I, the undersigned, in full recognition and appreciation of the hazards and exposures involved do hereby voluntarily agree to assume all of the risks and responsibilities involving my voluntary participation in activities at the Recreational Eagle Center. Furthermore, I do hereby agree to hold harmless and indemnify the State of Wisconsin, the Board of Regents of the University of Wisconsin System, and the University of Wisconsin-La Crosse, their officers, agents and employees, from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the negligent actions or omissions of the undersigned. I understand all risks and dangers and am fully aware that the University or State of Wisconsin does not provide health and accident insurance for injuries resulting from my voluntary participation. I have read and executed this document with full knowledge of its significance. By signing this document, I acknowledge that I am at least 18 years of age.

_________________________  ___________________________
Name (print)                UW-L Student Sponsor Name (print)

_________________________
Signature

_________________________
Date