## Registration Form

**PLEASE PRINT LEGIBLY. ONE form per participant.**

### Registration Information
- **First Name**
- **Last Name**
- **Address**
- **City**
- **State**
- **Zip**
- **Phone**
- **E-mail**

### Race Options
- **Trotter Team Affiliation**
- **Select A Race**
  - **Turkey Trot 5K**
  - **Jr. Gobbler**

### Race Fee
- **On or before Nov. 14**
  - $11
  - $3 child
  - $16
  - $6 child
  - $19
  - $6 child

### T-shirt
- **Long Sleeve ($13)**
- **What Size?**
  - S
  - M
  - L
  - XL
  - XXL (add $2 for XXL)

### Make Checks Payable To:
- UW-L Foundation

### Mail Forms To:
- 130 Recreational Eagle Center
- La Crosse, WI 54601

### Waiver & Release

**In full recognition and appreciation of the hazards and exposures involved, do hereby voluntarily agree to assume all the risks and responsibilities involving my voluntary participation in the Turkey Trot 5K or Jr. Gobbler Gallop scheduled on Saturday, November 22, 2014. I do for myself, my child/ward, my heirs, and personal representative(s) hereby defend, hold harmless, indemnify and release and forever discharge the State of Wisconsin, Board of Regents of the University of Wisconsin System, UW-La Crosse and all its officers, agents, employees, event sponsors and volunteers from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the negligent actions or omissions of the undersigned in the course of participation in the Turkey Trot. I also hereby grant the Recreational Sports Department permission to utilize my likeness for use by television, film or printed media to further the aims of the program and release them from any/all claims in its use. I confirm that I or my child/ward have health and accident insurance in effect for the inclusive date of participation and no such coverage is provided by the University or the State of Wisconsin. I have read and executed this document with full knowledge of its significance. I have read and agree to the above.

### Signature
- Date

### Parent/Guardian Signature if Under 18

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