



Let's

Eat

**A Guide to
Maximizing your
On-Campus Dining
Experience**

GENERAL INFORMATION

All students living in the residence halls are required to participate in the dining plan program. Students may choose from the Eagle, Eaglet, Big Eagle, or Mega Eagle dining plans. Residents living in Reuter Hall have the additional option of the On Campus Talon block dining plan.

The Eaglet (\$1,213.00)

Allows you to eat 14 meals per week.

- Main Dining room
- Chars up to 2 times per day
- On-the-Go in Badger Street up to 2 times per day
- Mondo Subs in Badger Street up to 2 times per day
- Sono Venue in the Student Union 1 time per day
- **All meals are deducted off of the 14**
- Includes \$110.00 in Maroon Dollars.

The Eagle (\$1,228.00), Big Eagle (\$1,391.00), and Mega Eagle (1,487.00)

Allows unlimited entries into Whitney Center Main Dining Room (All-You-Care- To-Eat)

The Eagle, Big Eagle, and Mega Eagle

In addition to eating unlimited meals in the Main Dining Room, you can

- Eat 2 meals/day in Chars (Whitney Center)
- Eat 2 meals/day at Mondo Subs/Create in Badger Street (Whitney Center)
- Eat 2 meals/day at On the Go in Badger Street (Whitney Center)
- Eat 1 meal/day at the Sono Venue located in the Student Union

Additionally:

- The **Eagle** plan includes \$110.00 of Maroon Dollars each semester, **unused Maroon Dollars do not rollover to next semester**
- The **Mega Eagle** plan includes \$350.00 of Maroon Dollars, **unused Maroon Dollars do not rollover to next semester**
- The **Big Eagle** includes 50 Block meals, **unused block meals do not rollover to next semester**

On Campus Talon (\$414.00)

- This is for Reuter residents only.
- 60 block meals each semester (unused meals do not carry over to the next semester)
- Please note, there are no Maroon Dollars with this plan

Additional Block Meals

If you would like to add access to additional dining areas to your plan, block meals can always be added.

- Block meals add variety to your dining plan and can be added in blocks of 10 meals for \$66.00.
- Block meals can be used in any of the dining areas
- 1 block meal = entrance into the Whitney Center Main Dining Room (All-You-Care-To-Eat); for all other dining venues you will make selections from the posted Block Meal Menu Options
- Block meals added to your dining plan can be used until the end of summer school
- Additional blocks can be used for the whole academic year.

MAROON DOLLARS AND CAMPUS CASH

Maroon Dollars

- Maroon dollars is a declining balance/debit account imbedded on the mag stripe on your Eagle ID card.
- Maroon dollars you receive as part of your dining plan do not carry over from semester to semester.
- Maroon dollars can be used only in the dining areas located in The Student Union and Whitney Centers and the coffee shops located in Centennial Hall and Murphy Library.

Campus Cash

- Campus Cash is a declining balance/debit account imbedded on the mag stripe on your Eagle ID card.
- This needs to be added for using the laundry machines in the residence halls and printing on campus
- Can be used in the dining areas, Pepsi vending machines, Outdoor Connection, and the Bookstore
- Unused campus cash automatically carries over from Fall to Spring Semester. At the end of the academic year, all campus cash accounts are cleared out. Balances over \$5.00 can be requested to carry over from Spring to Fall Semester by completing a form in the Eagle ID/ Meal Plan office, located in 1131 Student Union.
- Campus cash can be added at 1131 Student Union or <https://get.cbord.com/uwlax/full/login.php>
- Campus Cash is nonrefundable unless graduating, withdrawing, or transferring.

Guest Meals

Guest meals allow you to take a visitor to eat in the Whitney Center Chars retail area or the Badger Street Station area (Mondo's and On-the-Go). You may use up to four (4) of your meals each week as guest meals. These meals are **deducted from your dining plan**. Guest meals cannot be used in the Whitney Center "All-You-Care-To-Eat" dining room.

