The goal of the block meal options is to give variety across location and menu items so those who just want coffee/pastry and others who want a full meal are accommodated to the best of menu’s ability. If you have a suggestion for a new block meal option, please visit dineoncampus.com/lacrosse under “more” and select “feedback” to send that idea to us.

Thanks, Dining Services

NEW STUDENT UNION

Mondo Subs
- Breakfast – Breakfast wrap or sandwich, a piece of fruit, and a coffee, a 22 oz fountain drink or ½ pint milk
  - With 4 Cheese and Egg Wrap or Veggie Me Wrap
  - With Ham, Egg, and Cheese Wich
  - With tofu scramble
- Breakfast – Fresh baked Cinnamon Roll or Muffin, a piece of fruit and a beverage (a coffee, a 22 oz fountain drink or ½ pint milk)
- Lunch - 6” sandwich or wrap, Chicken Caesar Wrap, or specialty flatbread, bagged chip or fruit, and a 22 oz fountain drink or ½ pint milk

Grilled It!
- The following Sandwich, fries, and a 22 oz fountain drink or ½ pint milk
  - With hamburger
  - With cheeseburger
  - With Chicken Tenders (3 piece) – grilled or hand battered
  - With Spicy Chicken
  - With Turkey Burger
- Grilled Cheese Sandwich, full basket of fries, and a 22 oz fountain drink or ½ pint milk
- Grilled or Hand breaded Chicken Tender Melt, side of Fries or fruit, and a 22 oz fountain drink or ½ pint milk
- LTOs as indicated by signage will be available for blocks (ex. Tender’s salad)

Sono
- 2 tacos (soft or hard shell), side of chips and salsa, and a 22 oz fountain drink or ½ pint milk
- A burrito and a 22 oz fountain drink or ½ pint milk
- A taco salad and a 22 oz fountain drink or ½ pint milk
- A nacho or nacho supreme, and 22 oz.
- Quesadilla of the week with 22 oz beverage or ½ pint milk
- LTOs as indicated by signage will be available for blocks

Earth Table Salad Bar
- Salad platter, (dine in), bread or roll, and 20oz bottled of water or ½ pint milk
- Large salad (to go box) with no beverage
- Salad box (small to go), 8oz soup and a beverage (20oz bottled water or 1/2pint milk)
- 12oz soup (to go), roll or bread, and a beverage (20oz bottled water or 1/2pint milk)

Kitchen Classics
- 1 entrée, 1 starch or grain, 1 vegetable, dinner roll or bread, and a 22 oz fountain drink or ½ pint milk
La Crosse Cafe
- Plantiful Plate with one protein, 22 oz fountain drink or ½ pint milk
- Coming Soon – Homemade Pasta Plate, breadstick or garlic toast, 22 oz fountain drink and ½ pint milk

Hissho Sushi (Available in the On The Go area near the Earth Table Salad Bar)
- Blazing California Roll
- California Roll (not brown rice)
- Philadelphia Roll
- Sushicado
- Tokyo Fantasy (not brown rice)
- Veg Roll (not brown rice)

On-the-Go (Near the Earth Table Salad Bar)
- An On The Go sandwich/wrap, chips OR a piece of fruit, and select one beverage (20oz bottle of water or 20oz Pepsi soda or ½ pint milk)
- Pre-made salad and select one beverage (20oz bottle of water or 20oz Pepsi soda or ½ pint milk)
- Create Hummus bowl, a bag of Pita chips, and select one beverage (20oz bottle of water or 20oz Pepsi soda or ½ pint milk)

LOWER LEVEL PIZZA & GRILL

The following Sandwiches, side order fries or fruit, and a 22 oz fountain drink or ½ pint milk
- With hamburger
- With cheeseburger
- With veggie burger

8" Create cheese pizza, 22 oz fountain drink or ½ pint milk

8" Create cheese + 1 topping pizza, 22 oz fountain drink or ½ pint milk

Popcorn Chicken Basket (1/2#), ½ order fries, and a 22 oz fountain drink or ½ pint milk

