

## Psych Majors Interested in Occupational Therapy . . .

### STEPS TO TAKE



- Decide if OCCUPATIONAL THERAPY is the right career for you
  - Visit <http://www.bls.gov/oco/ocos078.htm>
  - Visit <http://www.uwlax.edu/ot/>
  - Visit the academic advising center for general & specific career exploration <http://www.uwlax.edu/advising/>
  - IF you feel like the career might be right for you, shadow a professional (information at UW-L OT's URL above)
- Initiate becoming a psychology major\*
  - Complete the online tutorial & meet with an academic advisor in psychology <http://www.uwlax.edu/psychology/advising.htm> - click on "new major tutorials" on the left.
- Declare psychology as a major and "pre-OT" as a *second major*\*
  - After meeting with a psychology advisor and receiving the proper form to declare the major, you go to the College of Liberal Studies Office (260 Morris Hall) and complete the college's "Change of Major" form [often referred to as "the green sheet"]. When you complete the form – list Psych as your first major and pre-OT as a 2nd major. If you are already a psych major - complete the change of major form in Morris by writing in pre-OT as a second major.

*\*NOTE: The pre-OT courses shown on your AR are there as a "guide" for any student interested in pursuing graduate work in occupational therapy. They will provide you with the prerequisite courses/required for MOST OT programs (but not all). Pre-OT does NOT substitute for a minor. Psychology majors will either need to choose a minor OR choose the program option. Most pre-OT psychology majors discover the CLS program option is the most expedient choice.*

**DUAL DEGREE PROGRAM?** If after you have completed 1 semester at UW-L with a 3.00 or are a transfer student (and you have fewer than 60 credits), you may be qualified for the dual degree program. If so... please thoroughly review the material at [http://www.uwlax.edu/ot/dual\\_degree.htm](http://www.uwlax.edu/ot/dual_degree.htm), then make an appointment with Deborah Dougherty ([doughert.debo@uwlax.edu](mailto:doughert.debo@uwlax.edu)) in order to sign a contract for the dual-degree program.

**APPLY to OT graduate schools.** Normal application deadlines are fall between Dec and Feb and most programs start in the summer or Fall.

*\*or pursue another major of interest – psychology is just one of many majors that make a good undergraduate background for OT.*