Upward Bound (UB) is a federally-funded program by the United States Department of Education. Our program is sponsored by the University of Wisconsin-La Crosse, where our office and staff are located. UB is a pre-college program that helps first-generation and/or low-income high school students develop academic skills, build self-confidence, and prepare to enter and succeed in college.

UB students are four times more likely to earn a college degree than students from similar backgrounds who are not in UB.

UB at UWL allows students to improve their personal and academic skills, explore many college and career options, make new college-bound friends, and broaden their vision and experiences. This is done through tutoring and other academic assistance to help with test taking, time management, and study skills; special programming like community service, Career Day, college visits, job shadows, and financial aid and scholarship application workshops; and our residential summer program which gives students an opportunity to experience first-hand the “college experience.”

Did you know the following people are UB alumni?

- Viola Davis
  Actress

- John Qunñones
  ABC News Correspondent/ Host of What Would You Do?

- James Samuel “Jimmy Jam” Harris
  III & Terry Lewis
  R&B Songwriters and Record Production Team

- Troy Polamalu
  Retired NFL player

- Angela Bassett
  Actress

All services are funded by the U.S. Department of Education and are offered without regard to race, sex, gender identity or expression, religion, color, creed, disability, sexual orientation, pregnancy, national origin, ancestry or age.
Hello, 2019! Happy New Year! I hope everyone had a good winter break and is ready to get back into gear this spring semester. I know we are!

With the start of a new year and semester, UB is welcoming our new Assistant Director, Jazzma (Jazz) Holland. Jazz is originally from the Milwaukee area and is a TRiO alumna as she participated in the Upward Bound Math & Science program at UW-Milwaukee. She has a BA in Organizational and Professional Communications from UWL (’15) and was the Administrator of the College Organization for the Vision & Engagement at the Student Union Center at UWL before joining the UB family. As the Assistant Director, she will be reaching out to community organizations, high school and college administrators, college admissions, and businesses when coordinating college visits; college and career exploration workshops and presentations; and other programs addressing academic and college access gaps pertaining to our students’ needs. Please help me welcome her to the program and to your school when she is present.

Spring is typically a busy semester and this semester is no different. We have several things lined up for our students such as practice-ACT testing, college visits to Luther College and UW-Madison, an Engineering Expo at UW-Madison, community service with the Children’s Museum, and other optional opportunities like shows at the UWL theatre and Viterbo Fine Arts Center and conferences at UWL and other universities. Of course, this is all in addition to the weekly advising with our Advisor, Lee and the weekly tutoring at their assigned locations.

We also have started planning for our Summer Residential Program. 25 rising sophomores-seniors earn an elective credit as they take four college prep classes, which are a preview of their fall classes. Students also get a chance to have some fun and build skills in the afternoon and evenings during their family time with their small group and small group leaders, in addition to their elective classes. We are currently hiring academic instructors as well as elective instructors. If you are interested, please do not hesitate in applying or asking questions.

We look forward to the spring semester with our UB students, families, supporters, and partners. Everyone plays a vital part in the success of a student and we are grateful for your continued partnership and support!

In partnership,

Lisa Yang
We are currently seeking applications from high school *freshman* and *sophomores*. New applicants would join 60 other college-bound students from seven area high schools to participate in programming that will prepare them for post-secondary success.

Students are eligible if they meet our **low-income guidelines** or if **neither parent in their home has a four year college degree**. Upward Bound students are four times more likely to earn a college degree than students from similar backgrounds who are not in Upward Bound.

We would like your help in helping us meet our goal of serving 95 students. If you know of any students who are interested please refer them to apply online on our website. Once we receive their application, Upward Bound staff will request additional information from parents and school counselors.

---

**Eligibility Guidelines:**

http://www.uwlax.edu/Upward-Bound/Learn-about-Upward-Bound/

**Apply Online:**

https://jfe.qualtrics.com/form/SV_1ENsO7cAovAYhXn

---

**PSAT & AP EXAM FEE WAIVERS**

All Upward Bound juniors qualify for a PSAT fee waiver, and all are required by Upward Bound to take the PSAT. To assist you with your planning, see our numbers of rising Upward Bound juniors at each school. (See our “Current Enrollment” on page 7).

