Eagle Guides—Flying Through Campus

By: Samantha Gregory

Everyone remembers what it was like to be new to UW-L... Have you ever thought of sharing in this experience with a new student? During New Student Orientation (NSO) you could have the chance to serve as an Eagle Guide: a peer leader to help new students and their families make a positive and smooth transition to our university! This would include opportunities such as leading a small group, providing support for events during NSO, eating meals and fostering relationships with new students, and devoting your time to being available and welcoming new students and their families.

The goal of this program is to allow new students to make more connections, build a community, and develop a realistic view of life on campus from older students.

This program is also a unique way for upperclassmen to learn valuable leadership skills and give back to the UW-L community! This opportunity is open to all registered students attending classes during the Fall 2013 term.

The First Year Experience Office is looking for Eagle Guides who have strong interpersonal, communication, and leadership skills, a minimum GPA of 2.5, a good disciplinary status, previous campus and/or community co-curricular involvement, the ability to interact with diverse groups of people, and most importantly, a positive attitude and an open mind! You can access the application for this position through MyOrgs on the UW-L webpage. Additional questions? Contact Jennie Hartzheim at jhartzheim@uwlax.edu.

Important Dates and Deadlines

- Fall Registration Begins: April 15
- Last Day to Withdraw from UW-L: April 19
- Last Day of Classes: May 10
- Finals Week: May 13-17
- Commencement: May 19
- Residence Halls Close: May 18
- Grades Due: May 24
- Summer Session I: May 28 - June 21
- Summer Session II: June 24 - July 19
- Summer Session III: July 22 - August 16
Meet your Peer Advisor: Kristyn Emmer

By: Samantha Gregory
Peer Advisor

Kristyn Emmer is a senior at UW-L, currently working in the Academic Advising Center as a Peer Advisor. She is an Organizational and Professional Communication major and will be graduating this spring. Kristyn has enjoyed being involved in many things on campus, including Vanguards, CRU, the Student Veterans’ Association, studying abroad in India and Nepal, playing intramural sports, and the Communication Club. She has recently been accepted at Colorado State University, where she will be pursuing a master’s degree in Student Affairs in Higher Education, hopefully working with student veterans on a campus after that. Kristyn is excited to explore a beautiful new state, have a lot of outdoor adventures, and meet new people. She would like to give a special thanks to all of the faculty, staff, and peers that have made her four years at La Crosse “absolutely unforgettable and life-changing.”

“I.E.” @ UW-L

By: Kristyn Emmer
Peer Advisor

You’ve seen it around campus. Maybe you’ve heard of it as a buzzword. The words are “Inclusive Excellence.” While many know what it is and what it’s all about, there are many who are left confused about what this initiative means as a part of the campus community.

Inclusive Excellence (IE) is “being active, intentional, and committed to bridging differences with understanding and respect so that all can thrive” in UW-L’s environment. It asks us to think about diversity as part of the educational process—a real-world factor that helps everyone learn more when it is engaged deliber-ately. According to Barbara Stewart, UW-L’s Associate Dean of Campus Climate and Diversity, “All of us are responsible for Inclusive Excellence. It’s a celebration of diversity that understands that everyone has something different to bring to the table.” Since 2009, the IE initiative has been working to teach the skills, knowledge, and mindsets needed to make contributions to an increasingly diverse society and create a campus community that supports all people.

The next question you might be asking is, “What are faculty, staff, and students doing about this?” From a faculty and staff perspective, Dr. Deb Hoskins has been a driving force behind the movement. She has created classroom inventories to build IE into class curriculum and has constructed multiple workshops and sessions to educate about IE in campus practices. For students, there has been student leadership involvement and class lectures given by the IE professionals on campus. Also, an ever-changing task force of students and staff has been constructed to continually address diversity issues on campus.

So what can you do to help make UW-L a more inclusive environment? Take some time to check out http://www.aacu.org/compass/publications.cfm, the “official” website for IE initiatives. You could opt for joining the network of students and staff that are working on IE on campus, or you could send your feedback and suggestions to the Campus Climate and Diversity Office.

