Situation: A student was playing volleyball when he/she runs into the wall and dislocates their shoulder

Victim: Stand near the wall while cradling your arm in pain.

Witness: A student notices the situation and notifies a staff member at the information counter.

Checklist - (Verbalize words in parenthesis)
___ Grab the AED, first aid kit, radio and cell phone*
___ Check the scene (scene is safe)
___ Check the victim and ask “are you okay?” (Victim responds that his/her shoulder hurts very badly)
___ Ask the victim what happened? Where does it hurt? Do you hurt anywhere else? Has this ever happened to you before? Did you hear or feel anything?*
___ Tell him/her you are first aid certified and want to help; obtain consent
___ Tell the victim not to move his/her injured shoulder*
___ Assist victim to seated position while keeping arm stabilized
___ Direct someone to call 911 and University Police*
___ Ensure bystanders or other staff open doors and meet EMS
___ Stay with victim and try to keep calm until EMS arrives*
   ___ Monitor signs of life and watch for signs of shock**
   ___ Fill out an injury report*

After EMS departs
___ Inform Pro Staff about the emergency, call Mo after hours*

Other
  • Check for knowledge of building address and appropriate phone number
  • Does staff member have CPR pocket mask clipped on?
  • For all dislocations other than fingers, call 911 and University Police

**Symptoms of shock: confusion, altered level of consciousness, pale or ashen, cool, moist skin, rapid breathing, excessive thirst, nausea or vomiting

<table>
<thead>
<tr>
<th>Location</th>
<th>Phone Number</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>REC</td>
<td>608-785-5225</td>
<td>1601 Badger St</td>
</tr>
<tr>
<td>Mitchell Hall</td>
<td>608-785-8696</td>
<td>1820 Pine St</td>
</tr>
</tbody>
</table>

☐ Met Requirements  ☐ Did not meet requirements  ____ (1-2 week re-testing)

Signature of Facilitator: _____________________ Signature of Reviewee: _____________________