All Upward Bound students are eligible for a $22 fee reduction per exam. Additionally, students who are eligible for free or reduced-cost lunches can take each AP exam for free in Wisconsin.

The College Board provides a $28 fee reduction per exam for students with financial need. For each eligible student, schools should also forgo their $8 rebate. Thus, eligible students pay $53 per exam.

A student is eligible for a fee waiver if he or she is an enrollee in a program for the economically disadvantaged, such as Federal Free or Reduced Lunch program or Upward Bound/TRIO after-school programs. More information is available here: https://apcentral.collegeboard.org/ap-coordinators/exam-ordering-fees/exam-fees/reductions

Additionally, state law in Wisconsin (Wisconsin State Statue 120.12 (22) requires each school district to pay the AP Exam fee for public school students who are eligible for free or reduced –cost lunches in the federal school lunch program under 42 USC 1758.
UB is pleased to introduce the Jewell family to you. Over the years we have seen many siblings come through the program but not a whole family. The Jewell’s know first-hand what the program benefits are and Barb and Clayton gained many things from their participation in UB at UW-La Crosse. Who would have known then that they were also going to share their lives together as a family.

Barb joined UB in 9th grade and Clayton joined the year after. Both felt UB gave them opportunities to be involved in experiences, and friendships, they would not otherwise have been able to have. Clayton was able to be exposed to a mass of cultural diversity, allowing him to appreciate people, places, and food which were very different from his small town. Both Barb and Clayton went on to college after their time with UB and although their college story wasn’t a success story as imagined, they pushed themselves beyond high school which is what we want for all our students.

Many years later, the Jewell’s family grew and knowing the benefits from their participation in UB, they encouraged and fully supported their children participation in the program as well. All of the Jewell children have been or are participants in the program. The oldest, Zakary Jewell immersed himself in the culture, friendships, and opportunities the program provided. Zak is currently a junior at South Dakota School of Mines in Rapid City, South Dakota, majoring in Geology.

Whitney, the second oldest, notes her memories are of the activities, in particular the community service assignments at nursing homes and the college visits. She appreciated the tutoring sessions and above all, the summer program which gave her a step ahead for the proceeding school year in addition to the relationships she made in UB which she holds dear to her. She was attending UW-Superior majoring in Art Therapy but has taken the semester off to work in order to help off-set her tuition costs.

Next in line, Ethen already knew UB was in the plans for his success in high school and in preparing for his college journey. Ethen expresses his gratitude for “the undistracted guidance for post high school goals” as he is a senior this year at Tomah High and anticipates graduating in May. Similar to his older siblings, he too, will be moving away from home and will be attending UW-Whitewater in hopes to major in History.

It was a no-brainer for Baylee, the youngest, to join us this year in UB as he is a 9th grader at Tomah High. He was excited to join the program after knowing and hearing all the things his older siblings and parents have experienced and shared about their time in the program. Baylee looks forward to meeting new people, making friends, learning about other cultures in addition to getting academic assistance and guidance and support about college and career exploration and accessibility.

We have many UB families that come through the program however, many are a string of siblings who hand over the torch to the next sibling. The Jewell’s are one of the only families that has had every family member participate in the program. We thank them for their dedication and loyalty to the program but for their continued support and push for self-development for themselves and their family.

We are grateful to have the Jewell family with us all these years. It is amazing and warms me when alumni refer others let alone their family to the program. We provide the guidance and support but our participants provide the heart to keep us going in continuing to do what we do everyday!

“The interconnectedness of the program really allows its students to open up and meet other like-minded individuals that want to move forward to college. It also provides learning opportunities that we might not otherwise have. The important thing is making sure that you take advantage of the chances that you’ve been given to better yourself. They can provide the tools but it’s the drive that makes us want to use them.”

-Zak Jewell
Summer planning has begun and we are currently looking to hire academic and elective instructors for our residential summer program. The academic classes are designed to provide students with concepts and practice through interesting, challenging lessons and activities. We prefer applicants with a minimum of three years successful teaching experience and demonstrated ability to develop innovative, humanistic, academically rigorous courses in which each student can achieve success. Successful candidates must be able to establish rapport with rural, minority and disadvantaged students. A Bachelor's degree is required. A Master's degree and fulfillment of teacher certification standards for state of Wisconsin in secondary education is preferred.

