PT 851: Internship I
Summer 2014
6 credits

Day/Time: 12 fulltime weeks extending from 6/2/2014 through 8/22/2014
Location: Off campus clinical experience as assigned

Academic Instructors of Record:
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- Health Professions Department office: 4032 HSC; 608-785-8474
- Office Hours: Students will have access to instructor as needed by telephone, email, or scheduled site visits.

Course Description: This internship is the first in a series of three required experiences whereby the student is assigned to a clinical facility/physical therapist. Students will be provided sufficient practice to become competent in physical therapy consistent with all performance criteria in The Clinical Performance Instrument. Clinical opportunities will be representative of settings where physical therapy is routinely practiced such as but not limited to: acute care, rehabilitation centers, home-care, out-patient orthopedic settings, pediatric sites, skilled nursing facilities and sports medicine clinics. The collective outcome of all three 12-week terminal internships will encompass patient experiences that ensure students are competent with management of patients across the life span and across the continuum of care. The patient management model will be applied to individuals with musculoskeletal, neuromuscular, cardiovascular, pulmonary and integument problems.

Course Prerequisites:
- Consent of Instructor
- Successful completion of PTS 751
- Enrolled in good standing in the Physical Therapy Program
- Functioning at 100% developing level of academic and clinical professional behaviors as confirmed by faculty advising sessions
- Evidence of immunization on file with the Physical Therapy Program and available for facility inspection (refer to Physical Therapy Clinical Education Student Handbook for specific requirements)
- CPR certification (adult and infant) at the basic life support level
• Completion of training for HIPAA/ Patient Confidentiality within the last year
• Completion of training for OSHA/ Standard Precautions within the last year
• Students are encouraged to have a comprehensive physical examination prior to beginning their internships. A departmental form is available for physician use upon request
• The instructor reserves the right to require additional learning experiences, additional readings, reflective journaling, action plans, etc, as deemed necessary prior to allowing the student to begin this internship.

Course, Department and Program Policies:
All policies as stated in the Physical Therapy Clinical Education Student Handbook and Physical Therapy Student Handbook will be observed in this course.

Course Goals and Objectives:
Students will:
1. Obtain “entry-level performance” ratings on all performance criteria assessed in the Clinical Performance Instrument (CPI).
2. Perform at entry-level status on 50% of the entry-level behavioral criteria described in the Professional Behaviors Assessment Tool as determined by the Academic Instructor of Record.
3. Render clinical decisions that are: effective, efficient, culturally competent, and evidence-based. (CC-5. 5.19)
4. Obtain entry level competency regarding the physical therapy management model for patients with musculoskeletal, neuromuscular, cardiopulmonary and/or integumentary problems. (CC-5.27, 5.28., 5.29, 5.30, 5.31, 5.32, 5.33, 5.34, 5.35, 5.36, 5.37, 5.38, 5.39)
5. Value self-assessment of clinical performance by seeking feedback from other students, clinical staff and patients. (CC-5.12)
6. Assume responsibility for individual professional development by demonstrating initiative within the clinical learning environment.
7. Work effectively as a member of an interdisciplinary team. (CC-5.17)
8. Utilize the physical therapist assistant consistent with their abilities, the client’s needs, and jurisdictional law. (CC-5.40)
9. Engage in reflective practice. (CC-5.12; CC-5.14)
10. Adhere to ethical and legal standards. (CC-5.2)
11. Adhere to facility policy and procedures. (CC-5.1)
12. Value course threads of: Professionalism; Contemporary practice; Diversity and cultural competence; Evidence-based practice; Life Span. (CC-5.11, CC-5.518, CC-5.23)

Instructional Methods: This course will utilize experiential learning under the supervision of a Physical Therapist Clinical Instructor and guidance of the Academic Instructor of Record.

Recommended Texts:
• Tabors Medical Encyclopedia
• Any medical dictionary
• Merck’s Manual
• Physician’s Desk Reference
• Acute Care Handbook for Physical Therapists
• Mosby’s Field Guide to Physical Therapy
• Patient population specific textbooks

Grading: This course will be pass/fail considering: attendance, achieved course objectives, completion of course assignments, and feedback from the clinical instructor and academic instructor of record. Awarding the grade is the responsibility of the Academic Instructor of Record for the course. The role of the clinical instructor is advisory only.

The Professional Behaviors level of performance for this course will be determined by the student’s self-assessment, anecdotal records compiled by the academic instructor of record, comments from the clinical instructor, and comments on the CPI.

Course Expectations and Student Responsibilities:
1. Students shall correspond with clinical facility/clinical faculty immediately upon receiving the clinical site placement as well as 12 weeks prior to the student’s arrival (see procedural details outlined below).
2. Students shall complete any clinical site orientation (online training modules) and/or registration forms, prior to the start date of internship, if required by the clinical site
3. Students are expected to become familiar with the Practice Act of the state where they will be completing their internship.
4. Students are expected to follow all policies and procedures of their assigned facility.
5. Students are expected to follow the schedule provided by the assigned facility.
6. Students are responsible for staying up to date with all course communications through regular monitoring of the course D2L site, Exxat LLC web portal, and University email.
7. It is the student's responsibility to contact the Academic Instructor of Record if there are concerns about how the affiliation is progressing.
8. Students shall refer to the Physical Therapy Clinical Education Handbook for policies related to: travel, lodging, liability insurance, emergency/medical care, dress code, and attendance.

