



# Frequently Asked Questions About the 2018 Institute by LeaderShape® and UW-La Crosse

### **Introduction**

Thank you for your interest in the 2018 Institute, a program provided in partnership with LeaderShape® and the University of Wisconsin-La Crosse! Please see program details below and complete the following application form to indicate your interest in participating in the Institute. If you were nominated by a department/organization, your spot is guaranteed and we will be in contact with you soon. If you were not nominated, we will take your information into consideration when determining availability for additional participants and will work with you as we approach the priority registration deadline of December 22, 2017.

## What is the Institute?

The Institute is a six-day immersion program that challenges participants to lead with integrity while working toward a vision grounded in your deepest values. As a participant, you will explore what you want to do and who you want to be. This Institute brings together approximately 60 UWL students, 6 faculty or staff members who become family group facilitators, and 2 co-lead facilitators who represent the National LeaderShape® not-for-profit organization to a camp one hour from La Crosse.

#### When will the Institute be held?

The Institute will be held Friday, March 9 through Wednesday, March 14, 2018 (first half of Spring Break).

#### Where will the Institute be held?

The Institute will be held at Sugar Creek Camp in Ferryville, WI. Transportation will be provided.

#### What does the Institute cost?

Aside from a refundable \$25 deposit to reserve your spot, the Institute has been generously funded so you can attend without charge. Transportation, lodging, and meals are provided for participants at no cost. The \$25 deposit will be returned to participants upon completion of the Institute.

#### Who is the Institute for?

The curriculum was created for individuals who are committed to taking their leadership to the next level and who want to make a significant impact on campus, in your communities, and in the world. Participants must be in good academic standing with a GPA of 2.0 or greater and plan to be enrolled at UWL and be in La Crosse from August 2018 – May 2019 (or any two semesters) following the Institute to be qualified to participate.

#### How will we spend our time during the Institute?

Everything in the curriculum is anchored to four themes: community, inclusivity, integrity and vision. Therefore, the work that is done during the six days is tied, in some way, to these concepts. You will participate in large group activities, in small group exercises, in conversation with one another, and in personal reflection. You'll learn how developing a vision and a plan of

action can create lasting change. You'll reflect on how your personal styles and life experiences influence your leadership and your relationships. Those who graduate from the Institute leave as an agent of positive change in the world.

#### Why six days?

Six days is a lot of time to give, and LeaderShape® asks that time of participants because they see such value in the extended time together. Six days allows the you to remove yourself from the day-to-day demands of life, and focus more intently on discovering who you want to be. It gives participants the chance to move beyond the masks of composure and embrace the opportunity to share your authentic selves. Six days for a once in a lifetime opportunity. Six days to make the experience your own.

#### What do past participants say about their Institute experience?

"This experience has changed my life. I am not only a stronger leader but a stronger person from what I learned here and I wouldn't give that up for the world."

"Since the Institute, I've found the courage to acknowledge that I need to do some work on myself. I've become more authentic and my core values have been more prominent than in the past. I am a lot happier now, and I've even seen myself doing better in classes. I think I've cleared up much of the confusion about who I want to become, and that has left room in my thoughts for more important things."

"Personal insights have had the most effect on me. It's really hard to nail down, but I learned to think bigger, that I have a responsibility to lead, that there is strength in diversity, and that I can make a difference."









