OCW 1996 SYMPOSIUM

The Organization for Campus Women once again offers its 1996 Symposium to all women on campus. This year’s Symposium is Friday, March 29, from 9:30 a.m. - 1 p.m. The general session will be held in Valhalla, Cartwright Center. The locations for the breakout sessions will be announced.

Since women are dealing with many issues in communication, the primary focus will be Communication Skills for the 21st Century. Two hours of release time have been awarded by Chancellor Kuipers with the request that offices remain covered. Coffee and muffins will be provided by Chancellor Kuipers at the start of the program.

No pre-registration is required for the symposium. If you have questions, please call Ginny Kreyer, 785-8759.

The agenda for the day follows:

9:30 - 9:45 Registration
9:45 - 9:50 Welcome & Introduction of Speakers
9:50 - 10:40 Keynote address by Pam Cox-Otto
10:50 - 11:40 Breakout Sessions
   1. Communicating with the Hearing Impaired, Susan Fox
   2. Communicating Across Genders: “She Talks, He Talks” (includes video), Cheri Niedzwiecki
   3. Communication, 5 to 9 - The Family Meeting, Wanda Schafer
   4. 9 to 5 - Dealing with Difficult People in the Workplace, Mary Ann Kemmer
11:40 - 12:10 Brown Bag Lunch
12:10 - 1:00 REPEAT OF ABOVE BREAKOUT SESSIONS

FEATURED SPEAKERS

Pam Cox-Otto, Vice President of Communications, Northern Engraving Corporation. Pam was a member of the Speech Communication/Theatre Arts Department last year teaching Speech 110. She also served as an Administrator at WWTC and was on the campaign committee for Lee Rasch. She will tell us how to be more “powerful in the workplace.”

Susan Fox, from WWTC Extended Campuses, is a counselor and has been a certified professional interpreter for 14 years. She will be teaching some basic sign language and discussing the etiquette involved in communicating with the hearing impaired.

Cheri Niedzwiecki, Associate Professor of Speech Communication/Theatre Arts and an A.B.D. from the University of Nebraska, will help us to better communicate with the opposite gender whether it be at home or at work. Differences in the way men and women communicate will be shown on the video.

Wanda Schafer, from the Family & Children's Center in La Crosse, is a psychotherapist with a Master's Degree in Marriage and Family Therapy. Her workshops on the family meeting present a useful format for working women dealing with the organizational business of family life (the weekly calendar, etc) as well as more emotional interpersonal issues.

Mary Ann Kemmer, Instructor in Speech Communication/Theatre Arts, has a Master's Degree from Winona State University and teaches Speech Communication 110 classes. Mary Ann will teach you proven methods of dealing with toxic people.
Empowering from within: Celebrating Women's Leadership

Over the last several months, a campus committee has organized a women's Leadership Seminar for established and emerging student leaders. The event is intended to accomplish several goals:

- Celebration of the achievements of women campus leaders
- Inspiration and motivation
- Networking
- Discussion among women

This seminar features Brenda Rust O'Beirne, Chair of Counselor Education at UW-Whitewater. Following her short keynote address, there will be roundtable discussions about the special issues facing women in leadership positions. The seminar will then conclude with a full group discussion.

As faculty and staff of this institution, you are invited to attend this seminar, which is entitled, "Empowering From Within: Celebrating Women's Leadership." It will be Wednesday, March 27, from 7 p.m. - 9 p.m. in Valhalla, Cartwright Center. Please RSVP by March 22 to Student Activities and Center (785-8888). Call if you have any questions. This event is sponsored by: Office of Residence Life, Women's Studies, Student Activities & Centers, and OCW.

UPCOMING WOMEN'S HOME SPORTING EVENTS

SOFTBALL
(Games at 3 p.m.)

Tues. March 26   Loras College
Thurs. March 28  UW-Stevens Point
Thurs. April 4   UW-River Falls
Wed. April 17    Winona State
Tues. April 23   UW-Superior
Tues. April 30   St. Mary's College

WOMEN'S TRACK
Sat. April 27, 1 pm   La Crosse Classic

TAKE OUR DAUGHTERS TO WORK DAY

Take our Daughters to Work Day is Thursday, April 25, 1996. On this day, thousands of girls across the U.S. will participate by going to work with their parents. This national event, sponsored by the Ms. Foundation, is designed to focus on girls' ideas, problems, spirit, and dreams. The goal of this endeavor is to help girls become familiar with the contributions made by women in a variety of different work roles as well as to recognize their own potential. This initiative was inspired by research which suggests that, unlike boys, girls often experience dramatic declines in their self esteem and sense of potential once they enter their teens.

OCW will again be sponsoring this event for the University community. After meeting in the Ward Room in the morning, there will be some other activities planned as well as time to be spent with parents or mentors. A speaker or program will be part of a brown bag lunch at noon. There will also be a program with Towbridge Hall for activities in Residence Life. Watch for more specific information to come from the OCW Programming Committee.
March 24: Women are Winners week. Programs on women's issues. 7 p.m. nightly through March 29, Trowbridge Hall.

March 24: "The Yellow Rose of Suffrage." The life of suffragist Carrie Chapman Catt portrayed by Jane Cox, history professor from Iowa State. 3 p.m., Annett Recital Hall. Co-sponsored by League of Women Voters, Department of Women's Studies, WSSA, N.O.W., and AAUW. Tickets $2 for students, $5 for general public.

March 26: "The Balancing Act: Women's Psychology, Health and Well-Being." Gayle Norbury. 7 p.m., 340 Cartwright Center (*)

March 27: Women's History Month video-"Hearts and Hands." 7 p.m., Port O' Call, Cartwright Center. Featuring an exhibit of quilts by the La Crosse Area Quilters Association.

March 27: AIDS series with Kim Nofsinger begins (7 consecutive Wednesdays; all 7 programs for $15, single programs $3). 7-9 p.m., 339 Cartwright Center (*)

March 28: "Mothers and Daughters: The Journey Home." Ellyn Kaschak & Sandra Butler, feminist psychologists. 5 p.m., Valhalla A, Cartwright Center (*).

March 29: "Women Performing Women," 7:30 p.m., Fredick Theatre-Morris Hall.


April 9: "The Benefits of Sports for Girls and Women," Cheryl Kennedy, 7 p.m., 340 Cartwright Center (*).

April 10: "Beginning Gardening and Backyard Bounty," Barbara Bolker, 7 p.m., 259 Cartwright (*)

April 11: Holly Near Concert at Central High School Auditorium. 7:30 p.m. Proceeds go to New Horizons Shelter & Houston County Women's Resources.

April 16: "Date Rape in Contemporary Society." Robin Yaffe, 7-9 p.m., 340 Cartwright Center (*)


April 17: "Finding Comfort with Feminine Sexuality," Outpatient Therapist Pam McConnell and Eating Disorder Therapist Sarah Stinson. 7-8:30 p.m., Overholt Auditorium, Gunderson Lutheran Medical Center. $5. To register, call Gunderson Lutheran Hospital, 791-4707.

April 20: "Hiking with a Naturalist." Spring series begins with Barbara Bolker (4 successive Saturdays), 9 a.m., Hixon Forest Nature Center (*).

April 20: ""Whose Fault is it Anyway?: Family Adolescent Communication Problems," Cheri Niedzwiecki, 10 a.m. - Noon, 259 Cartwright Center (*).

(*) Contact Continuing Education and Extension at 785-6500 to register

Think of how happy you'd be if you lost everything you have right now... and then got it back.