Student Correspondence with the Clinical Faculty:
Communicate in writing with assigned facility on two separate occasions:
1. Immediately upon receiving the clinical site placement from the DCE send correspondence to the CCCE in order to:
   o Acknowledge the assignment (confirm dates and experience type)
Introduce self to the CCCE (name, graduation year, contact info, your level of academic/clinical preparation)
Open the lines of communication and inform the CCCE that you will be contacting them closer to the time you begin the rotation

2. 12-weeks prior to arrival, send a second correspondence to the CCCE in order to:
   - Confirm assignment (confirm dates and experience type)
   - Re-introduce self to the CCCE (name, graduation year, contact info, your level of academic/clinical preparation)
   - Share student’s learning objectives and learning style preferences
   - Clarify logistics (housing, dress code, work hours, parking)
   - Clarify clinical requirements of the facility (orientation, immunizations, registration)

Course Assignments:
1. Prepare at least six learning objectives and upload them to Exxat by May 23rd, to be reviewed by your academic instructor of record prior to the start of the affiliation. Share with the clinical instructor for review and approval. (Refer to Physical Therapy Clinical Education Handbook for more details on writing objectives.)

2. Communicate the contact information for your Clinical Instructor (name, email address, phone number, physical address) with the university faculty via Exxat web portal. This information is to be entered into Exxat by the end of the first day, June 3rd.

3. Student/Clinical Instructor developed weekly planning sheets: Students are to collaborate with their Clinical Instructor to assess performance and establish weekly goals. Submission of weekly planning forms will be expected during the first half of the internship (weeks 1-5). The Academic Instructor of Record, in collaboration with the Clinical Instructor may require them beyond mid-term based on the student’s performance.
   a. Weekly planning sheets reflect the performance of the student and goal achievement for the week just completed. In addition, goals are set for implementation in the upcoming week.
   b. Refer to the Physical Therapy Clinical Education Handbook for more details regarding the use of these planning sheets and example self-assessment and goals.
   c. Students are to upload the weekly planning sheets into the assigned student folder in Exxat on a weekly basis (either on Friday or Monday, whichever works best for the clinic schedule.)

4. Student conference with the Academic Instructor of Record at least once during the 12-week course, either at the clinical education site or via telephone.
5. Clinical Performance Assessment, using the CPI, is to be completed electronically by the student at mid-term and at final.

6. Professional Behaviors Assessment, using the Professional Behaviors Assessment Tool, is to be completed by the student at mid-term and at final.

7. Clinical Performance Assessment, using the CPI, is to be completed electronically by the CI at mid-term and at final. At the final assessment, students are expected to receive a rating of “Entry-level Performance” in all 18-performance areas on the CPI.

8. Student conference with the CI at mid-term and upon completion of the internship where the following events take place:
   a. Discussion of clinical progress relative to the CPI
   b. Discussion of professional behaviors as outlined in the Professional Behaviors Assessment Tool

9. Student will complete the Physical Therapist Student Evaluation Forms electronically on Exxat during the final week of their internship. The student is expected to provide the facility and the clinical instructor with meaningful feedback based on this evaluation.

10. Additional assignments may be required on an individual basis, consistent with the clinical instructor’s expectations and/or developmental needs of the learner. Assignments may include but are not limited to:
    a. Reflective journal on clinical experience
    b. Weekly planning sheets beyond week 5
    c. Student action plan
    d. Preparation and presentation of in-service to clinical staff
    e. Adjunct activities as organized by the clinical faculty which may include, but are not limited to:
        i. Participation in literature review or journal club
        ii. Participate in interdisciplinary activities
        iii. Physical therapy activities in the community to enhance the health and wellness of local residents
    f. Other assignments consistent with the needs of the learner as determined by the university or the clinical site.

Academic Misconduct:
Students enrolled in this class will be expected to comply at all times with UW-L’s policies on academic integrity as documented in the Student Handbook. Academic misconduct includes but is not limited to plagiarism, cheating on exams and assignments and collaborating with others in work to be presented, contrary to the stated rules of the course. Failure to comply will result in disciplinary sanctions (e.g. a failing grade, failure in
the course, expulsion). For a list of academic regulations and student conduct please consult UW-L’s Academic Regulations and Student Conduct found at: [http://www.uwlax.edu/records/UGCat/01-03/UG-Cat/regulat.html](http://www.uwlax.edu/records/UGCat/01-03/UG-Cat/regulat.html) or Chapter UWS 14 – Academic Misconduct: [http://www.uwlax.edu/studentlife/academic_misconduct.htm#14.03](http://www.uwlax.edu/studentlife/academic_misconduct.htm#14.03).

American with Disabilities Act:

- Any student with a documented disability (e.g., physical, learning, psychiatric, vision, or hearing, etc.) who needs to arrange reasonable accommodations must contact the instructor and the Disability Resource Services Office (165 Murphy Library) at the beginning of the semester. Students who are currently using Disability Resource Services will have a copy of a contract that verifies they are qualified students with disabilities who have documentation on file in the Disability Resource Service Office.

- If a student thinks they have a need for reasonable accommodations but have not completed an evaluation to have their needs documented, please access the Disability Resource Services office (165 Murphy Library 785-6900) for consultation.

The above schedule and procedures in this course are subject to change in the event of extenuating circumstances.