DINING AREAS – WHITNEY CENTER

Main Dining Room (All You Care to Eat) – Eaglet, Eagle, Big Eagle, Mega Eagle, and Talon dining plans, Maroon Dollars, Campus Cash, Cash, Credit Cards

- **Fresh Market** – Yogurt & fruit at breakfast; soup & salad afterwards
- **Terra Ve** – vegetarian & Vegan offerings
- **Hearthstone Oven** – pizza, bread item, salad of the week, hot sandwich
- **The Kitchen** – grill items & home-style entrees and sides
- **Chef's Table** – made to order items at the expo grill, pasta with different sauces
- **Baker's Crust** – sandwiches, paninis
- **Eagle Bakery** – muffins, bagels, baked goods
- **Ice Cream** – hard packed & soft serve
- **G8** – area specializing in offerings for student with allergies and special diets; food items made to order
- **West Pantry** -- bagels, breads, toast, spreads (i.e. peanut butter, butter, jam etc.)
- **East Pantry** -- cereals
- **Beverage Stations** -- milk, soy milk, sodas, coffee, teas, cappuccino
- **Condiment Stations** -- condiments (ketchup, mustard, etc.) and flavor infused water

Chars - Eaglet, Eagle, Big Eagle, Mega Eagle, and Talon dining plans, Maroon Dollars, Campus Cash, Cash, Credit Cards

- **The Grill** – burgers, chicken sandwiches, chicken strips, vegetarian burger, fries, etc.
- **The Egg Shoppe** -- breakfast all day featuring cook to order eggs, omelets, pancakes, breakfast meats, hash browns
- **Amazing Mac** (1st half of Fall Semester) – featuring the much loved Mac & Cheese and a variety of creative Mac & Cheese options

- **Smashed** (2nd half of Fall Semester) – featuring mashed potatoes and a variety of toppings

Badger Street Station - Eaglet, Eagle, Big Eagle, Mega Eagle and Talon dining plans, Maroon Dollars, Campus Cash, Cash, Credit Cards

- **Mondo Subs** – featuring a variety of deli meats & cheeses, breads, and wraps
- **C-Store** – featuring a variety of C-Store items such as beverages, chips, frozen items, etc.
- **On-The-Go area** -This area will feature cold options from 7:00 am – 1:30 pm, and will also house a hot food “gondola” that will feature a hot carry-out meal from 10:30 am – 1:30 pm, Monday – Friday

DINING AREAS – THE STUDENT UNION

Big Eagle and Talon dining plans, additionally purchased Block Meals, Maroon Dollars, Campus Cash, Cash, Credit Card

- **Sono**– New venue for dining plan swipes. This area is open for breakfast, lunch, & dinner. Diners can enjoy a variety of breakfast wraps early in the morning and for lunch/dinner, Southwestern fare is featured with items such as burritos, tacos, quesadillas, and nachos.
- **Grilled it**– This concept features a variety of signature chicken sandwiches, hand-breaded chicken tenders, wings, a variety of Klement’s sausages, and fries.
- **Erbert’s and Gerbert’s**– Started in Wisconsin in 1988, this unique sandwich shop offers a variety of signature sandwiches with unique sauces. The bread is baked in-house throughout the day.
- **La Crosse Café**– Build your own stir fry and fresh pasta entrees.
- **Kitchen Classics**– Creative comfort foods entrees and casseroles where the menu changes daily.
 - Vegan and Vegetarian options are always available.
- **Einstein Brothers Bagels**– bagels, cream cheese, bagel sandwiches, coffee, tea, bottled beverages, a variety of sweets, grab-n-go items.
- **Salad Bar/Grab-n-Go**– Features a full soup & salad bar during the lunch period with grab-n-go sandwiches, wraps, salads, fruit cups, etc., available through the day.
- **The Cellar (Lower Level)**– Individual signature pizzas, build-your-own burger, handmade garden burger, appetizers and fries. After 2 pm, the menu offers pasta bowls and boneless wings in addition to the daily menu.

