a piece of fruit, and a fountain drink or 1/2 pint milk
- 8" cheese or 1 topping pizza and a fountain drink or 1/2 pint milk
- A basket of Cellar Fries and a fountain drink or 1/2 pint milk
- After 2PM - A pasta bowl and a fountain drink or 1/2 pint milk
- After 2PM - Boneless chicken wings (1/2 lb), 1/2 order fries, and a fountain drink or 1/2 pint milk
- LTOs as indicated by signage will be available for blocks
- 3 Block Special - 16", one topping pizza and 3 fountain drinks or (3) 1/2 pints milk

Einstein Bros Bagels

- A bagel with schmear and a small coffee/tea or 1/2 pint milk
- Your choice of a select Classic Egg Sandwich with a small coffee/tea or 1/2 pint milk
- Cheese Pizza Bagel with a small coffee/tea or 1/2 pint milk

Spring 2018 Block Menu

Whitney, Starbucks, Murphy's Mug

Whitney Center

Main Dining Room - All swipes in Whitney Main Dining Room are equal to one block meal

Chars

Student Choice— Entrée, Side item, and a fountain drink or 1/2 pint milk

The Grill – The following sandwiches, fries, and a fountain drink or 1/2 pint milk

- With hamburger
- With cheeseburger
- With Veggie Burger
- With Chicken Tenders (3 piece)
- With Two Hot Dogs
- With Chicken Breast
- With Turkey Burger

The Egg Shoppe

- Omelet, breakfast potatoes, fresh fruit, fountain drink or 1/2 pint milk
- Pancakes, breakfast meat, breakfast potatoes, fresh fruit, fountain drink or 1/2 pint milk

Badger Street Station - Whitney Center

Mondo Subs

- 6" sandwich or wrap, Chicken Caesar Wrap, or specialty flatbread, a bag of chips or fruit, and a fountain drink or 1/2 pint milk
- 6" sandwich Ready To Go, small bag of chips, and a fountain drink or 1/2 pint milk

On The Go - Hot Entrée of the Day (Monday - Friday) and a fountain drink or 1/2 pint milk

On The Go - Cold Breakfast

- Cereal Cup and milk, a piece of fruit, and a beverage from the On the Go cooler
- Bagel, Cream Cheese, and a beverage from the On The Go cooler
- Yogurt Parfait and a beverage from the On The Go cooler

On The Go - Cold Lunch/Dinner

On the Go Sandwich or salad, small bag of chips or a piece of fruit, and a beverage from the On The Go cooler

Hissho Sushi

- Blazing California Roll
- California Roll (not brown rice)
- Philadelphia Roll
- Sushicado
- Tokyo Fantasy (not brown rice)
- Veg Roll (not brown rice)

Starbucks - Centennial Hall

- Medium coffee or latte and a pastry
- On The Go sandwich or wrap, chips or a piece of fruit, and a small coffee/tea or 1/2 pint milk
- Pre-made salad and a small coffee/tea or 1/2 pint milk
- 12oz soup and a small coffee/tea or 1/2 pint milk

Murphy's Mug - Murphy Library

- Medium coffee or latte and a pastry
- On The Go sandwich or wrap, chips or a piece of fresh fruit, and a small coffee/tea or 1/2 pint milk
- Pre-made salad and a small coffee/tea or 1/2 pint milk
- Oatmeal, a piece of fruit, and a small coffee/tea or 1/2 pint milk
- 12oz soup and a small coffee/tea or 1/2 pint milk

Where Else Can You Use Block Meals?

Every Dining Services location on-campus has block meal options. They vary in options at locations to allow the greatest variety for the most choices and appetite.

Get on board with a Block Plan!

A great way to save on meals when you are on-campus is to become the holder of a block meal plan. Visit the Meal Card office on the First Floor of the U conveniently located by the Information Desk.

Learn more online at dineoncampus.com/lacrosse or visiting UWLAX.edu and search "meal plans" ... the site will link you to the Meal Card Office information.