Classic Cellar Fries and a 22oz fountain drink or ½ pint milk

Signature Pasta Bread Bowl, 22 oz fountain drink or ½ pint milk

LTOs as indicated by signage will be available for blocks (ex Calzones and Cellar Wings)

EINSTEIN BRO. BAGELS
- Any signature sandwich, hot or cold, priced $4.99 or less with a small coffee/tea or ½ pint milk -
- A bagel with schmear and a small coffee/tea or ½ pint milk
- Cheese pizza bagel with a small coffee/tea or ½ pint of milk

NEW MULTIPLE BLOCK OPTIONS – New Student Union

Please place an order at least one business day in advance to ensure we have all items in. Please speak to a Manager or cashier to place an order. These choices are only available with block meals.

5 BLOCKS - Bagel Breakfast - 6 Bagels, 1 Schmear, 6 apples, 6 half pints milk and 6 bottles water
6 BLOCKS - Super Sandwich – Mondos (3ft long sub with 1#chips and 6 cookies)
WHITNEY CENTER

Main Dining - All swipes in Whitney Center Main dining locations equate to one block.

Chars

White Box - Entree, side item, and a fountain drink or ½ pint milk
- Menu sign at the station will denote the entrée for the day

The Grill
The following Sandwiches, fries, and a fountain drink or ½ pint milk
- With hamburger
- With cheeseburger
- With Veggie Burger
- With Chicken Tenders (3 piece)
- With Two Hot Dogs
- With Chicken Breast
- Turkey burger
- Fried Chicken Sandwich
- Featured Burger(L.T.O.)
LTO available with a block when indicated

Breakfast All Day
- Omelet, breakfast potatoes, Hand Fruit, ½ pint milk or Fountain Soda
- Pancakes, breakfast meat, breakfast potatoes, Hand Fruit, ½ pint milk or Fountain Soda
- LTO available with a block when indicated

BADGER STREET STATION – WHITNEY CENTER

Mondo Subs
6” sandwich or wrap, Chicken Caesar Wrap, or specialty flatbread, bagged chip or fruit, and a 16 oz fountain drink or ½ pint milk
6” sandwich Ready to Go, small bagged chip, and a 16 oz fountain drink or ½ pint milk

On The Go - Hot Entrée of the Day – Monday-Friday and a 16oz fountain drink or ½ pint milk

On The Go – Cold Breakfast
Cereal Cup and Milk, piece of fruit and a beverage from the On the Go Cooler
Bagel, Cream Cheese, and a beverage from the On the Go Cooler
Yogurt Parfait, and a beverage from the On the Go Cooler

On the Go – Cold Lunch / Dinner
On the Go Sandwich or salad, small chip or piece of fruit, and a beverage from the On the Go Cooler

Hissho Sushi
- Blazing California Roll
- California Roll (not brown rice)
- Philadelphia Roll
- Sushicado
- Tokyo Fantasy (not brown rice)
- Veg Roll (not brown rice)
COFFEE SHOPS & GRAB N GO LOCATIONS

Murphy’s Mug – First Floor within the Library (Follow the signs)

- Medium coffee or latte and a pastry
- On The Go sandwich or wrap, chips OR a piece of fresh fruit, and a small coffee/tea or ½ pint milk
- Pre-made salad and a small coffee/tea, or ½ pint of milk
- Oatmeal, piece of fruit and a small coffee/tea, or ½ pint of milk
- 12oz Soup and a small coffee/tea or ½ pint milk

Centennial – First Floor

- Medium coffee or latte and a pastry
- On The Go sandwich or wrap, chips OR a piece of fresh fruit, and a small coffee/tea or ½ pint milk
- Pre-made salad and a small coffee/tea, or ½ pint of milk
- 12oz Soup and a small coffee/tea or ½ pint milk