Upward Bound is funded by the United States Department of Education and sponsored by the University of Wisconsin-La Crosse. It’s a pre-college program that helps high school students develop academic skills, build self-confidence, and prepare to enter and succeed in college.

Upward Bound students are four times more likely to earn a college degree than students from similar backgrounds who aren’t in Upward Bound.

Upward Bound at the University of Wisconsin-La Crosse works with students to:

- Improve their personal and academic skills.
- Explore many college and career options.
- Make new college-bound friends.
- Broaden their vision and experience.

Upward Bound may consists of:

- Special programming like Community Service, Career Day, College Visits, Job Shadows and Financial Aid and Scholarship Application Workshops.
- Weekly tutoring with UWL students to not only tutor but help with test taking, time management, and study skills.
- Get a chance to live in the dorms and take classes on a college campus with our summer program.

All services are funded by the U.S. Department of Education and are offered without regard to race, sex, gender identity or expression, religion, color, creed, disability, sexual orientation, pregnancy, national origin, ancestry or age.
Hello! Can you believe it is spring? Thankfully, we all got through the winter and are ready to finish out this academic year.

With this spring semester not only are we back up and running with tutoring, Saturday Events, and college visits but we are still in transition in the UB office. Our advisor, Lee Xiong, joined us this past October and is getting familiarized with the high schools we serve as well as the student participants. She is a UB alumna from the UW-Manitowac/Sheboygan program and just completed her MA degree from Michigan State University. Lilly Zou will now join the UB team as the Program Assistant where she originally was hired on a temporary term. As an undergraduate student, Lilly served as a Chinese tutor and eventually as a tutoring site supervisor. Our Graduate Assistant, Lindsey Artymiuk will be finishing up her spring semester with us and her advising at Tomah High as she graduates from UWL this spring. We will surely miss her!

This spring, students will get a chance to visit the University of Wisconsin-Green Bay, University of Minnesota Mankato State, and Western. In February, our Saturday Event will focus on Surviving and Thriving: Transitioning into New Opportunities where our first and second year college student UB alumni will come and share about their transition from high school to college; participate in large group activities focusing on time management, organization, and prioritizing; and a second panel of college student UB alumni who recently have or will graduate and will share about their experiences transitioning into their career profession or graduate school. In April, UB alumna, Mai Chao Duddeck, who is now the Multicultural Recruiter for the School of Education at UWL, will be our keynote speaker for our April Saturday Event: Skills of a Master Student.

While we are busy with tutoring and programming for the academic year we are also busy planning for our summer program as well. We are currently hiring academic instructors for Bio/Advanced Sciences, Language Arts, & Spanish. If you know of someone or are interested please visit our website for the application and more information.

Spring is typically busy as a bee but let’s hope for warm weather soon and a great semester! Thank you for your partnerships and continued support and services to all students. Together we are all a vital tool to their success!

In partnership,

Lisa Yang

Our Chinese class on a field trip to the Tea House downtown La Crosse during our summer program.

Drove these two students to their orientation day at UW-Stout.

UB knows how important stewardship is. On this day students were doing some service work with the Mississippi Valley Conservancy.
We are currently seeking applications from high school **freshman** and **sophomores**. New applicants would join 73 other college-bound students from six area high schools to participate in programming that will prepare them for post-secondary success.

Students are eligible if they meet our **low-income guidelines** or if **neither parent in their home has a four year college degree**. Upward Bound students are four times more likely to earn a college degree than students from similar backgrounds who are not in Upward Bound.

We would like your help in helping us meet our goal of serving 95 students. If you know of any students who are interested please refer them to apply online on our website. Once we receive their application, Upward Bound staff will request additional information from parents and school counselors.

**Eligibility Guidelines:**
http://www.uwlax.edu/Upward-Bound/Learn-about-Upward-Bound/

**Apply Online:**
https://jfe.qualtrics.com/form/SV_1ENsO7cAoYhXn

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**PSAT & AP EXAM FEE WAIVERS**

All Upward Bound juniors qualify for a PSAT fee waiver, and all are required by Upward Bound to take the PSAT. To assist you with your planning, see our numbers of rising Upward Bound juniors at each school. (See our “Current Enrollment” on page 7).

All Upward Bound students are eligible for a $22 fee reduction per exam. Additionally, students who are eligible for free or reduced-cost lunches can take each AP exam for free in Wisconsin.

The College Board provides a $28 fee reduction per exam for students with financial need. For each eligible student, schools should also forgo their $8 rebate. Thus, eligible students pay $53 per exam.

