**BLOCK MEAL OPTIONS**
Updated 9/14/15

**CARTWRIGHT CENTER**

**The Galley**

- **Mondo Subs**
  - Breakfast – Breakfast wrap or sandwich, a piece of fresh fruit, and a coffee, a 22 oz fountain drink or ½ pint milk
    - With 4 Cheese and Egg Wrap or Veggie Me Wrap
    - With Ham, Egg, and Cheese Wich
  - Lunch - 6” sandwich or wrap, Chicken Ceasar Wrap, or specialty flatbread, homemade kettle chips, and a 22 oz fountain drink or ½ pint milk

**Rosso Verde**

- 2 slices pizza, breadstick with cup of marinara sauce, 22 oz fountain drink or ½ pint milk
- Pasta, breadstick with cup of marinara sauce, 22 oz fountain drink or ½ pint milk
- LTOs as indicated by signage will be available for blocks (ex Pizzones)
- Pasta will be available once technical issues with equipment completed

**Grill Nation**

- Breakfast – Breakfast Combo and coffee, a 22 oz fountain drink or ½ pint milk
- Lunch 1 – Sandwich, fries, and a 22 oz fountain drink or ½ pint milk
  - With hamburger
  - With cheeseburger
  - With Veggie Burger
  - With Chicken Tenders (3 piece)
- Lunch 2 - Thrilled Cheese Sandwich, full basket of fries, and a 22 oz fountain drink or ½ pint milk

**Sono**

- 2 tacos, chips and salsa, and a 22 oz fountain drink or ½ pint milk
- A burrito and a 22 oz fountain drink or ½ pint milk
- A nacho or nacho supreme, and 22 oz.
- LTOs as indicated by signage will be available for blocks (ex. Taco Salad)

**Earth Table**

- Salad (Bowl), bread or roll, and a 22 oz fountain drink or ½ pint milk

**Kitchen Classics**

- 1 entrée, 1 starch or grain, 1 vegetable, dinner roll or bread, and a 22 oz fountain drink or ½ pint milk (7.38)

**Chef Jet**

- Entrée, vegetable blend, 22 oz fountain drink or ½ pint milk

**Sushi**

- Sushi Block Options available once vendor is set up (target is 9/23/15)
The Cellar
- Sandwich, fries or deli salad, 22 oz fountain drink or ½ pint milk
  - With hamburger
  - With cheeseburger
  - With Grilled Chicken Sandwich
  - With Spicy Fried Chicken Sandwich
- Flatbread pizza, breadstick with marinara sauce, 22 oz fountain drink or ½ pint milk
- Traditional (6 piece) or ½ pound boneless wings, ½ order fries, and a 22 oz fountain drink or ½ pint milk
- Nachos and a 22 oz fountain drink or ½ pint milk
- Cellar fries and a 22 oz. beverage or ½ pint milk

WHITNEY CENTER
All swipes in Whitney Center dining locations equate to one block.

Chars
  La Crosse Café
  - Sandwich or salad, side item, and a 22 oz fountain drink or ½ pint milk
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  The Grill
  - Sandwich, fries, and a 22 oz fountain drink or ½ pint milk
    - With hamburger
    - With cheeseburger
    - With Veggie Burger
    - With Chicken Tenders (3 piece)
    - LTO available with a block when indicated

Sono Express
  - 2 tacos, chips and salsa, and a 22 oz fountain drink or ½ pint milk
  - A burrito and a 22 oz fountain drink or ½ pint milk
  - Nachos / Nachos Supreme and 22 oz. beverage

Einstein’s
  - Any bagel under $4.99 and a small coffee/tea or ½ pint milk
  - A bagel with schmear and a small coffee/tea or ½ pint milk
  - Any signature egg sandwich or hot/cold sandwich priced $4.99 or less or the turkey chili, with a small coffee/tea or ½ pint of milk
  - A wedge sandwich or wrap, chips OR a piece of fresh fruit, and a small coffee/tea, or ½ pint milk
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Red Mango
  - Yogurt Parfait

Murphy’s
  - Medium coffee or latte and a pastry
  - A wedge sandwich/wrap, chips OR a piece of fresh fruit, and a small coffee/tea, or ½ pint milk

Centennial
  - A medium coffee or latte and a pastry
  - A wedge sandwich/wrap, chips OR a piece of fresh fruit, and a small coffee/tea, or ½ pint milk
On-the-Go (Galley)
- A wedge sandwich/wrap, chips OR a piece of fresh fruit, and a 22 oz. beverage, or ½ pint milk
- Pre-made salad and a 22 oz. beverage, or ½ pint of milk