

Stall Seat Journal

October is Domestic Violence Awareness Month



October is dedicated to acknowledging survivors of domestic violence and providing support to these individuals as we **uplift their voices** in the greater community.



Resources for Domestic Violence

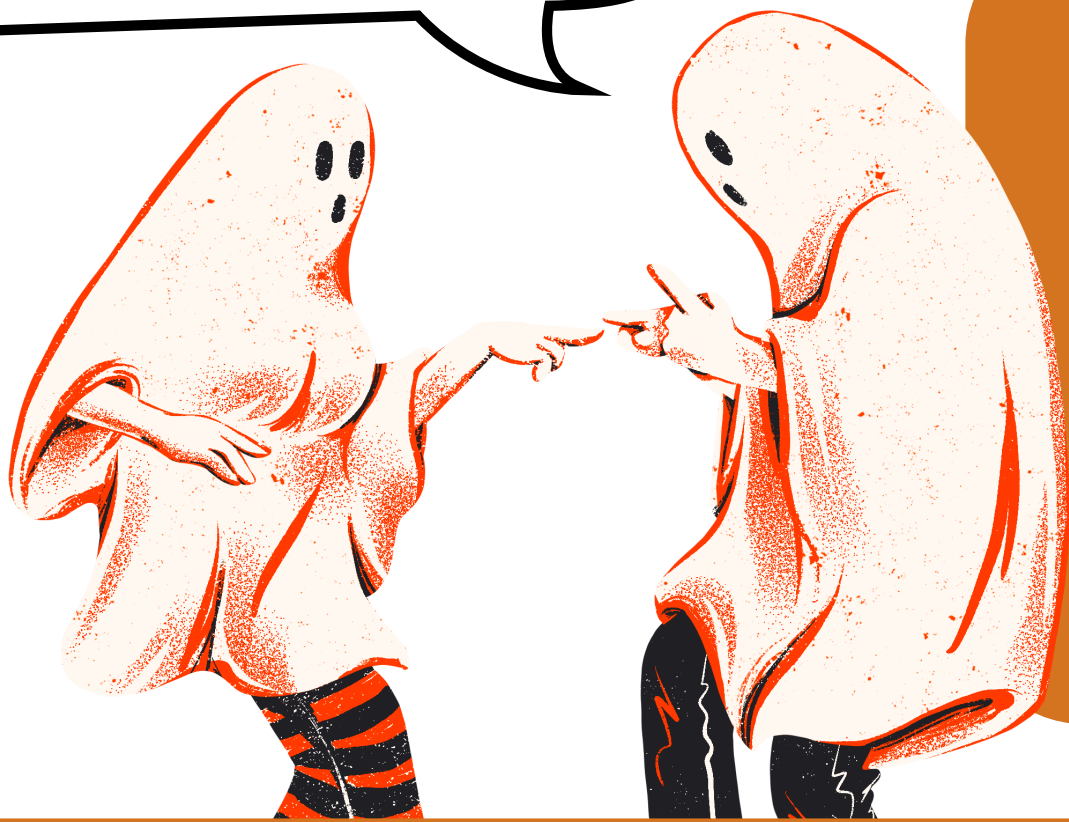
If you or a loved one is affected by abuse or violence, you are not alone.

- **UWL Violence Prevention**
 - 149 Graff Main Hall
 - 608-785-5126 | advocate@uwlax.edu
 - uwlax.edu/violence-prevention/
- **New Horizons**
 - 1223 Main Street La Crosse, WI
 - 608-791-2610 (Crisis Line 1-888-231-0066)
 - nhagainstabuse.org
- **National Domestic Violence Hotline**
 - Confidential support 24/7/365 at 800-799-7233

Costumes, Consent, and Culture

A few reminders as Halloween approaches...

No means no,
yes means yes!



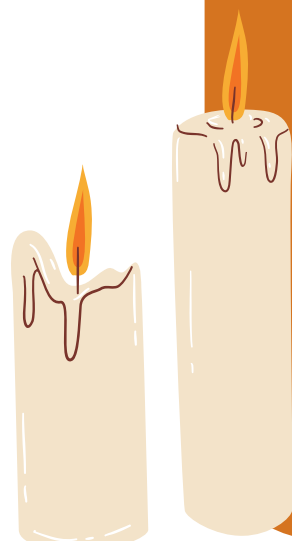
Wearing a costume **does NOT** equal permission to touch someone. Consent matters all year and in any outfit!

Avoid cultural appropriation by:

- Not wearing costumes that represent harmful stereotypes
- Choosing a costume that is respectful of others' race, sexuality, and gender identity



Learn more!



Consider the historical context of your costume. **Is it considerate of others and their history?** If not, find a respectful costume that is easy for everyone to enjoy.



OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9 Mindfulness in OMSS 1pm	10	11 Wellness in the REC 2pm	12 Free STI Clinic	13 Wellness Weekend →	14
15	16 Mindfulness in OMSS 1pm	17	18 Wellness in the REC 2pm	19	20	21
22	23 Mindfulness in OMSS 1pm	24	25 Wellness in the REC 2pm	26 Candy and Condoms	27	28
29	30 Mindfulness in OMSS 1pm	31 Candy and Condoms	1	2	3	4



Follow @uwlpeerhealth and @uwlviolenceprevention on Instagram!

Resources

Wellness & Health Advocacy

608-785-8977 | 149 Graff Main Hall
wellness@uwlax.edu



Order **FREE** sexual health supplies here or @uwlpeerhealth

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