A student is eligible for a fee waiver if he or she is an enrollee in a program for the economically disadvantaged, such as Federal Free or Reduced Lunch program or **Upward Bound/TRIO after-school programs**. More information is available here: [https://apcentral.collegeboard.org/ap-coordinators/exam-ordering-fees/exam-fees/reductions](https://apcentral.collegeboard.org/ap-coordinators/exam-ordering-fees/exam-fees/reductions)

Additionally, state law in Wisconsin (Wisconsin State Statue 120.12(22) requires each school district to pay the AP Exam fee for public school students who are eligible for free or reduced – cost lunches in the federal school lunch program under 42 USC 1758.)
**Hannah Kaehler** (LHS ‘14) is graduating from UW-River Falls this spring semester with a BA in International Studies. She is excited to be done and ready for what lies ahead. As she is soon to transition out of college she is looking at internships at Disney World in Florida. She is also contemplating law school or going abroad to study at the University of Amsterdam. We were lucky enough to have Hannah work in our office for two summers as an office aide. Hannah enjoyed her time in UB and is thankful for the program. She got additional assistance with her Geometry course with extra tutoring and support from both tutors and staff in UB as well as her counselors at her high school which was crucial to her graduation requirements. 

“It was easier for me to make friends here because of the friends I made in the summer and at tutoring. I also never would have found this school (UW-RF) without UB. UB was definitely one of my best decisions. TRIO is a great program and I hope it sticks around.” -Hannah Kaehler

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**Toua Yang** (OHS ‘12) who not only completed his service in the National Guard this spring semester but will be graduating from UW-Platteville with a BS in Mechanical Engineering. After graduation he has been fortunate enough to obtain a job in Holiday City, OH were he will be the new Plant Manager at Midwest Manufacturing; working hand and hand with staff in running their newly built facility. Toua has sat on several Career Day panels for UB in sharing his experience as an intern at Trane Company. Toua is one out of seven siblings who have all been a participant in UB.

Toua credits his success and transition to college with his summers at Summer UB and the Summer Bridge program. It enabled him to be comfortable and confident in navigating a college campus as well as taking college courses. He also believes UB helped him form better social and networking skills.

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**Mai Nue Lor** (HHS ‘13) will also be graduating this spring semester from UWL with a BA in Communication Studies with a minor in Ethnic Racial Studies. She is also a student of the TRIO Student Support Services program and serves on their Student Leadership Council. In addition, she is a TRIO McNair Scholars student, which is a TRIO program similar to UB that helps undergraduate first-generation and/or low-income students prepare for graduate school. Mai Nue is looking forward to graduate school as she is hoping to pursue her M.S.Ed. in Student Affairs Administration in Higher Education. She is currently waiting to hear from UWL or Ball State University. Mai Nue has sat on alum panels numerous times and has siblings who she has mentored and inspired to participate in the program.

Mai Nue is thankful for UB in providing guidance and support with advisors and tutors in helping her not only build strong study skills and how to be resourceful but also in her college and career exploration. UB has also helped her build confidence in advocating for herself as well as others.

**CONGRATS AND BEST OF LUCK ALUMNI!**
Summer planning has begun and we are currently looking to hire academic instructors for our residential summer program. The classes are designed to provide students with concepts and practice through interesting, challenging lessons and activities.

We prefer applicants with a minimum of three years successful teaching experience and demonstrated ability to develop innovative, humanistic, academically rigorous courses in which each student can achieve success. Successful candidates must be able to establish rapport with rural, minority and disadvantaged students. A Bachelor's degree is required. A Master's degree and fulfillment of teacher certification standards for state of Wisconsin in secondary education is preferred. For more information visit our website.

To apply go here: https://uwlax.ca1.qualtrics.com/jfe/form/SV_6s3i1rsLZiUktEx
We are very proud of our seniors and wish them nothing but the best as they embark on their new journey as college students!

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
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<tbody>
<tr>
<td>Ian Evans-Cloud</td>
<td>UW-Eau Claire</td>
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<tr>
<td>Diana Cruz-Valesco</td>
<td>Winona State University</td>
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<tr>
<td>Marques Fielding</td>
<td>Iowa State University</td>
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<tr>
<td>Gally Lee</td>
<td>UW-Eau Claire</td>
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<tr>
<td>Amy Lor</td>
<td>UW-La Crosse</td>
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<td>Davee Lor</td>
<td>UW-Green Bay</td>
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<tr>
<td>Natalie Stoikes</td>
<td>Winona State University</td>
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<td>Ya Thao</td>
<td>UW-Whitewater</td>
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<td>Zoua Pa Thao</td>
<td>UW-Green Bay</td>
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<td>Chee Meng Vang</td>
<td>UW-Milwaukee</td>
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<td>Yee Xeng Vang</td>
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<td>Stevie Vue</td>
<td>Western Technical College</td>
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<td>Kao Xiong (Holmen)</td>
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<td>Kao Xiong (Logan)</td>
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<td>Kheng Yang</td>
<td>Western Technical College</td>
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<td>Soua Yang</td>
<td>UW-La Crosse</td>
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## Current Enrollment

### MONDAYS

**BROOKWOOD**

3:30pm—5:30pm  
@ BHS

- 12th: Diana Cruz-Velasco  
  Natalie Stoikes
- 11th: Brenda Tinoco-Mendoza
- 9th: Iriabeth Cruz  
  Benjamin Retzlaff

