The instructor:

LAURA A. SAUNDERS, MSSW

Member of the Motivational Interviewing Network of Trainers

Biography:

Laura A. Saunders, MSSW has more than 25 years experience with the Department of Family Medicine at the University of Wisconsin School of Medicine and Public Health. Training and coaching others in basic interviewing techniques, administering assessment instruments, and interventions to promote behavior change has been the focus of Saunders’ career. She has worked intensively with physicians, nurses, medical students, psychologists, specialty addiction treatment providers, social workers, physical therapists and health educators. Saunders is a member of the international Motivational Interviewing Network of Trainers (MINT) and has practiced and taught Motivational Interviewing for over 20 years. She has designed, facilitated, and delivered training and coaching in person, online, and via distance learning in the fields of health care, human service, public health and criminal justice. Saunders has provided trainings in Motivational Interviewing internationally, as well as extensively throughout the United States.

“Feedback and coaching, both individually and combined, significantly improved clinician MI proficiency beyond the effects of a two-day training workshop.”

Looking for a way to move your motivational interviewing practice skills toward excellence?

This interactive and engaging workshop experience is for practitioners and providers who have participated in multiple Motivational interviewing training events. Participants in this course are ready for individualized feedback and exercises tailored to the group’s needs. Professionals will acquire a better understanding of how to move their practice forward and develop a plan for doing so.

Participants in this workshop will submit a 20-minute MI practice audio recording using specific guidelines two weeks before the start of the course. Individualized feedback on each practice sample will be prepared and shared at the start of the day so that participants can focus their learning on areas identified for improvement.

Friday, November 20, 2015
9 a.m.-4 p.m.
UW-La Crosse | 259 Cartwright Center

WORKSHOP OBJECTIVES:

Participants will:
- Learn the benchmarks of good MI practice
- Understand and interpret individualized MITI 4.1 feedback
- Continue to develop skills for proficient practice: Question to reflection ratio of 2:1; complex reflections; change talk, and responding to change talk; evoking and dealing with sustain talk
- Learn to recognize the cues for planning readiness
- Create an individualized learning plan to continue to move toward competency
- Discuss integrating MI into your practice and your agency

For additional registration information, call 608.785.6500 or email conted@uwlax.edu
For additional program information, contact Dr. Gilmore at ggilmore@uwlax.edu