COFFEE SHOP – MURPHY’S MUG (Murphy Library)

- **Peet’s Coffee** – variety of coffee beverages
- **On-the-Go** – muffins, pastries, salads, sandwiches

COFFEE SHOP – CENTENNIAL HALL

- **Starbucks** – variety of coffee beverages
- **On-the-Go** – muffins, pastries, sandwiches

DINING PLAN CYCLE

The week for dining plans begins with Breakfast on Friday and ends on Thursday when the Badger Street Station (Mondo's and Convenience Store) in Whitney Center closes. In the case of the Eaglet (14 meals/week), unused meals will not be carried over to the new week.

ROTATING MENU CYCLE

An eight (8) week, rotating menu cycle is used in the Whitney Center Main Dining Room. This means that the menu used for week 1 will also be used for week 9.

DAYS OF SERVICE

Following are the dates that all areas in Whitney Center are open for students to use their Eaglet, Eagle, Big Eagle, and Mega Eagle dining plans. On dates when the Whitney Main Dining Room opens at 4:30 pm or closes at 1:30 pm, students may use their block meals or Maroon Dollars at the dining venues that are open.

Fall Semester 2016	Spring Semester 2017
September 1-30	January 20 (Whitney opens @ 4:30 pm)
October 1-31	January 21-31
November 1-21	February 1-28
November 22 (Whitney closes @ 1:30 pm)	March 1-8
November 23-25 (Dining areas closed)	March 9 (Whitney closes @ 1:30pm)
November 26 (Whitney opens @ 4:30 pm)	March 10-17 (Dining areas closed)
November 27-30	March 18 (Whitney opens @ 4:30pm)
December 1-20	March 19-31
	April 1-30
	May 1-11

CARRY-OUT FOOD & MEAL OPTIONS

Sustainable practices are an important part of our dining program. One of your dining plan benefits is you have the opportunity to use an eco-clamshell for the carry-out options. All you need to do is visit the cashier located in any of the Whitney Center dining areas. The cashier will swipe your card to redeem your one-time free credit.

- When using the eco clamshell, you can exchange the dirty eco clamshell at any of the cashier locations and receive a new one.
- Not ready to use the clamshell...the cashier will give you information regarding what you should do.

On-The-Go

This venue is located in the Badger Street Station Convenience Store (Whitney Center) and is designed as a carry-out meal option. A cold meal selection is offered Monday – Friday, 7:00 a.m. – 1:30 p.m. A hot meal selection, that changes daily, is offered 10:30 am – 1:30 pm, Monday – Friday.

Mondo's Sub

Grab a sub of your choice, a bag of chips or a piece of fruit, and a beverage.

Main Dining Room

Pick up your clamshell at the cashier station. You may be asked to leave your ID card while you make your meal choices.

When eating in the dining room you are always welcome to take a piece of fruit, an ice cream cone or a dessert (items that you can hold in your hand) out with you. **All dishware and eating utensils must remain in the dining room.**

SPECIAL NEEDS & DIETS

The dining team makes every effort to accommodate students with food allergies or special dietary needs. Students are encouraged to meet with the on-campus dietician call 608.785.6480 to discuss their individual situation and possible menu solutions. The dietician's office is located in Chars.

Food Allergies

Options are available in the Main Dining Room for students with lactose intolerance and gluten allergies. All items containing nuts are clearly marked. The Terra Ve concept is designed to meet many of your needs but a variety of options are available throughout the dining room. If you need to talk to someone about your options, please contact our registered dietician at 608.785.6480 or ask for a chef to assist you.

When you are Ill

A sick tray can be requested when you are not feeling well. Sick tray request forms are available at your residence hall front desk. Just complete the form, attach your ID card and find a friend that will go to Whitney Center and get your meal.