Whatever you bring to campus is what makes the place we all call “home” what it is. We all have something to bring to the table of diversity, which makes us all responsible for the inclusiveness of campus. Step up, make a change, and learn what it means to strive for inclusive excellence.
A Snapshot of the Photography Minor

By: Victoria Pruess

Have you ever thought about getting credit for your passions? This might be the answer for you! UW-L offers an amazing photography minor that is available to all students enrolled at UW-L. Currently, there are two professors—Linda Levinson and Kate Hawkes—teaching all of the courses that are offered. Some of the many courses that are available include: Photo and Imaging I—Black and White Film Photography (ART 272), Photo and Imaging II—Digital Photography (ART 372), Documentary Strategies in Photography (ART 373), Portrait Photography (ART 376) and other exciting electives.

A few of the useful skills you will carry through life from this minor include the following:

- A functional knowledge of photographic techniques
- How to develop film and work in a darkroom
- Work with digital cameras and image editing software
- Knowledge of studio lighting
- How to create photographic prints
- Photography and visual literacy
- Discovering one’s own interest and voice in pursuing photography

These can be critical factors as you continue in your endeavors. The photography classes are held in the WING building on both the main floor and on the lower level. If you would like to have some fun with your minor or you want to have a future in photography, this minor is a great option for you to take! If you have questions, feel free to contact Linda at levinson@uwlax.edu or Kate at khawkes@uwlax.edu.

Meet your Advisor: Jackie Rindone

By: Kristyn Emmer

Why UW-L?

I chose to come to UW-L because of the graduate program in Student Affairs Administration, my assistantship in the Academic Advising Center, and the beautiful La Crosse community, of course.

What’s next?

I hope to be working in some sort of advising capacity after I graduate from UW-L, but my dream job is to be a high school tennis coach.

Where on the globe would you love to visit?

I have a huge list of everywhere I want to go (which is literally almost everywhere), but I really do want to return to England someday, which is where I studied abroad.

What motto drives you?

“Relish the small things in life.” In such a fast-paced world, I think we miss the beauty in things, so I try to take some time to cherish small moments in my life.
Sweet Cinnamon Scones

**Ingredients**
- 3 cups all-purpose flour
- ⅓ cups sugar
- 5 teaspoons baking powder
- ½ teaspoons ground cinnamon
- 2 sticks (1 cup) unsalted butter
- ¼ cups heavy cream
- 1 whole egg
- 1 teaspoon vanilla extract
- 1 cup cinnamon chips

**Topping**
- ½ cups sugar
- 1 teaspoon cinnamon
- 1-½ teaspoon heavy cream

**Preparation Instructions**

Preheat oven to 350 degrees.

In a large bowl, mix together flour, ⅓ cup sugar, ½ teaspoon ground cinnamon, and baking powder. Cut butter into pieces, then cut into dry ingredients with a pastry cutter until mixture resembles coarse crumbs. Stir in cinnamon chips.

Mix together cream, egg, and vanilla extract. Pour into flour/butter mixture, stirring gently with a fork to combine.

Turn onto work surface (mixture will be very crumbly and falling apart.) Gently press together on the sides as you flatten (or roll, with a rolling pin) the top. Form either into a large circle or a large rectangle. Mix together topping ingredients, stirring with a fork. Sprinkle over the top of the dough, lightly pressing.

Cut into wedges (from a circle) or triangles (from a rectangle.) Transfer to a cookie sheet and bake for 20 to 25 minutes.

Allow to cool completely.

Serve with coffee.

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Meet Your Advisor: Kelsey Kopp

By: Victoria Pruess

Peer Advisor

Kelsey Kopp is a graduate assistant in the Academic Advising Center who spends much of her time as an advisor in Laux Hall. She works wonders for students by helping them explore their interests, skills, majors and careers they might be interested in, navigate WINGS, and answers questions. She is in her first year of the Student Affairs Administration graduate program at UW-L and is looking to become a professional advisor after graduation. Kelsey thoroughly enjoys Monty Python and the Holy Grail, as well as reading, cooking and doing DIY (do it yourself) projects. She has had an amazing experience here at UW-L and cannot wait to take it all with her in her future.

Kelsey transferred to UW-L as a sophomore in her undergraduate and has loved it ever since. She especially loves the city for the beauty and how much there always is to do!

“My advice for students: You don’t have to have all the answers right now. Take the time to learn about yourself and find something you really love — and the rest will follow.” —Kelsey Kopp

Recipe Credit: The Pioneer Woman