Elective classes are designed to provide a new and fun experience for students. Twice a week students will participate in an elective to help them distress and/or gain a new skill.

For more information visit our website.

Please check our website for summer hiring links to be posted soon.

WHAT'S COMING UP

SPRING EVENTS

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Luther College visit</td>
<td>Fri. Feb. 15th</td>
</tr>
<tr>
<td>Feb. Sat. Event Survive &amp; Thrive</td>
<td>Sat. Feb. 16</td>
</tr>
<tr>
<td>UW-Madison College visit</td>
<td>Sat. April 6th</td>
</tr>
<tr>
<td>UW-Madison Engineering Expo</td>
<td>Sat. April 6th</td>
</tr>
<tr>
<td>April Sat. Event Community Service</td>
<td>Sat. April 20th</td>
</tr>
<tr>
<td>Last week of tutoring</td>
<td>April 29– May 2</td>
</tr>
<tr>
<td>End of Year Awards Banquet</td>
<td>Sat. May 11</td>
</tr>
<tr>
<td>First Day of Summer UB</td>
<td>Wed. June 12</td>
</tr>
</tbody>
</table>
We are very proud of our seniors and wish them nothing but the best as they embark on their new journey as college students!

<table>
<thead>
<tr>
<th>Name</th>
<th>School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michael Hinman</td>
<td>Western Technical College</td>
</tr>
<tr>
<td>(Holmen High School)</td>
<td></td>
</tr>
<tr>
<td>Ethen Jewell</td>
<td>UW-Whitewater</td>
</tr>
<tr>
<td>(Tomah High School)</td>
<td></td>
</tr>
<tr>
<td>Eleanna Johnson</td>
<td>Western Technical College</td>
</tr>
<tr>
<td>(Holmen High School)</td>
<td></td>
</tr>
<tr>
<td>Sammi La Porte</td>
<td>UW-River Falls</td>
</tr>
<tr>
<td>(Tomah High School)</td>
<td></td>
</tr>
<tr>
<td>Choua Lor</td>
<td>UW-Stout</td>
</tr>
<tr>
<td>(Holmen High School)</td>
<td></td>
</tr>
<tr>
<td>Brenda Tinoco-Mendoza</td>
<td>UW-Eau Claire</td>
</tr>
<tr>
<td>(Brookwood High School)</td>
<td></td>
</tr>
<tr>
<td>Mandy Vang</td>
<td>Western Technical College</td>
</tr>
<tr>
<td>(Holmen High School)</td>
<td></td>
</tr>
<tr>
<td>Mai Der Vue</td>
<td>UW-La Crosse</td>
</tr>
<tr>
<td>(Holmen High School)</td>
<td></td>
</tr>
<tr>
<td>Gao Yer Yang</td>
<td>UW-Stout</td>
</tr>
<tr>
<td>(Holmen High School)</td>
<td></td>
</tr>
<tr>
<td>Seana Yang</td>
<td>UW-Eau Claire</td>
</tr>
<tr>
<td>(Holmen High School)</td>
<td></td>
</tr>
</tbody>
</table>
## Current Enrollment

### MONDAYS

**BROOKWOOD**

3:30pm—5:30pm  
@ BHS  

12th: Brenda Tinoco-Mendoza  
10th: Benjamin Retzlaff

**HOLMEN**

5:30pm—8:30pm  
@ HHS  

12th: Michael Hinman  
Eleanna Johnson  
Choua Lor  
Mandy Vang  
Mai Der Vue  
Delilah Xiong  
Neng Xiong  
Gao Ye Yang  
Seana Yang

11th: Tong Thao  
Vang Pao Thao  
Mai See Xiong  
Meng Xiong

10th: Trevan Thomson**  
Cindra Ntxhim Hlub  
Vang

Sofia Vang  
Kayhannali Vue  
See Yang  
Tshaibci (Angel) Yang

9th: Yue Pheng Lor  
GiMeng Vang  
Mai Song Xiong  
Vilai Xiong  
Noah Yang  
PaNhia Yang

### TUESDAYS

**SPARTA**

4:00pm—7:30pm  
@ SHS  

12th: Haley Ludke  
Sam Matias-Escalante

11th: Cristina Matias-Escalante  
Madison Rabideau  
Arely Sanchez  
Hailee Zimmerman