If flu-like symptom is circled on the form, you will be given a preset meal (Jello, clear liquids, etc.). For all other illnesses, the person picking up your meal will be able to go through the Main Dining Room, Chars or Mondo's Subs to get your food.

WAIVER REQUESTS

In extreme cases, waivers or partial waivers from the dining plan requirement may be granted. Request forms may be picked up in Room 1131 Student Union, at the Eagle ID/Dining Plan office. If the request is medical based, there is an additional form that must be completed by the requestor's physician.

- Students submitting a Dining Plan Waiver Request will schedule an initial meeting with the Associate Director of University Centers.
- After meeting with the Associate Director, the Dining Plan Waiver Request will be forwarded to the Dining Service Waiver Committee. Each student submitting a waiver request will meet with the Waiver Committee, to present their individual case.
- The Waiver Committee will render its decision (via e-mail) regarding individual requests within one week of the waiver meeting. Committee decisions may be appealed to the Director of University Centers. Appeal requests must be received within 7 days of the date that the e-mail decision notification was sent.
- Requests for Fall Semester 2017 must be submitted by September 15, 2017. Spring Semester requests must be submitted by February 2, 2018. Students requesting a waiver, should use their dining plan until a decision has been rendered by the committee.

DINING PLAN CHANGES

Students may change dining plans through September 15 during the Fall Semester 2017 and through February 2 during Spring Semester 2018. At the end of the Fall Semester you will receive an e-mail asking if you would like to change your meal plan for the Spring Semester. Instructions for making a change will be provided at that time.

Moving off Campus

If you are moving out of the residence hall to an off campus apartment, you may choose to continue with your on campus dining plan. If you wish to change to an Off Campus Talon plan or to drop your dining plan entirely, you must contact the Eagle ID/Dining Plan office during regular business hours (8:00 a.m. – 4:30 p.m., Monday – Friday). Your dining plan will not be changed or closed until you contact us.

Withdrawal from the University

Students withdrawing from the University must contact the Eagle ID/Dining Plan office to notify them of their decision. The Cashier's office, the Office of Residence Life and the Student Life office do not withdraw students from the dining plan program.

STUDENT ID CARDS

The plastic Eagle ID card serves as your dining plan, maroon dollars and campus cash card. You will need your ID card to pick up and return your textbooks, to get into sporting events, and to ride the city bus. **Your Eagle ID card is meant for your personal use only.** Do not give it to other students to use. If an individual is found to be using the card of another student, the ID card will be confiscated and given to the Eagle ID/Dining Plan

office. ID cards are not transferable.

Your Eagle ID card is active for the entire time you are a registered UW-L student. It is important to take care of the card.

Protect it from physical abuse:

- DO carry it in a wallet or protective holder.
- DO NOT use it as a tool.
- DO NOT punch holes in the card.
- DO NOT place stickers near the magnetic strip
- AVOID exposure to magnets.
- AVOID running your card through the washing machine or clothes dryer.

If your card breaks you will be charged \$10 to replace it, bring all pieces of the card to the Eagle ID/Meal Plan office. If it is not working for other reasons, it may be replaced for free.

Lost ID Cards

If a card is lost or stolen, report it to the Eagle ID/Dining Plan office right away, 1131 Student Union. The cost for replacement is \$20.00.

If you would like to report the card lost online, please visit <https://get.cbord.com/uwlax/full/login.php>

DINING SERVICES COMMITTEE

The Dining Services Committee is a campus organization made up of students and staff that meet on a regular basis to discuss the UW-L Dining program. From weekly comments to advising on major dining service policies, this group talks about it all, and we would like to hear from you! If you are interested in joining the committee or would simply like to let us know what you think, please send an e-mail to Dr. Mary Beth Vahala, mvahala@uwlax.edu.

Questions?

Call 608.785.8885

Email: uwlcardoffice@uwlax.edu

<https://www.uwlax.edu/university-centers/>