

The UW-La Crosse Student Occupational Therapy Association and Occupational Therapy Program present the 12th Annual Occupational Therapy Distinguished Lecturers

Ann O'Sullivan, OTR/L, LSW, FAOTA & Catherine Verrier Viersol, PhD, OTR/L, FAOTA "Best Practice in Dementia Care: Applying the Evidence in Occupational Therapy Practice to Optimize Performance, Activity Engagement and Quality of Life"

Friday, March 2, 2018 University of Wisconsin– La Crosse Student Union, Grandad Bluff Room

 \mathcal{H} nn O'Sullivan has 40 years of experience in rehabilitation, home health, seating & positioning, management,



education, and community settings. She developed and managed the Family Caregiver Support Program at Southern Maine Agency on Aging for the past 16 years, and is currently working with researchers at Emory University to test a web-based platform for the Savvy Caregiver evidence-based program. Ann is a lead trainer for Matter of Balance, Savvy Caregiver, and Savvy Caregiver Advanced. She has contributed 8 chapters to professional texts and had 13 articles published. She presents locally and nationally about family caregivers and dementia and has developed training in dementia care for adult day service staff through a John T. Gorman Foundation grant. Ann was named a Fellow of the American Occupational Therapy Association in 2011 for "tireless leadership in homecare and family caregiving".

Dr. Cathy Piersol is associate professor in the Department of Occupational Therapy and Director of Jefferson Elder



Agenda:

Care at Thomas Jefferson University. Jefferson Elder Care seeks to bridge the gap between research and practice by providing evidence-based services in the community to people with dementia and their caregivers with the goal of optimizing participation and promoting quality of life and well-being.

Dr. Piersol is a licensed occupational therapist, educator, and researcher with over 34 years of experience. In addition to current research studies evaluating community-based dementia interventions, she receives funding from the Pew Charitable Trust to implement an evidence-based program for elders with dementia and their caregivers living in the community. Dr. Piersol provides consultation and training to agencies and has presented extensively on best practice in dementia care. She co-authored A Caregiver's Guide to Dementia, and most recently, co-authored the 2017 edition of the Occupational Therapy Prac-

tice Guidelines for Adults with Alzheimer's Disease and Related Neurocognitive Disorders and a systematic review of caregiver interventions published in the American Journal of Occupational Therapy.

At the conclusion of this session, participants will:

- 1. Recognize the impact of progressive cognitive loss on functional performance for people living with dementia and strategies for occupational therapy intervention.
- 2. Explain the important role occupational therapy plays in educating caregivers of people with dementia.
- 3. Describe the empirical evidence that informs occupational therapy treatment and caregiver training approaches.
- 4. Apply knowledge and skills to practice when working with people living with dementia and their family caregivers.

8:15 am - 9:00 am: Registration

9:00 am - 12:00 pm: Lecture (Part 1)

12:00 om- 12:45 pm: Lunch

12:45 pm - 2:15 pm Lecture (Part 2)

2:15 pm - 3:00 pm Meet & Greet with Presenters



for the UW-L Student Occupational Therapy Association and Occupational Therapy Program 12th Annual Occupational Therapy Distinguished Lecturers

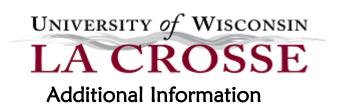
Ann O'Sullivan & Dr. Catherine Verrier Piersol

"Best Practice in Dementia Care: Applying the Evidence in Occupational Therapy Practice to Optimize Performance, Activity Engagement and Quality of Life"

Friday, March 2, 2018

Name:
Organization:
Address:
City, State & Zip:
Phone Number:
Email (please print):
REGISTRATION DEADLINE: Monday, February 19, 2018
*Payment must accompany registration. Lunch & parking are included in the cost. Please indicate payment by checking the appropriate box:
\square \$35.00 - Clinician, Community Member, or Other Professional
\$30.00 - UW-L OT Alum
\$5.00 - UW-L Student
\$0.00 - OT Program Faculty or SOTA Member
\$ Donation to the UW-L Occupational Therapy Scholarship Fund (tax deductible)
*For donations, please use a separate check. See Donations Page (Pg. 4).
*Do you have any food allergies or special dietary needs (gluten-free, vegetarian, etc.) and/or any request for disability accommodations?
Yes (Please provide additional information)No
*Make check payable to: Student Occupational Therapy Association or SOTA

Mail to:
Emilee Mielke
University of Wisconsin-La Crosse
1725 State Street, 4031 Health Science Center
La Crosse, WI 54601



Location:

University of Wisconsin-La Crosse Student Union/Center, Grandad Bluff Room (#35 on campus map) 521 East Ave North La Crosse, WI 54601

Directions:

For directions to campus, visit: https://www.uwlax.edu/map/directions.

Parking:

Parking is included in the event cost. A parking code will be emailed to you closer to the event date. Parking ramp is located at 605 17th St. N.

Food:

Lunch will be provided and is included in the event cost. If you have any food allergies or special dietary needs (gluten-free, vegetarian, etc.), please note on the registration form and/or contact Emilee Mielke at 608-785-6624 or emielke@uwlax.edu.

Disability Accommodations:

To request disability accommodations, please note on the registration form and/or contact Emilee Mielke at 608-785-6624 or emielke@uwlax.edu.

Area Accommodations:

Arrangements have been made at the **GrandStay Hotel & Suites** in La Crosse for rooms at a reduced rate of \$82/single occupancy for Thursday, March 1, 2018. Rooms are available at the reduced rate until Thursday, February 8, 2018 under "UW-L OT Lecture" on a first come, first serve basis. Call 608-796-1615 to reserve a room. For more information on GrandStay Hotel & Suites in La Crosse, visit: www.grandstaylacrosse.com.

For other area accommodation locations and information, visit: www.explorelacrosse.com.

Continuing Education Hours:

Participants who attend the lecture will receive a certificate of 4.5 hours of continuing education.

University of Wisconsin-La Crosse Occupational Therapy Scholarship Fund:

We appreciate your continuous support of the UW-La Crosse Occupational Therapy Program. If you would like to donate to our student scholarship fund, please include your donation as a separate check with the registration form. See next page (Pg. 4) for more details. Thank you!

University of Wisconsin-La Crosse Occupational Therapy Program Scholarship Donation Form

Thank you for donating to the Occupational Therapy Program Scholarship!

Generous donations like yours will support the education of exceptional UW-La Crosse
Occupational Therapy students.

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