10th: Ashley Courtright

**TOMAH**

3:30pm—7:00pm  
@ THS  

12th: Emma Franks  
Ethen Jewell  
Samantha La Porte  
Lorabeth Luebchow  
Kaitlyn Thomas**

11th: Shelby Hawes

10th: Alissa Moake  
Briar Shaw  
Connor Eirschele

9th: Hannah Benson  
Baylee Jewel

### THURSDAYS

**ONALASKA**

5:30pm—8:30pm  
@ UWL

10th: Shaylyn Elliott  
Elijah Deffate**  
Natalie Wiedemeier

9th: Claire Davis  
Brianna Law

**LOGAN**

5:30pm—8:30pm  
@ UWL

11th: Orion Lee  
Mai Chia Vue  
Kalia Xiong

**CENTRAL**

5:30pm—8:30pm  
@ UWL

12th: Christa Hutchison**

11th: Ashtin Rittenhouse  
Calli Fielding  
Zena Xiong

10th: Joseph Lee

9th: Kyle Lee  
Sonya Moua

**Tier 2 students:** Students with a 3.0 GPA who are involved in other extra-curriculars are exempt from tutoring and Saturday Events upon approval from UB staff.

*Number of participants is subject to change.*
Meet the Upward Bound Staff

Lisa Yang | Director
PGPs: She/Her/Hers/They/Them/Their/Theirs

Lisa is an UB alumna (Central ’99) and a two-time alumna of UWL (BA in Sociology & M.S.Ed. in Student Affairs Administration). She has been teaching Chinese for UB since summer of 2007 before sitting as the Student Advisor in 2010 and now the Director since 2016. Lisa is the site supervisor on Monday nights at Holmen High School. You may contact her if you have questions about the program or if you want to refer a student to the program.

Jazz Holland | Assistant Director
PGPs: She/Her

Jazzma (Jazz) Holland is originally from the Milwaukee area where she participated in Upward Bound-Math & Science program at UW-Milwaukee. She has a BA in Organizational and Professional Communication ('15) from UWL. Jazz has a passion working with youth as well as her community as she is one of the co-founders and serves as the secretary of Black Leaders Acquiring Collective Knowledge (B.L.A.C.K.), a non-profit that strives to empower and uplift the La Crosse Black community through various programming.

Lee Xiong | Advisor
PGPs: She/Her/Hers

Lee is from the Sheboygan area and has a M.A. in Student Affairs Administration from Michigan State University. As a first-generation student, UB alumna (UW-Sheboygan/Manitowoc UB), and refugee, Lee understands the importance of student service and the need for accessibility for first-generation and low-income students.

You may see Lee showing Jazz around during her advising sessions during lunch hours at the schools and/or during tutoring sessions in Tomah.

Melissa Brant | Graduate Assistant
PGPs: She/Her/Hers

Melissa Brant is our Graduate Assistant from Benton, WI. She completed her undergrad degree in psychology at Clarke University in Dubuque, Iowa in 2018. At Clarke, she was a pitcher on the softball team. She is currently a first-year student in the school psychology program here at UWL.

She is the site supervisor on Wednesday nights at Sparta High School and will be at Tomah High School during lunch hours on Fridays for her advising sessions.

Lilly Zou | Program Assistant
PGPs: She/Her/Hers

Linli (Lilly) has been with UB since summer 2016. A China-native, she is a two-time alumna of UWL (BS in International Management and M.S.Ed. in College Student Development and Administration. As an undergrad, she also has been a Chinese tutor and a site co-supervisor on Thursday nights for UB.

Lilly assists staff in managing the office, grant, annual performance reports, budget, payroll, and other tasks.

Most times she will be the lovely voice you hear on the phone or face you see when you walk in our door.

Need to contact us?
176 Murphy 1725 State St. La Crosse, WI 54601
Office: 608-785-8539 Fax: 608-785-8757
www.uwlax.edu/upward-bound
upwardbound@uwlax.edu
Lisa: 608-785-8763 lyang2@uwlax.edu
Jazz: 608-785-8760 jholland2@uwlax.edu
Lee: 608-785-8527 lxiong2@uwlax.edu
Lilly: 608-785-8539 lzou@uwlax.edu
Melissa: brant4109@uwlax.edu