**HOLMEN**

5:30pm—8:30pm  
@ HHS

- 12th: Ya Thao  
  (Ka) Zoua Pa Thao  
  James Vang  
  Kao Xiong
- 11th: Michael Hinman  
  Eleanna Johnson  
  Choua Lor  
  Mandy Vang  
  Mai Der Vue  
  Delilah Xiong  
  Neng Xiong  
  Gao Yer Yang  
  Seana Yang
- 10th: Tong Thao  
  Vang Pao Thao  
  Mai See Xiong  
  Meng Xiong
- 9th: Chai Chang  
  Trevan Thomson**  
  Cindra Ntxham Hlub Vang  
  Sofia Vang  
  Kayhannali Vue  
  See Yang  
  Tshaibci (Angel) Yang

**SPARTA**

3:30pm—7:30pm  
@ SHS

- 12th: Haley Ludke  
  Marely Sanchez- Rodriguez
- 11th: Jared Gruber  
  Sam Matias-Escalante
- 10th: Cristina Matias-Escalante  
  Madison Rabideau  
  Arely Sanchez  
  Hailee Zimmerman

**WEST SALEM**

3:30pm—7:30pm  
@ SHS

- 11th: Jessica Aldama

### WEDNESDAYS

**TOMAH**

3:30pm—7:00pm  
@ THS

- 12th: Kelsey Benson  
  Ian Evans-Cloud  
  Hanna Fritz  
  Joy Joseph  
  Ava Sovereign
- 11th: Emma Franks  
  Ethen Jewell  
  Samantha La Porte  
  Lorabeth Luebchow  
  Kaitlyn Thomas**
- 10th: Shelby Hawes  
  Devon Kelley
- 9th: Alissa Moake  
  Connor Eirschele

**ONALASKA**

5:30pm—8:30pm  
@ UWL

- 12th: Amy Lor^  
  Davee Lor**  
  Stevie Vue^  
  Kheng Yang^  
- 9th: Shaylyn Elliot  
  Elijah Deffate**

^: Students who attend Monday night tutoring at Holmen High instead of Thursday night at UW-La Crosse.

**LOGAN**

5:30pm—8:30pm  
@ UWL

- 12th: Dani Duong  
  Galatea Lee  
  Mai Pa Thao  
  Chee Meng Vang  
  Yee Xeng Vang  
  John Vue  
  Kao Xiong  
  Soua Yang
- 10th: Orion Lee

**CENTRAL**

5:30pm—8:30pm  
@ UWL

- 12th: Marques Fielding
- 11th: Christa Hutchison**
- 10th: Ashtin Rittenhouse  
  Calli Rittenhouse
  Zena Xiong

**Target enrollment: 95 students**

*Number of participants is subject to change.* **Tier 2 students: Students with a 3.0 GPA who are involved in other extra-curriculars are exempt from tutoring and Saturday Events upon approval from UB staff.
Meet the Upward Bound Staff

Lisa Yang
Director

A local, Lisa is an UB alumna (Central ’99) and a two-time alumna of UWL (BA in Sociology & M.S.Ed. in Student Affairs Administration). She has been teaching Chinese for UB since summer of 2007 before sitting as the Student Advisor in 2010 and now the Director since 2016.

Lisa is the site supervisor on Monday nights at Holmen High school. You may contact her if you have questions about the program or if you want to refer a student to the program.

Lee Xiong
Student Advisor

Lee joins the UWL UB team this fall as the new Student Advisor. She recently graduated with a MA in Student Affairs Administration from Michigan State University.

As a first-generation student, UB alumna (UW-Sheboygan/Manitowoc UB), and refugee, Lee understands the importance of student service and the need for accessibility for first-generation and low-income students.

She is the site supervisor for Thursday night tutoring at UWL. Please introduce yourself to her when she is at your school during her advising sessions.

Paul Krause
Assistant Director

Paul has been with UB since 1990. Paul works closely with our seniors assisting them with college applications and also coordinates our ACT preparation workshops and college visits.

Paul is a UW-L graduate Paul currently chairs the Ho Chunk Constitutional Reform Task Force.

Paul is the site supervisor on Wednesday nights at Tomah High and as the recruiter, visits 8th grade classrooms each spring to recruit new students.

Lindsey Artymiuk
Graduate Assistant

Lindsey is a second year student in the School Psychology program at UWL, originally from Antigo, Wisconsin. (UWL alumna with a BS in Psychology minored in At-Risk Child/Youth Care in May of 2016 & M.A.Ed. in May of 2017.)

She is the president of the School Psychology Student Society on the UWL campus. Lindsey currently resides in Winona, MN where she enjoys running and hiking with her husband in her spare time.

She is the site supervisor for Wednesday nights at Sparta High and will be at Tomah High on Fridays for advising.

Lilly Zou
Program Assistant

Linli (Lilly) has been with UB since summer 2016. A China-native, she is a two-time alumna of UWL (BS in International Management and M.S.Ed. in College Student Development and Administration. As an undergrad, she also has been a Chinese tutor and a site co-supervisor on Thursday nights for UB.

Lilly assists staff in managing the office, grant, annual performance reports, budget, payroll, and other tasks.

Most times she will be the lovely voice you hear on the phone or face you see when you walk in our door.

Need to contact us?

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