Athletic Training Program  
Department of Exercise and Sport Science  
UNIVERSITY OF WISCONSIN-LA CROSSE

Name of Applicant ____________________________________________________________

Under the term of the Family Educational Rights and privacy Act of 1974, this candidate has waived the right of inspection of review or this letter of recommendation.

Date ___________________________ Applicant’s signature _________________________

Your assistance is requested in the selection of applicants who are best qualified to continue their education in the Athletic Training Curriculum at University of Wisconsin-La Crosse. Please evaluate the candidate’s qualities that are listed below. Additional comments would also be appreciated. This form must be completed and returned by February 1st to insure the candidate’s consideration for the Program. SEND COMPLETED FORM DIRECTLY TO MR. MARK GIBSON, DIRECTOR, ATHLETIC TRAINING PROGRAM, 135 MITCHELL HALL, UNIVERSITY OF WISCONSIN-LA CROSSE, LA CROSSE, WISCONSIN 54601.

Check one response that most nearly corresponds to your evaluation of the applicant’s abilities.

1. Communication Skills
   □ The applicant expresses him/herself accurately, clearly and concisely in both oral and written communications.
   □ The applicant expresses him/herself adequately but tends to be wordy or scattered in either oral or written communications.
   □ The applicant expresses him/herself in a confused or illogical manner in either oral or written communications.
   □ I have not had an adequate opportunity to observe the applicant’s oral and written communications.

2. Problem Solving Skills
   □ The applicant accurately evaluates problems and identifies several acceptable solutions.
   □ The applicant sometimes evaluates problems and identifies acceptable solutions.
   □ The applicant has difficulty recognizing problems and identifying acceptable solutions.
   □ I have not had an adequate opportunity to observe the applicant’s problem solving skills.

3. Response to Stress
   □ The applicant maintains poise and control in stressful situations.
   □ The applicant sometimes becomes angry or flustered in stressful situations.
   □ The applicant is easily flustered and angered in stressful situations.
   □ I have not had an adequate opportunity to observe the applicant’s response to stressful situations.
4. Interpersonal Relations

☐ The applicant works well with peers, supervisors, and subordinates.

☐ The applicant occasionally creates tension between peers, supervisors, or subordinates.

☐ The applicant frequently creates tension between peers, supervisors, or subordinates.

☐ I have not had an adequate opportunity to observe the applicant’s interpersonal relation skills.

5. Empathy

☐ The applicant treats persons of various socio-economic levels and persons with various physical or mental dysfunctions with sensitivity, respect and consideration.

☐ The applicant treats persons of various socio-economic levels and persons with various physical or mental dysfunctions with uneasiness and distrust.

☐ The applicant treats persons of various socio-economic levels and persons with various physical or mental dysfunctions in a callous or demeaning manner.

☐ I have not had an adequate opportunity to observe the applicant with persons of various socio-economic levels or persons with various physical or mental dysfunctions.

6. Responsibility

☐ The applicant sets goals and sacrifices to achieve them.

☐ The applicant sets goals and achieves them if they involve minimal sacrifice.

☐ The applicant frequently does not achieve his/her goals.

☐ I have not had an adequate opportunity to observe the applicant in group situations.

7. Leadership Skills

☐ The applicant contributes and participates effectively as a leader and as a support member of a group.

☐ The applicant sometimes contributes and participates effectively as a leader and as a support member of a group.

☐ The applicant does not function effectively as a leader of as a support member of a group.

☐ I have not had adequate opportunity to observe the applicant in group situations.

8. Initiative in Learning Experiences

☐ The applicant frequently pursues learning experiences in addition to completing a normal course/work load.

☐ The applicant consistently completes a normal course/work load.

☐ The applicant occasionally fails to complete a normal course/work load.

☐ I am not aware of the applicant’s learning experiences.
9. Interest in Athletic Training

☐ The applicant demonstrates interest in athletic training by working with or observing the health care of athletes.

☐ The applicant has verbally expressed an interest in athletic training.

☐ The applicant had verbally expressed an interest in a health care career.

☐ I am not aware of applicant’s interest in athletic training.

10. Physical Condition

☐ The applicant can perform moderately heavy work: lifting, stooping, guarding injured athletes without injury to him/her care.

☐ The applicant would require minimal assistance or minimal adaptation of the working environment to perform the work described above.

☐ The applicant would require total assistance or maximal adaptation of the working environment to perform the work described above.

☐ I am not familiar with the applicant’s ability to perform the work described above.

I have known this applicant for (years or months) as a…
(check as many as apply):

☐ Student

☐ Employee

☐ Friend

☐ Other (please indicate)

Please add any comments you wish.
Name of Reference (Please Print)  

Signature of Reference  

Position or Title  

Date  

Address  

Telephone  

E-Mail Address  

Fax